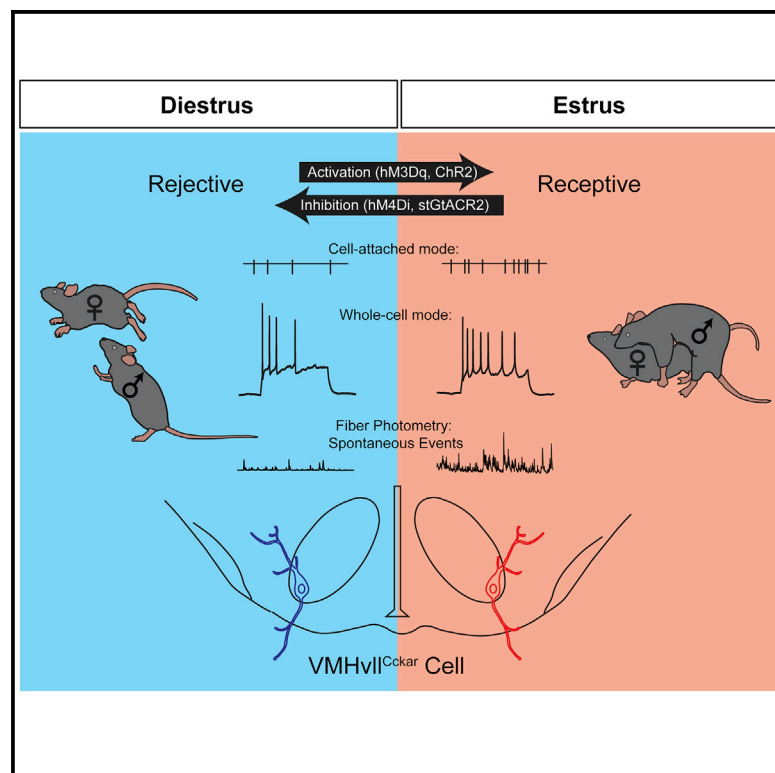


VMHvII^{Cckar} cells dynamically control female sexual behaviors over the reproductive cycle

Graphical abstract



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In brief

Yin et al. establish VMHvII^{Cckar} cells as a hub orchestrating female sexual behaviors and a brake on female aggression. VMHvII^{Cckar} cells undergo dramatic cellular and synaptic changes over the reproductive cycle to alter cell responsiveness to male cues and control the timing of female sexual behaviors.

Highlights

- Inactivation of VMHvII^{Cckar} suppresses female sexual proceptivity and receptivity
- Activation of VMHvII^{Cckar} promotes female sexual proceptivity and receptivity
- VMHvII^{Cckar} is activated specifically by males and during female sexual behaviors
- Physiological properties of VMHvII^{Cckar} cells change over the reproductive cycle.



Article

VMHvl^{Cckar} cells dynamically control female sexual behaviors over the reproductive cycle

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SUMMARY

Sexual behavior is fundamental for the survival of mammalian species and thus supported by dedicated neural substrates. The ventrolateral part of ventromedial hypothalamus (VMHvl) is an essential locus for controlling female sexual behaviors, but recent studies revealed the molecular complexity and functional heterogeneity of VMHvl cells. Here, we identify the cholecystokinin A receptor (Cckar)-expressing cells in the lateral VMHvl (VMHvl^{Cckar}) as the key controllers of female sexual behaviors. The inactivation of VMHvl^{Cckar} cells in female mice diminishes their interest in males and sexual receptivity, whereas activating these cells has the opposite effects. Female sexual behaviors vary drastically over the reproductive cycle. *In vivo* recordings reveal reproductive-state-dependent changes in VMHvl^{Cckar} cell spontaneous activity and responsivity, with the highest activity occurring during estrus. These *in vivo* response changes coincide with robust alteration in VMHvl^{Cckar} cell excitability and synaptic inputs. Altogether, VMHvl^{Cckar} cells represent a key neural population dynamically controlling female sexual behaviors over the reproductive cycle.

INTRODUCTION

Sexual behavior is of paramount importance for the survival and propagation of mammalian species. Three concepts have been proposed to characterize female sexual behaviors: attractivity, proceptivity, and receptivity (Beach, 1976; Micevych and Meisel, 2017). “Attractivity” refers to the stimulus value of the female in evoking interest and sexual behaviors from the male. “Proceptivity” refers to various behaviors initiated by the females, e.g., approach, that could lead to sexual interaction. “Receptivity” describes the tendency of a female to allow interactions initiated by the male, which ultimately results in intravaginal ejaculation and fertilization (Beach, 1976).

To maximize the reproductive success while minimizing energy-consuming non-productive copulation, all three aspects of female sexual behaviors are intimately coupled to the female reproductive cycle, including estrous cycle during virgin state as well as lactation (Beach, 1976; Inoue, 2022; Jennings and de Lecea, 2020). In rodents, estrous females show increased preference to male cues, i.e., higher proceptivity, and higher sexual receptivity during the period surrounding ovulation, i.e., estrus (Dey et al., 2015; Eliasson and Meyerson, 1975; Hardy, 1972; McCarthy et al., 2018). As for attractivity, sexually experienced males are more attracted to estrous than to diestrous females (Hayashi and Kimura, 1974; Kavaliers et al., 1994). During lactation, female sexual behaviors are strongly suppressed.

Instead, lactating females attack male intruders to protect their young, a phenomenon known as maternal aggression (Gandelman, 1972; Green, 1978). Although sex hormones have been implicated in behavioral change over the reproductive cycle, the underlying cellular and circuit mechanisms remain incompletely understood (Jennings and de Lecea, 2020).

The ventrolateral part of the ventromedial hypothalamus (VMHvl) is essential for female sexual behaviors (Lenschow and Lima, 2020; Micevych and Meisel, 2017). Lesioning the VMHvl disrupts female sexual receptivity in many species (Goy and Phoenix, 1963; Kendrick et al., 1995; Leedy and Hart, 1985; Mathews et al., 1983; Robarts and Baum, 2007). Recent studies in rodents identified the VMHvl cells that express estrogen receptor alpha (VMHvl^{Esr1}), which mostly also express progesterone receptor (PR), as an important population for female sexual behaviors (Inoue et al., 2019; Musatov et al., 2006; Yang et al., 2013). The inactivation of VMHvl^{Esr1} cells or knocking down *Esr1* in the VMHvl decreases female sexual receptivity (Inoue et al., 2019; Musatov et al., 2006; Yang et al., 2013). Surprisingly, activating VMHvl^{Esr1} cells failed to increase female sexual receptivity in mice (Hashikawa et al., 2017a; Yang et al., 2013). This negative gain-of-function result may be due to the molecular and functional heterogeneity of VMHvl^{Esr1} cells. Indeed, our Fos mapping and RNA sequencing (RNA-seq) revealed two molecularly distinct compartments in the female VMHvl (Hashikawa et al., 2017a). Female-aggression-induced Fos mainly occupies the medial

compartment (VMHvlm), whereas mating-induced Fos is concentrated in the lateral compartment (VMHvl) (Hashikawa et al., 2017a). A more detailed single-cell RNA sequencing (scRNA-seq) further confirmed the high molecular diversity of VMHvl^{Esr1} cells (Kim et al., 2019; Knoedler et al., 2022). Most recently, Liu et al. identified Npy2r-expressing VMHvl cells (VMHvl^{Npy2r}) as the female-aggression-relevant population. When VMHvl^{Esr1+} cells that do not express Npy2r (VMHvl^{Esr1+Npy2r−}) were optogenetically activated, female sexual receptivity could indeed be enhanced (Liu et al., 2022). However, VMHvl^{Esr1+Npy2r−} cells cover approximately 70% of all VMHvl^{Esr1} cells and are composed of multiple molecularly distinct subpopulations, most of which are not activated by female sexual behaviors (Liu et al., 2022).

The morphology of VMHvl cells changes dramatically over the reproductive cycle (Inoue et al., 2019; Madeira et al., 2001). *In vivo* single-unit recordings also revealed changes in the VMHvl cell responses to male cues over the estrous cycle (Hashikawa et al., 2017a; Nomoto and Lima, 2015). However, bulk Ca²⁺ recordings of VMHvl^{Esr1}, VMHvl^{PR}, and VMHvl^{Esr1+Npy2r−} cells failed to reveal changes in the responses to social stimuli over the reproductive cycle (Hashikawa et al., 2017a; Inoue et al., 2019; Liu et al., 2022). Instead, the axon terminals of VMHvl^{Esr1} cells (Kim et al., 2019) and the aggression-related VMHvl^{Esr1} cells were found to experience reproductive-state-dependent variations (Liu et al., 2022). Thus, the current model puts the VMHvl aggression cells as the primary driving force for the behavioral switch from virgin to lactation (Liu et al., 2022), whereas the main contribution of reproduction-related cells is to alter the synaptic output during the estrous cycle (Kim et al., 2019). However, given that both VMHvl^{Esr1} and VMHvl^{Esr1+Npy2r−} cells contain a large percentage of reproduction-unrelated cells, the changes of VMHvl reproduction cells could be masked by reproduction-unrelated cells.

Here, following up on the results of our previous RNA-seq at the VMHvl (Hashikawa et al., 2017a), we investigated the role of the VMHvl cells that express cholecystokinin A receptor (Cckar), a gene concentrated in the VMHvl (Hashikawa et al., 2017a). Using a newly generated Cckar^{Cre} mouse line, we demonstrated the functional importance of Cckar-expressing VMHvl cells (VMHvl^{Cckar}) in controlling multiple aspects of female sexual behaviors and revealed dramatic changes of their *in vivo* activity and electrophysiological properties over the reproductive cycle.

RESULTS

Characterization of VMHvl^{Cckar} cells

To target Cckar-expressing cells, we generated a Cckar^{Cre} knockin mouse line (Figure S1). Double *in situ* hybridization revealed over 90% overlap between *Cre* and *Cckar* mRNA (Figures 1A and 1B). Consistent with the sexually dimorphic expression of *Cckar* (Xu et al., 2012), after crossing the Cckar^{Cre} line with a ZsGreen reporter line (Ai6) (Madisen et al., 2010), we observed significantly more ZsGreen-expressing cells in the female VMHvl than in the male (Figures S2A–S2C). In addition, Cckar expression is strongly biased to the VMHvl in females but not males (Figure S2D). Virtually all Cckar⁺ cells express *Esr1* (94%), whereas approximately 50% of *Esr1*⁺ cells express Cckar (Figures 1C and 1D). The extent of the overlap is

significantly higher than the chance level, as *Esr1* and *Cckar* are expressed in 74% and 37% of the total number of VMHvl cells, respectively (Figures 1C, 1D, and 1I). Furthermore, we observed a preferential overlap between Fos and Cckar after female sexual behaviors were exhibited (Figures 1E and 1F). Consistent with our previous findings (Hashikawa et al., 2017a), mating-induced Fos was largely confined in the VMHvl in females (Figure S2F). Within the VMHvl, approximately 70% of the Fos cells express Cckar, whereas over 60% of Cckar cells express Fos, both significantly higher than the chance level (~40%) (Figures 1E, 1F, and 1I). We further examined the relationship between VMHvl^{Cckar} and the recently identified female VMHvl aggression- (VMHvl^{Npy2r}) and reproduction-related (VMHvl^{Esr1+Npy2r−}) cells (Liu et al., 2022) (Figure S2G). Triple *in situ* hybridization of *Esr1*, *Cckar*, and *Npy2r*, revealed that *Npy2r* and *Cckar* occupy largely spatially distinct regions within the VMHvl and overlap minimally (Figures S2G–S2J). The distribution of VMHvl^{Esr1+Npy2r−} cells is VMHvl biased but to a much lesser extent in comparison with Cckar⁺ cells (Figure S2H). Approximately one third (35%) of *Esr1*⁺*Npy2r*[−] cells express Cckar, whereas most Cckar⁺ cells (82%) are *Esr1*⁺*Npy2r*[−], suggesting that Cckar⁺ cells are a more limited VMHvl subpopulation in comparison with *Esr1*⁺*Npy2r*[−] cells (Figures S2I–S2J).

We previously found that VMHvl cells, in comparison with VMHvlm cells, project preferentially to anteroventral periventricular nucleus (AVPV), a region enriched of kisspeptin, an important neuropeptide for female sexual behaviors (Hashikawa et al., 2017a; Hellier et al., 2019). To understand whether Cckar⁺ cells represent the main source of VMHvl input to AVPV, we injected retrobeads into the AVPV and, as expected, observed laterally biased labeling within the VMHvl (Figures S3A–S3B). Within the VMHvl, nearly 70% of Cckar⁺ cells are labeled with retrobeads, whereas over 85% of all retrobead-labeled cells express Cckar, suggesting Cckar⁺ cells as the primary input to AVPV originating from the VMHvl (Figures 1G and 1H). Consistent with the retrograde labeling results, anterograde tracing from the VMHvl^{Cckar} cells revealed AVPV as the region containing the densest axon terminals (Figures 1J–1M). Beyond AVPV, VMHvl^{Cckar} cells mainly target regions within the hypothalamus, including medial preoptic area (mPOA), tuberal nucleus (Tu), arcuate nucleus (ARC), and dorsal medial hypothalamus (DMH), among others (Figures 1M, S3D, and S3E). Outside of the hypothalamus, moderate fibers were found in the posterior amygdala (PA), medial amygdala (MeA), bed nucleus of stria terminalis (BNST), paraventricular nucleus of the thalamus (PVT), and several midbrain regions, including the mesencephalic reticular formation (mRt)—a region relevant for lordosis reflex (Gorski, 1976) (Figures S3C–S3E). Together, these results suggest that Cckar⁺ cells are potentially the VMHvl subpopulation preferentially relevant for female sexual behaviors.

Characterizing female sexual behaviors during various reproductive states

We first sought to gain a comprehensive understanding of female sexual behaviors across reproductive states. We introduced a highly sexually experienced male mouse into the home cage of singly housed female mice at different reproductive states and characterized their behaviors in 94 pairs of

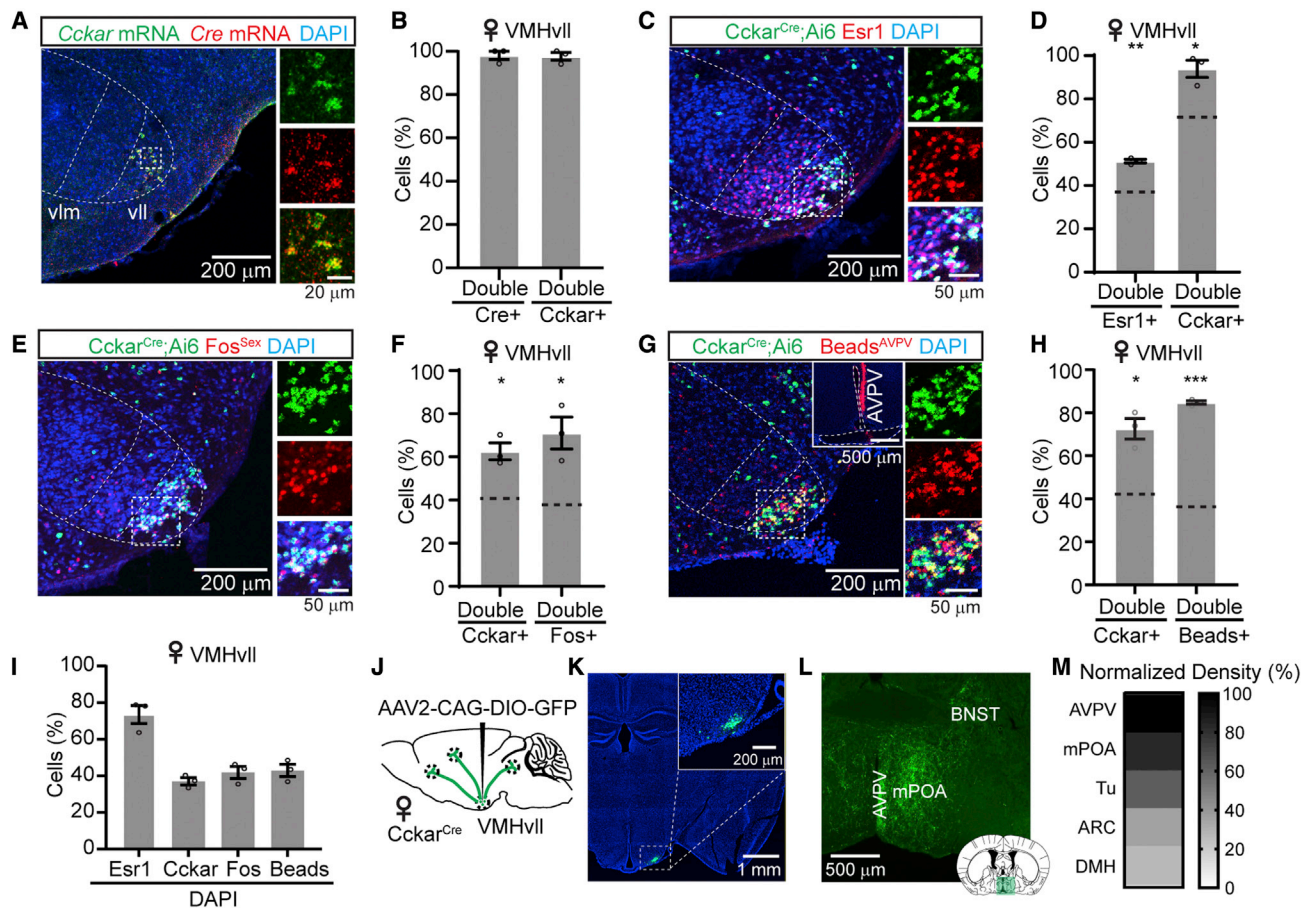


Figure 1. Characterization of VMHvll^{Cckar} cells

(A) *Cckar* and *Cre* mRNA in the VMHvll of a *Cckar*^{Cre} female mouse.

(B) Overlap between VMHvll *Cre* and *Cckar* mRNA.

(C) *Esr1* staining in the VMHvll of a *Cckar*^{Cre};Ai6 female mouse.

(D) Overlap between VMHvll *Esr1* and *Cckar*.

(E) Immunostaining of sexual-behavior-induced *Fos* (*Fos*^{Sex}) in the VMHvll of a *Cckar*^{Cre};Ai6 female mouse.

(F) Overlap between VMHvll *Cckar* and *Fos*^{Sex}.

(G) Retrobead-labeled VMHvll cells from AVPV of a *Cckar*^{Cre};Ai6 female mouse. Insert shows injection site.

(H) Overlap between *Cckar* and retrobead cells in VMHvll.

(I) The percentage of *Esr1*, *Cckar*, *Fos*^{Sex}, and retrobead cells in all VMHvll cells. DAPI: 4',6-diamidino-2-phenylindole.

(J) Viral strategy for the axon tracing of VMHvll^{Cckar} cells.

(K) GFP expression in the VMHvll^{Cckar} cells. Inset, the zoom-in view of the boxed area.

(L) GFP expressing terminals from VMHvll^{Cckar} at AVPV, BNST, and mPOA.

(M) The top five brain regions that receive inputs from VMHvll^{Cckar}.

In (A), (C), (E), and (G), right shows the enlarged view of the boxed area. Dotted lines demarcate VMH subdivisions. In (D), (F), and (H), horizontal dashed lines indicate the chance level of overlap.

Data are mean \pm SEM. (D, F, and H) One-sample t test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

$n = 3$ animals (B, D, F, H, I, and M).

See also Figures S1–S3.

animals (Figure S4). All males approached and tried to mount the female repeatedly regardless of the female's reproductive state likely due to their extensive sexual experience (Figures S4A–S4H). By contrast, female behaviors varied significantly based on their reproductive state (Figures S4A–S4E, S4I, and S4J). Diestrous and non-aggressive lactating females actively rejected males' mounting attempts by staying upright, pushing, and darting away (Figures S4D, S4E, and S4K). They rarely approached

the male (Figure S4L) and never lordosed when the male forced mount (Figure S4M). As a result, males had a low success in establishing mounting (Figure S4N) and never achieved intromission (Figure S4O).

Consistent with the fact that vaginal estrus and behavior estrus do not always match (Le Moëne et al., 2020), we observed more behavior variability in estrous females and separated them into three groups based on the lordosis quotient (LQ): non-receptive

(LQ = 0), semi-receptive (LQ < 50%), and fully receptive (LQ > 50%) (Figures S4A–S4C). The non-receptive estrous female behaved similarly to diestrous females, showing high rejection and low approach frequency (Figures S4K and S4L). By contrast, fully receptive females approached the male frequently and showed little rejection; consequently, males succeeded in establishing a mounting position and advancing to intromission in approximately 2/3 of the mounting trials (Figures S4K–S4O). Semi-receptive females behaved in between (Figures S4I–S4O). Although the males were able to achieve intromission in approximately half of the mounting trials, semi-receptive females were not fully cooperative, spending most of their time wiggling instead of lordosing when being mounted by the male (Figures S4I, S4J, and S4O). When all behaviors were considered together, the total interaction time (TIT) in fully receptive females was longer than those of non-receptive estrous and diestrous females but did not differ significantly from those of semi-receptive estrous females and non-aggressive lactating females (Figure S4P).

Chemogenetic inhibition of VMHvl^{Cckar} cells suppresses female sexual behaviors

To address the functional role of VMHvl^{Cckar} cells in female sexual behaviors, we virally expressed hM4Di in female VMHvl^{Cckar} cells (Cckar^{hM4Di}) (Figure 2A) (Armbruster et al., 2007). On each test day, the female was first paired with a sexually experienced adult male for ~10 min to determine its receptivity level, then injected with clozapine *N*-oxide (CNO) or saline, and 30 min later tested again with a different sexually experienced male for ~10 min (Figure 2B).

In semi-receptive or fully receptive estrous females, CNO injection, in comparison with saline injection, significantly increased rejection against close investigation and mounting attempts by males (Figures 2C and 2D), decreased approach frequency (Figures 2C and 2E), and reduced LQ (Figures 2C and 2F). Accordingly, males had a lower mounting success rate and could not achieve intromission efficiently (Figures 2G and 2H). The change in rejection and receptivity is not due to changes in locomotion. In solitary females, CNO injection did not change the movement speed (Figure 2I).

We further examined the effect of VMHvl^{Cckar} inactivation on females' interest toward males using a three-chamber social preference test (Figure 2J) (Kaidanovich-Beilin et al., 2011). As expected, estrous females preferred an unfamiliar male over an unfamiliar diestrous female (Figures S5A and S5B), and CNO injection completely reversed such preference (Figure 2K). However, inactivating VMHvl^{Cckar} cells did not alter the attractiveness of females. Although sexually experienced males showed a clear preference toward estrous females over diestrous females (Figures S5E and S5F), they spent similar amounts of time interacting with CNO-injected and saline-injected estrous Cckar^{hM4Di} females (Figures 2L and 2M). In control estrous females that were injected with mCherry virus (Cckar^{mCherry}), we observed no change in sexual interest or receptivity after CNO injection (Figures 2D–2M). Likely due to the naturally low level of sexual receptivity in diestrous and lactating females, their behaviors toward males did not change after VMHvl^{Cckar} cell inactivation (Figure S6). Beyond sexual behaviors, we observed no

change in behaviors during female-juvenile, female-female, and female-pup interactions across all reproductive states, except for a decrease in pup grooming in estrous females (Figure S7).

Lastly, given the estrous-cycle-dependent body-temperature change (Sanchez-Alavez et al., 2011), we examined the effect of VMHvl^{Cckar} cell inhibition on core body temperature using an implantable temperature logger (Figures S8A and S8B). CNO injection but not saline injection significantly decreased the average core body temperature in Cckar^{hM4Di} mice by clamping down the temperature fluctuation to the floor of its normal range, whereas it had no effect on Cckar^{mCherry} mice (Figures S8C–S8F).

Optogenetic inactivation of VMHvl^{Cckar} acutely reduces female sexual receptivity

A chemogenetic inhibition test occurs over a period of 30–60 min, which may be sufficient for hormonal changes. To understand whether VMHvl^{Cckar} cell activity could influence female sexual behavior within seconds, a time window that is unlikely to cause changes in circulating sex hormone levels, we optogenetically inactivated VMHvl^{Cckar} cells by expressing stGtACR2 in VMHvl^{Cckar} cells (Cckar^{stGtACR2}) (Mahn et al., 2018) (Figure 3A). The light and sham stimulation started when the male successfully mounted the test estrous female (Figure 3B). Although the females showed stationary lordosis posture in sham trials, females wiggled and increased rejection upon light stimulation (Figure 3C). We calculated the female sexual behavior score (SBS) for each video frame and found that although light had no effect on SBS in Cckar^{GFP} animals (Figure 3D), it suppressed SBS nearly instantaneously in Cckar^{stGtACR2} mice (Figure 3E). Due to the decreased sexual receptivity of Cckar^{stGtACR2} females, the male SBS also decreased quickly after light onset (Figure 3I). Across animals, the optogenetic inhibition of VMHvl^{Cckar} cells significantly increased female's efforts to actively reject the male and decreased lordosis duration, male intromission success rate, and intromission duration per trial (Figures 3F, 3G, 3J, and 3K).

Chemogenetic activation of VMHvl^{Cckar} cells promotes female sexual behaviors and inhibits female aggression

To address whether the activation of VMHvl^{Cckar} cells is sufficient to enhance female sexual behaviors, we virally expressed hM3Dq in VMHvl^{Cckar} cells (Cckar^{hM3Dq}) (Figures 4A and 4B). After CNO but not saline injection, diestrous Cckar^{hM3Dq} females showed less rejection when the male investigated or attempted to mount (Figures 4C and 4D) and approached the male more frequently (Figures 4C–4E). Impressively, females changed from being completely non-receptive to being semi-receptive or fully receptive 30 min after CNO injection (Figures 4C and 4F). As a result, males succeeded in mounting in a vast majority of the attempted trials and achieving intromission in approximately 60% of mounting trials, whereas males were never able to intromit when paired with saline-injected Cckar^{hM3Dq} or CNO-injected Cckar^{mCherry} diestrous females (Figures 4G and 4H). In the three-chamber preference test, diestrous females normally spent more time interacting with a diestrous female over a male (Figures S5C and S5D). After CNO injection,

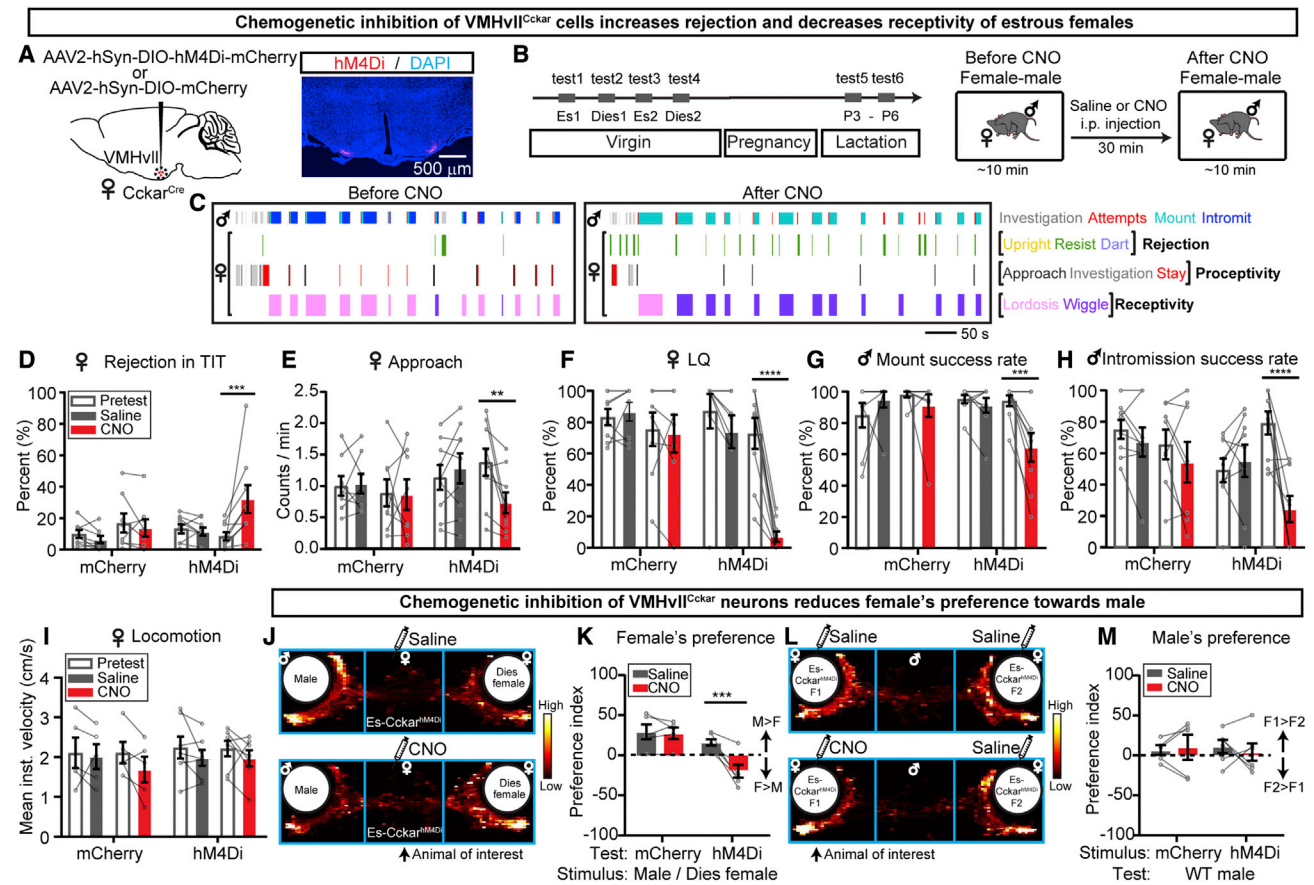


Figure 2. Chemogenetic inhibition of VMHvl^{Cckar} cells suppresses female sexual behaviors

(A) Viral strategy and histology. (B) Experimental timeline. (C) Behavior raster plots of a male and an estrous Cckar^{hM4Di} female before and after CNO injection to the female. (D–I) Percentage of time female spent on rejecting the male (summation of upright, resist, and dart) during total interaction time (D), frequency of approach initiated by females (E), lordosis quotient (LQ) (F), male mount success rate (G), male intromission success rate (H), and average locomotion velocity of solitary females calculated over 30 minutes (I) before and after saline or CNO injection. (J) The distribution of female's body center location after saline or CNO injection. (K) Test female's preference index (PI). Positive values indicate male preference. (L) The distribution of the male's body center location. The stimulus animals are injected either both with saline (top) or one with CNO and one with saline (bottom). (M) Comparison of male's preference index. Positive values indicate preference of CNO-injected females. Data are mean \pm SEM. (D–I, K, and M) Two-way ANOVA followed by Sidak's multiple comparisons test. ** $p < 0.01$; *** $p < 0.001$; **** $p < 0.0001$. n = number of animals. mCherry: $n = 8$ in (D)–(H) and 5 in (I), (K), and (M); hM4Di: $n = 9$ in (D)–(H), 7 in (I), and 6 in (K) and (M). See also Figures S4–S8.

diestrous Cckar^{hM3Dq} females, but not Cckar^{mCherry} females, preferred males over diestrous females (Figures 4I and 4J), although the manipulation did not increase female's attractiveness to a sexually experienced male mouse (Figures 4K and 4L). The increase in female sexual behaviors was also observed in non-receptive and semi-receptive estrous females after CNO injection (Figures S9A–S9D). However, activating VMHvl^{Cckar} cells in lactating females only slightly increased female sexual receptivity in a subset of animals (2/8), suggesting possible different neural mechanisms underlying reduced female receptivity during diestrus and lactation (Figures S9E–S9H).

We further examined whether VMHvl^{Cckar}-activation-induced increase in female sexual behaviors is dependent on sex hor-

mones by using ovariectomized (OVX) females (Figures 4M–4R). In comparison with saline injection, CNO injection significantly decreased rejection, increased the approach frequency toward males, and increased the LQ in OVX Cckar^{hM3Dq} females (Figures 4N–4P). The paired male significantly increased mounting success rate but was not able to intromit, likely due to the narrow vaginal opening in OVX females (Figures 4S and 4T). These results suggest that VMHvl^{Cckar} activation could promote female sexual behaviors independently of the actions of sex hormones.

VMHvl^{Cckar} activation also decreased female aggression toward juveniles in both virgin and lactating females, suggesting an inhibitory effect of VMHvl^{Cckar} cells on the aggression circuit

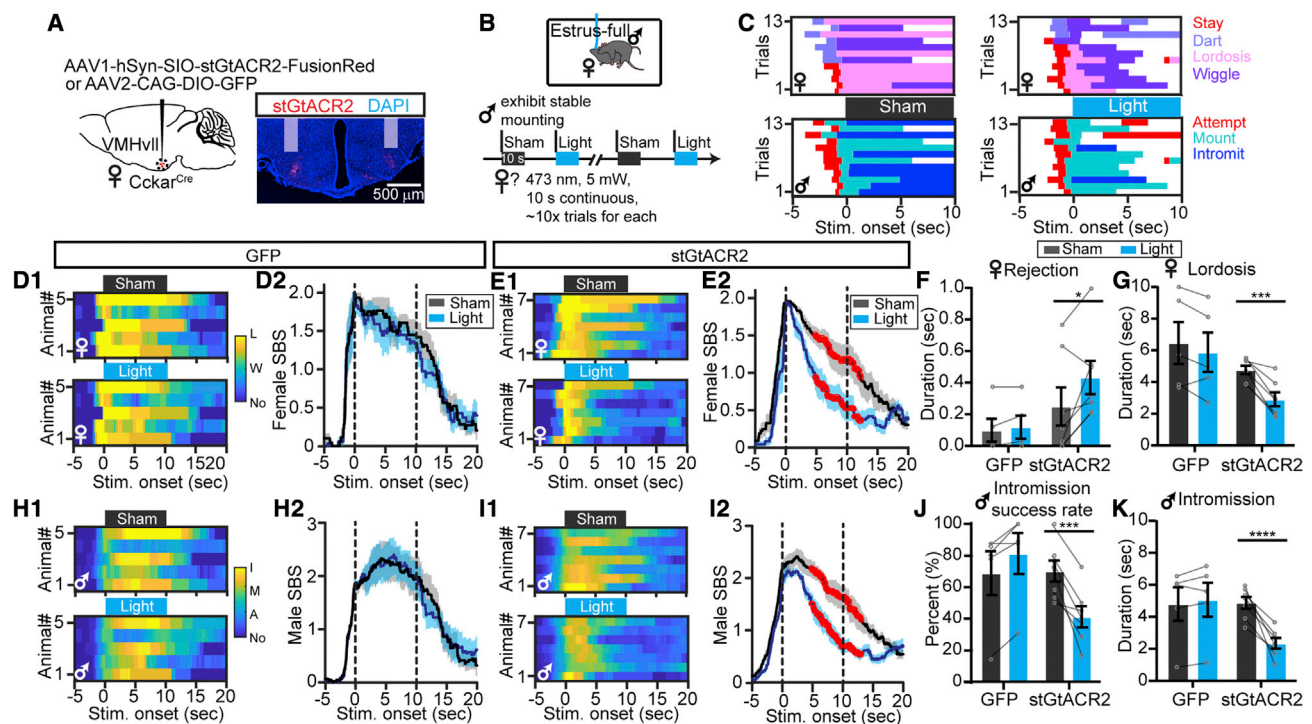


Figure 3. Optogenetic inhibition of VMHvl^{Cckar} cells impairs female sexual receptivity

(A) Viral strategy and histology. Shades indicate optic fiber tracks.

(B) Behavioral paradigm and stimulation protocol.

(C) Behavior raster plots of a female (top) and its paired male (bottom) during sham and light trials.

(D) Heatmaps (D1) and peri-stimulus time histograms (PSTHs) (D2) showing female SBS aligned to sham or light onset of all Cckar^{GFP} females. L, lordosis; W, wiggle; No, no mating.

(E) Same as (D), but for all Cckar^{stGtACR2} females.

(F and G) The average duration females spent on rejecting the male (F) and assuming lordosis (G) during sham and light stimulation of Cckar^{GFP} and Cckar^{stGtACR2} females.

(H and I) Male SBS aligned to the onsets of sham or light stimulation delivered to the paired Cckar^{GFP} (H) or Cckar^{stGtACR2} females (I). I, intromission; M, mount, A, attempt to mount; No, no mating.

(J and K) Male intromission success rate (J) and the average male intromission duration (K) during sham and light trials when the male was paired with Cckar^{GFP} or Cckar^{stGtACR2} females.

Data are mean ± SEM. (D2, E2, H2, and I2) Two-way ANOVA with repeated measures, followed by Sidak's multiple comparisons test. Red dots indicate periods when SBS differ significantly ($p < 0.05$) between sham and light trials. Dashed vertical lines indicate sham and light periods. (F, G, J, and K) Two-way ANOVA followed by Sidak's multiple comparisons test. * $p < 0.05$; *** $p < 0.001$; **** $p < 0.0001$.

$n = 5$ animals for GFP group and 7 for stGtACR2 group.

upon their activation (Figures S10C, S10F, and S10I). Interaction with a female was not altered in virgin Cckar^{hM3Dq} females but was suppressed during lactation, possibly due to the aggression-motivated nature of the interaction (Figures S10D, S10G, and S10J). CNO injection did not change pup-directed behaviors (Figures S10E, S10H, and S10K).

Lastly, CNO injection in Cckar^{hM3Dq} animals elevated the core body temperature to the ceiling of the normal physiological range in both intact and OVX females, supporting a role for VMHvl^{Cckar} cells in regulating body temperature in a sex-hormone-independent manner (Figures S8G–S8K).

Optogenetic activation of VMHvl^{Cckar} cells facilitates mating and suppresses female aggression

We then tested the sufficiency of VMHvl^{Cckar} cells in promoting female sexual behaviors by expressing Chr2-EYFP in

VMHvl^{Cckar} cells (Cckar^{Chr2}) (Figure 5A). The light or sham stimulation started when the males attempted to mount (Figure 5B). Upon light delivery, Cckar^{Chr2} but not Cckar^{GFP} females decreased their rejective behaviors, e.g., darting and upright pushing (Figures 5C and 5F). As a result, the male SBS increased (Figures 5I and 5J). Overall, the males significantly increased their mounting success and advanced the mount to intromission in ~30% of the trials (Figures 5K–5M). When males mounted and intromitted, the SBS of Cckar^{Chr2} females also increased (Figure 5E). However, the females did not assume a clear lordosis posture and wiggled in nearly all the trials (Figures 5G and 5H). Importantly, the light-induced change in female sexual behavior was not due to reduced movement. In fact, light stimulation promoted locomotion in solitary females (Figures S11A–S11D).

Next, we asked whether the optogenetic activation of VMHvl^{Cckar} cells could acutely change aggression in lactating

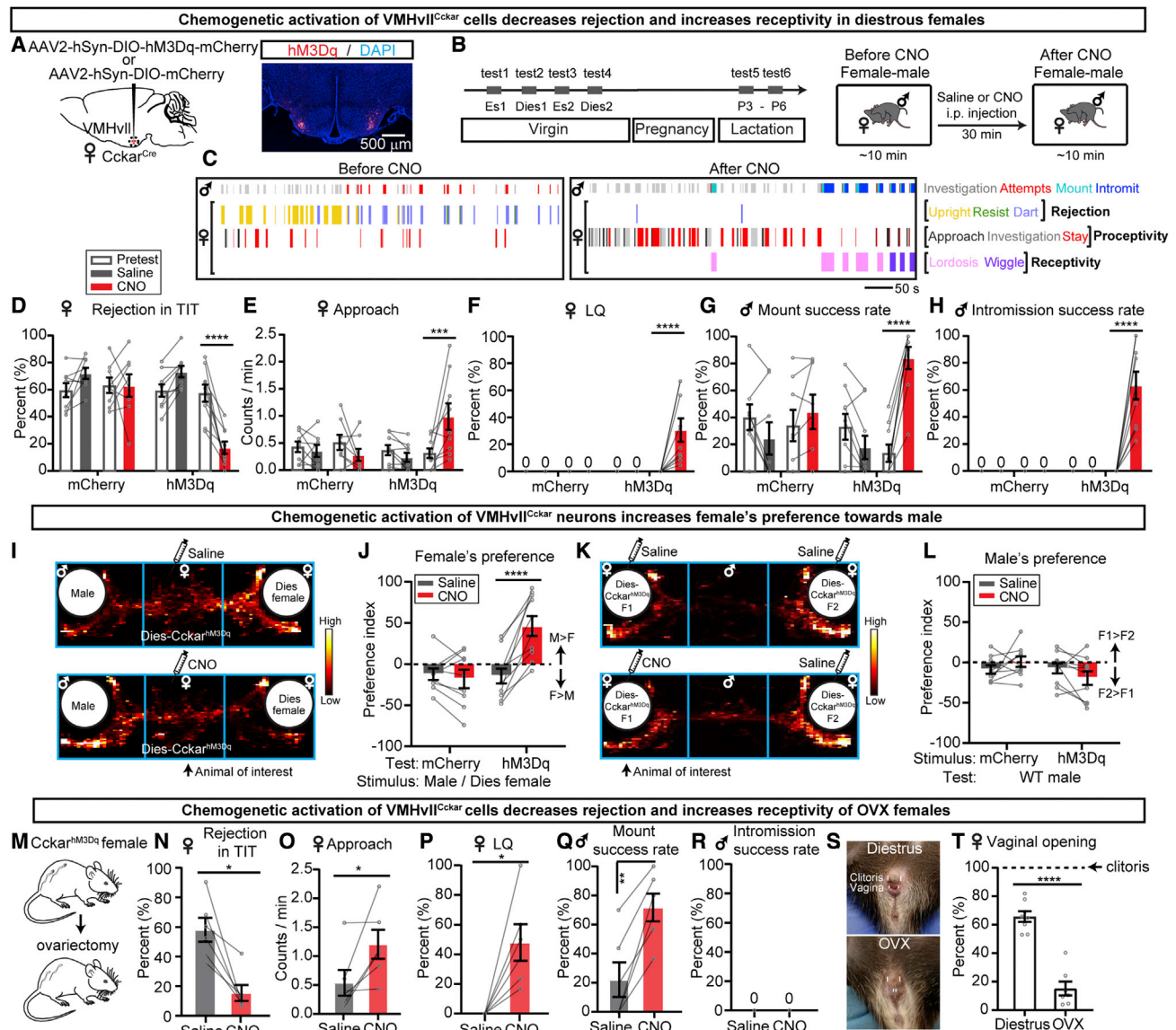


Figure 4. Chemogenetic activation of VMHvl^{Cckar} cells promotes female proceptivity and receptivity

(A) Viral strategy and histology.

(B) Experimental timeline.

(C) Behavior raster plots of a male and a diestrous Cckar^{hM3Dq} female before and after CNO injection to females.

(D–H) Percentage of time female spent on rejecting the male (D), frequency of female-initiated approach (E), LQ (F), male mount success rate (G), and male intromission success rate (H) before and after saline or CNO injection.

(I) Distribution of female's body center location before and after saline or CNO.

(J) Female's PI. Positive values indicate male preference.

(K) Distribution of a male's body center location.

(L) Male's PI. Positive values indicate preference for CNO-injected female.

(M) Ovariectomy.

(N–R) Percentage of time female spent on rejecting the male (N), female-initiated approaches frequency (O), LQ (P), male mount success rate (Q), and male intromission success rate (R) before and after saline or CNO injection to females.

(S) Female vaginal opening in diestrous and OVX females. Upper and lower short lines denote clitoris and vaginal opening, respectively.

(T) Width of female vaginal opening normalized to that of clitoris in diestrous and OVX females.

Data are mean \pm SEM. (D–H, J, and L) Two-way ANOVA followed by Sidak's multiple comparisons test. (N–O) Two-tailed Wilcoxon matched-pairs signed rank test. (P) One-sample t test, with hypothetical value as 0. (Q) Two-tailed paired t test. (T) Two-tailed unpaired t test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; **** $p < 0.0001$. n = number of animals. n = 8 mCherry females in (D)–(H) and 9 mCherry females in (J) and (L). n = 6 OVX-hM3Dq females in (N)–(R). n = 8 (T) for diestrous and 7 (T) for OVX-hM3Dq females.

See also Figures S4, S5, and S8–S10.

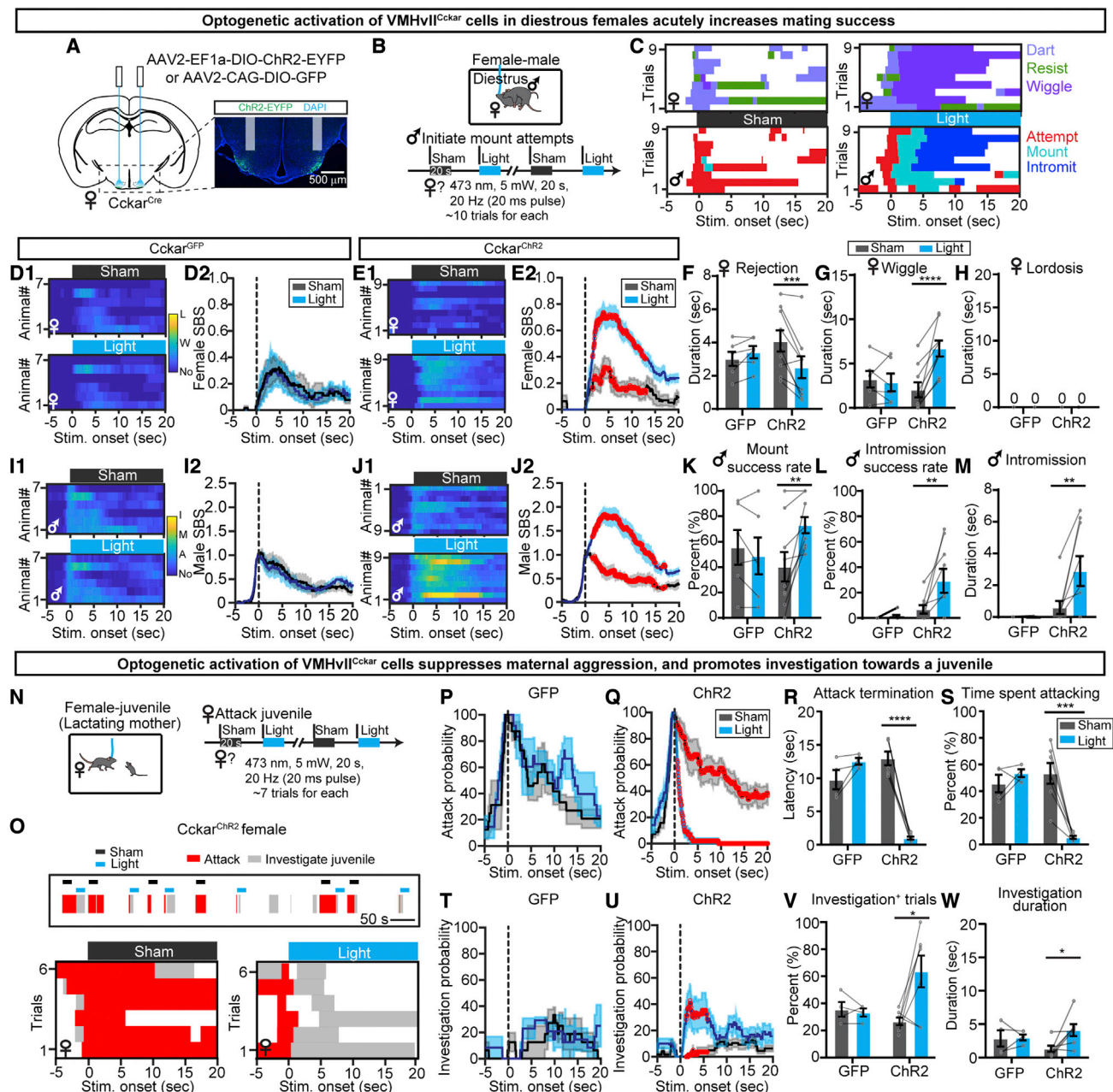


Figure 5. Optogenetic activation of VMHvl^{Cckar} cells increases mating success and suppresses maternal aggression in females

(A) Viral strategy and histology. Shades indicate optic fiber tracks.
(B) Behavioral paradigm and stimulation protocol.
(C) Behavior raster plots of a female (top) and its paired male (bottom) during sham and light stimulation of the female.
(D) Heatmaps (D1) and PSTHs (D2) showing female SBS aligned to the onset of sham or light stimulation of all diestrous Cckar^{GFP} females. L, lordosis; W, wiggle; No, no mating.
(E) Same as (D), but for Cckar^{ChR2} females.
(F–H) The average duration females spent on rejecting the male (F), wiggling (G), and assuming lordosis (H) during sham and light stimulation of Cckar^{GFP} and Cckar^{ChR2} females.
(I and J) Male SBS aligned to the onset of sham or light delivered to the paired Cckar^{GFP} (I) or Cckar^{ChR2} (J) females. I, intromission; M, mount, A, attempt to mount; No, no mating.
(K–M) Male mount success rate (K), intromission success rate (L), and average male intromission duration (M) during sham and light trials when the male was paired with Cckar^{GFP} or Cckar^{ChR2} females.
(N) Behavioral paradigm and stimulation protocol. Stimulation started upon attack initiation.
(O) Behavior raster plots of a lactating Cckar^{ChR2} female with a juvenile intruder upon sham and light stimulation.

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Cckar^{Chr2} females (Figure 5N). The light and sham stimulation started once a female initiated an attack toward a juvenile. Upon light delivery, Cckar^{Chr2}, but not Cckar^{GFP} females, immediately aborted attack and never reinitiated it during the remaining light period; however, the females continued to investigate the juvenile (Figure 5O). Overall, light stimulation significantly shortened latency to stop attack and decreased the total attack time (Figures 5R and 5S) while increasing the probability and duration of investigation (Figures 5T–5W). Although activating VMHvl^{Cckar} cells in lactating females clearly suppressed aggression, it failed to promote sexual behavior, further suggesting that the circuits downstream of VMHvl^{Cckar} cells may be altered during lactation to prevent the occurrence of sexual behaviors (Figures S11E–S11O). In diestrous females, activating VMHvl^{Cckar} cells did not change the duration of juvenile investigation, suggesting that VMHvl^{Cckar} cells do not alter social investigation in general (Figures S11P–S11S). Cckar^{GFP} females showed no change in any of their behaviors during light stimulation in comparison to sham stimulation (Figure 5). Thus, we concluded that the acute activation of VMHvl^{Cckar} cells can reduce rejection against males, increase mating success, and suppress maternal aggression, but it does not elicit the immediate expression of lordosis.

Female VMHvl^{Cckar} cells are activated by males in a reproductive-state-dependent manner

We next performed a fiber photometry recording of female VMHvl^{Cckar} Ca²⁺ activity across reproductive states (Chen et al., 2013) (Figures 6A and 6B). We found that the spontaneous Ca²⁺ transients of female VMHvl^{Cckar} cells at the baseline varied significantly based on the reproductive state (Figures 6C–6F). Specifically, Ca²⁺ transients occurred more frequently and were of a higher magnitude during estrus than during diestrus or lactation (Figures 6D–6F).

When a male was introduced into the home cage of the female being recorded, we observed a dramatic increase in Ca²⁺ signal when the female was in estrus (Figures 6G–6I). The increase decayed slowly, and the Ca²⁺ signal remained at an elevated level throughout the recording session (Figures 6G, 6J, and 6K). The difference in VMHvl^{Cckar} cell activity was not due to differences in behaviors, as the duration of male-female interaction was similar between estrous and lactating females, whereas the cell activity under these two states differed significantly (Figure 6L).

When the males approached the females, VMHvl^{Cckar} cell activity gradually increased, especially when the females were in estrus (Figure 6M1). The activity at the approach offset (defined

as when the male-female distance reached a minimum) and its rise during the last second of approach were significantly higher in virgin females than in lactating females (Figures 6M2 and 6M3). Similarly, when the female approached the male, VMHvl^{Cckar} cell activity increased, and the increase was the highest during estrus (Figures 6N1–6N3). Ca²⁺ activity further increased during male-female close interaction, and the increase was the highest during estrus (Figures 6O and 6P). Behaviorally, diestrous females frequently darted away upon male contact (Figures S12A and S12B), and VMHvl^{Cckar} cell activity appeared to increase during darting (Figures S12C–S12E). However, we found that Ca²⁺ signal did not increase during “pure” darting events that were not preceded by close male-female interaction, arguing against a role for VMHvl^{Cckar} cells in promoting darting per se (Figures S12F–S12I).

Regardless of the female’s reproductive state, the activity of VMHvl^{Cckar} cells increased when the male attempted to mount, defined as the moment the male physically contacted the back of the female (Figure 6Q). The magnitude of the increase was the highest in estrous females (Figure 6Q). The male could try to mount following close interactions or from the rear end of the female without preceding interaction. We found no difference in Ca²⁺ activity between these two scenarios except for an earlier rise in Ca²⁺ signal in the former case, likely reflecting the activity increase during close interaction (Figures S12J–S12M). This result suggests that the activity rise during male mounting is likely driven by cutaneous instead of olfactory inputs.

When a male mounts an estrous female, the female could stay stationary or wiggle. In either case, the activity of the female VMHvl^{Cckar} cells gradually decreases from its peak level at mounting onset (Figures 6R, 6S1, 6S2, and 6T1). When we analyzed the Ca²⁺ signal trial by trial, we did not observe a within-animal difference in the activity of VMHvl^{Cckar} cells between wiggling trials and lordosis trials (Figure 6T2).

After the male ejaculated, the activity of female VMHvl^{Cckar} cells decreased abruptly (Figures 6S3 and 6S4) and remained low after male removal (Figures 6U–6X). By contrast, the post-male transient frequency slightly increased from the pre-male level in the females that only received intromission (Figures 6W and 6X). The decreased VMHvl^{Cckar} cell activity after male ejaculation coincided with a decrease in the interest of females toward males. In the three-chamber social preference test, females spent significantly less time with an unfamiliar male post-ejaculation and preferred an unfamiliar diestrous female over male (Figures S13A–S13C). The decreased VMHvl^{Cckar} cell spontaneous activity after ejaculation lasted throughout pregnancy and lactation and only returned to pre-ejaculation

(P and Q) PSTHs of attack probability of lactating Cckar^{GFP} (P) and Cckar^{Chr2} (Q) females aligned to sham and light stimulation onset.

(R) The latency to terminate attack from the light or sham onset.

(S) The percent of time the females spent on attacking the juvenile during the sham and light periods.

(T and U) PSTHs of investigation probability of lactating Cckar^{GFP} (T) and Cckar^{Chr2} (U) females aligned to sham and light onset.

(V) Percentage of sham and light trials with female investigation of a juvenile.

(W) Juvenile investigation duration during sham and light trials.

Data are mean ± SEM. (D2, E2, I2, J2, P, Q, T, and U) Two-way ANOVA with repeated measures, followed by Sidak’s multiple comparisons test. Red dots indicate periods when SBS differ significantly ($p < 0.05$) between sham and light trials. (F, G, K, M, R, S, V, and W) Two-way ANOVA with Sidak’s multiple comparisons test.

* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; **** $p < 0.0001$.

n = number of animals. GFP: n = 6 in (D)–(M) and 4 in (P), (R), (S), (T), (V), and (W); Chr2: n = 9 in (D)–(M) and 7 in (Q), (R), (S), (U), (V), and (W).

See also Figure S11.

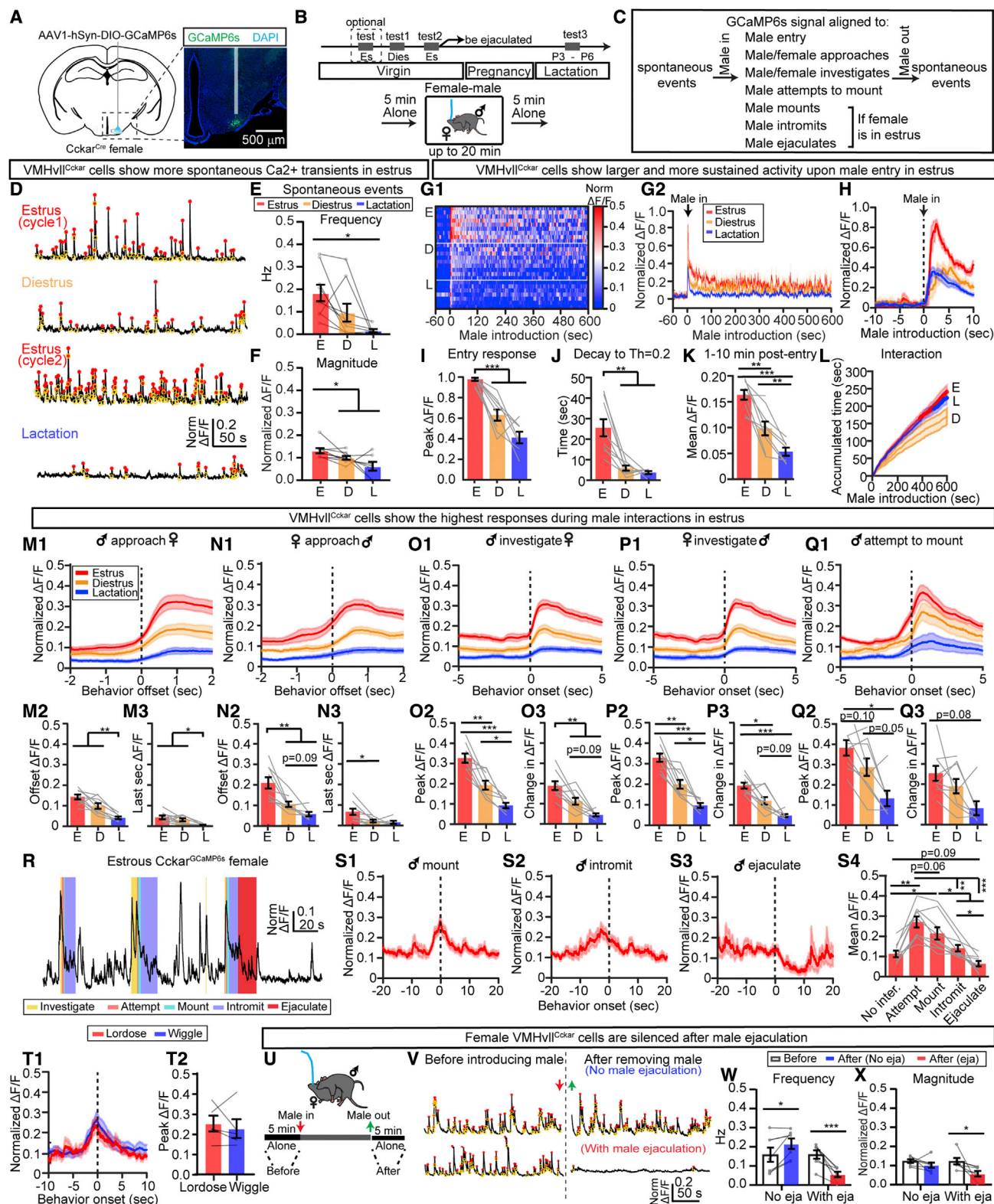


Figure 6. Reproductive-state-dependent responses of female VMHvl^{Cckar} cells during male interaction

(A) Fiber photometry recording and histology. Shade indicates optic fiber track.
(B) Recording timeline.

(legend continued on next page)

level once the female became estrous again after pups were removed (Figures S13D–S13H).

In a subset of animals, we simultaneously recorded GFP and GCaMP6s-expressing VMHvII^{Cckar} cells in contralateral sides (Figure S14A). Although robust behavior-aligned fluorescence changes were observed from GCaMP6s-expressing cells, GFP cells showed minimal changes in fluorescence during all behaviors, suggesting that GCaMP signal change was not due to movement artifacts (Figures S14B–S14G). Altogether, these results support that VMHvII^{Cckar} cell activity is highly correlated with female sexual motivation, receptivity, and reproductive state.

VMHvII^{Cckar} cells were mostly inhibited by non-male social stimuli

We further investigated VMHvII^{Cckar} cell responses to adult females, juveniles, and pups (Figures S15A–S15C). The Ca²⁺ signal increase upon introducing any of these social stimuli was consistently smaller and decayed faster than that seen upon the introduction of an adult male (Figures S15D–S15H). The sustained elevation in Ca²⁺ signal was also significantly higher with a male intruder than with other intruders, especially when the female was in estrus (Figure S15I). When the test female investigated and occasionally mounted the intruder female, VMHvII^{Cckar} cell activity decreased (Figures S15J and S15L–S15O). When the female investigated the juveniles, VMHvII^{Cckar} cells increased, but to a lesser extent than during male investigation (Figures S15J–S15L). A subset of lactating females attacked juvenile intruders, and no activity change was observed during the attack (Figures S15P–S15R). Lastly, during pup grooming,

VMHvII^{Cckar} cells showed no change in activity or were slightly inhibited (Figures S15J–S15L). Overall, VMHvII^{Cckar} cells are largely unresponsive or inhibited by non-adult male social stimuli or during non-sexual social behaviors.

VMHvII^{Cckar} cell responses to social cues in head-fixed animals

We further compared the cell responses to well-controlled social stimulus presentation in head-fixed recording animals (Figures 7A and 7B) and found significantly higher responses to anesthetized adult male mice than any other social stimuli across all reproductive states (Figures 7C–7K). During estrus, VMHvII^{Cckar} cells showed higher male-biased responses than those during diestrus (Figure 7L).

During female investigation and mounting attempts, the male emits ultrasonic vocalizations (USVs), which are attractive to conspecific females and facilitate lordosis (Figure 7M) (Pomerantz et al., 1983; Sales, 1972). We thus asked whether VMHvII^{Cckar} cells are responsive to male USVs (Figures 7N and 7O) and found that although USVs alone did not evoke an increase in Ca²⁺ signal, it consistently enhanced VMHvII^{Cckar} cell responses to an anesthetized male mouse, suggesting that female VMHvII^{Cckar} cells could integrate conspecific male cues of multiple sensory modalities (Figures 7P–7R).

Changes in the electrophysiological properties of VMHvII^{Cckar} cells over female reproductive cycle

To understand the electrophysiological changes that may underlie *in vivo* response changes, we performed *in vitro*

(C) Parameters analyzed in the figure.

(D) Representative traces of Ca²⁺ signal of VMHvII^{Cckar} cells in solitary females during different reproductive states. Red: transient peaks. Yellow: transient troughs.

(E and F) Frequency (E) and magnitude (F) of spontaneous Ca²⁺ events during estrus, diestrus, and lactation.

(G) Heatmap of Ca²⁺ traces from individual females (G1) and the average of all females under a specific reproductive state (G2) during male-female interaction. For each animal, signals were normalized to 0–1 by the maximum Ca²⁺ signal across all recording sessions of that animal.

(H) Male entry aligned peri-event time histograms (PETHs) of Ca²⁺ signals from all animals under a specified reproductive state.

(I) Peak ΔF/F within the first 60 s after male entry.

(J) The time for the normalized ΔF/F to reach 0.2 after peaking during the male entry.

(K) Mean ΔF/F from 1–10 min after male entry.

(L) The accumulated male-female interaction time over 10 min when the females were under different reproductive states.

(M1–M3) PETHs of normalized ΔF/F aligned to the offset of male-initiated approach toward the female (M1), value at the offset of approach (M2), and change in normalized ΔF/F during the last second of approach (M3).

(N1–N3) Same as (M1)–(M3), but for female-initiated approach.

(O1–O3) PETHs of normalized ΔF/F aligned to the onset of male investigation of the recording female (O1), peak ΔF/F during male investigation (O2), and the difference between the peak response and the mean ΔF/F at the preceding baseline (–3 to –1 s) (O3).

(P and Q) Same as (O). Signal aligned to the onset of female investigation of the male (P1–P3) and onset of male mounting attempts (Q1–Q3).

(R) Trace of normalized ΔF/F from an estrous female during copulation. Color shades indicate male behaviors.

(S1–S4) (S1–S3) PETHs of normalized ΔF/F aligned to the onset of male mounting (S1), intromission (S2), and ejaculation (S3). (S4) Mean signal during various male sexual behaviors.

(T1 and T2) (T1) PETHs of normalized ΔF/F aligned to the onset of female lordosis (red) and wiggling (blue). (T2) Peak signal during wiggling and lordosis.

(U) The time windows for spontaneous Ca²⁺ transient analysis.

(V) Example traces of Ca²⁺ signals before male introduction (left) and after male removal (right). Top: no ejaculation. Bottom: with ejaculation.

(W and X) Frequency (W) and magnitude (X) of spontaneous Ca²⁺ transients.

Data are mean ± SEM. (E, F, I–K, M2–Q2, M3–Q3, and S4) One-way ANOVA with repeated measures, followed by Tukey's multiple comparisons test. (L) Two-way ANOVA, followed by Tukey's multiple comparisons test; red and blue dots indicate periods when accumulated time differed significantly ($p < 0.05$) between (E) and (D) versus (L) and (D), respectively. (T2) Two-tailed paired *t* test. (W and X) Two-way ANOVA, followed by Sidak's multiple comparisons test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

n = number of animals. In (D)–(Q3), *n* = 9 estrous, 9 diestrous, and 7 lactating females. In (S), *n* = 9 estrous females. In (T2), *n* = 5 females. In (W) and (X), *n* = 7 estrous females.

See also Figures S12–S15.

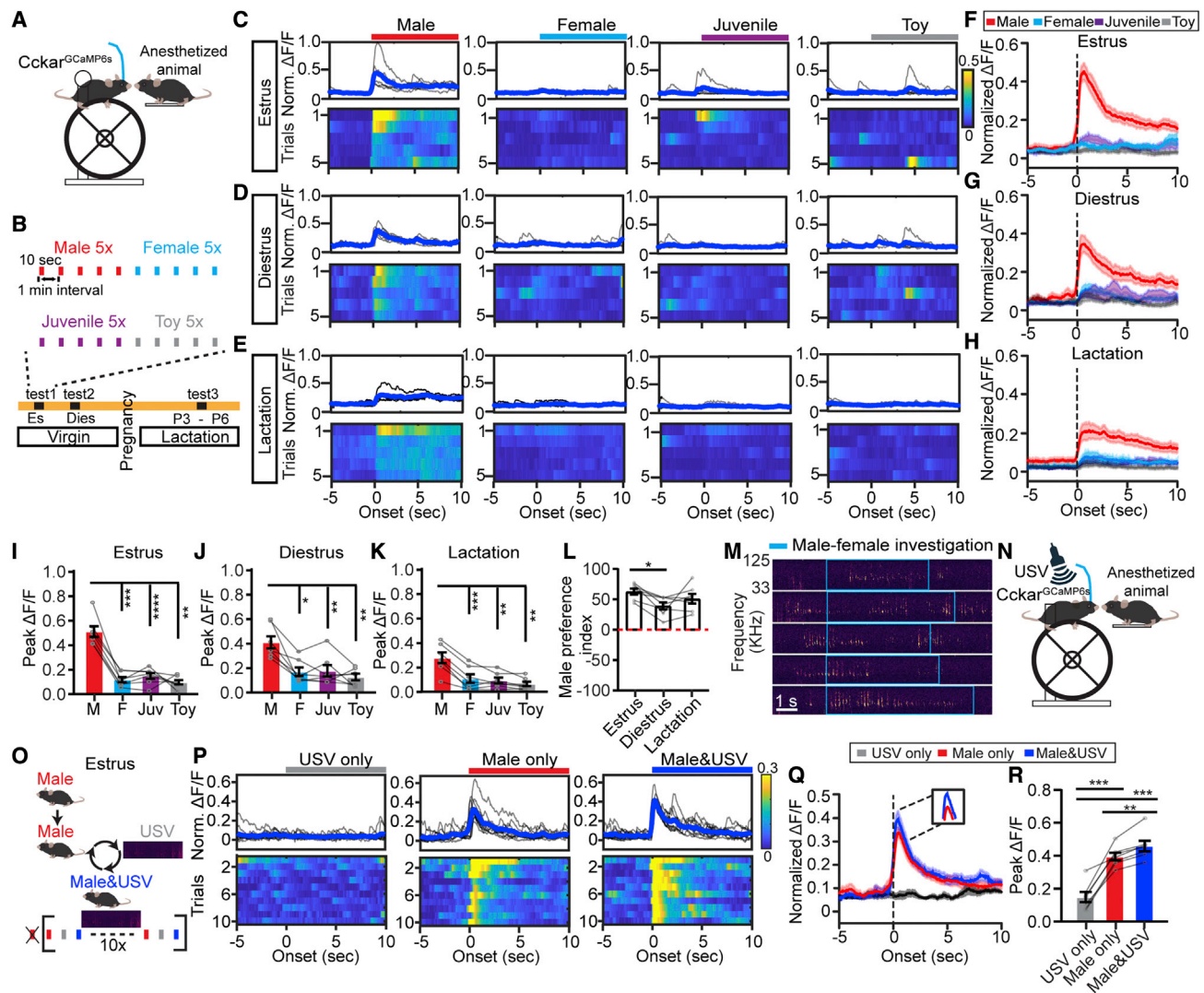


Figure 7. VMHvl^{Cckar} cells preferentially respond to male cues

(A) Head-fixed recording. (B) Stimulus presentation schedule. (C–E) Representative PETs (top) and heatmaps (bottom) of normalized $\Delta F/F$ aligned to presentation of an anesthetized male, female, juvenile, and a toy mouse. Traces are from the same female mouse during estrus (C), diestrus (D), and lactation (E). Blue shows the average. (F–H) Average PETs of all animals aligned to the presentation onset of various stimuli when the recording females are in estrus (F), diestrus (G), and lactation (H). (I–K) Peak $\Delta F/F$ during presentation of various stimuli when the recording females are in estrus (I), diestrus (J), and lactation (K). (L) Male preference index under different reproductive states. Index: (male peak $\Delta F/F$) / (peak $\Delta F/F$ (male + female + juvenile) \times 100%). (M) Representative USV during male investigation of a female (blue box). (N) Recording schematics to probe VMHvl^{Cckar} cell responses to male USV. (O) Stimulus presentation schedule. (P) Representative PETs (top) and heatmaps (bottom) of normalized $\Delta F/F$ aligned to presentation of male USV, an anesthetized male, and anesthetized male + USV. Traces from the same estrous female. (Q) Average PETs of all animals aligned to the presentation of various stimuli. (R) Peak responses to various stimuli. Data are mean \pm SEM. (I–L, R) One-way ANOVA, followed by Tukey's multiple comparisons test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$. n = number of animals. (F–L, Q, and R), $n = 7$ for each group.

recordings of VMHvl^{Cckar+Esr1+} cells in brain slices obtained from estrous, diestrus, and lactating Cckar^{Cre};Ai9;Esr1^{ZsGreen} female mice (Figure 8A) (Madisen et al., 2010; Saito et al., 2016). Histology analysis revealed a near one-to-one

relationship between ZsGreen and Esr1 expression, supporting the utility of the Esr1^{ZsGreen} line in faithfully identifying VMHvl^{Esr1} cells (Figures 8B and 8C). As virtually all VMHvl^{Cckar} cells express Esr1 (Figure 1D), VMHvl^{Cckar+Esr1+}

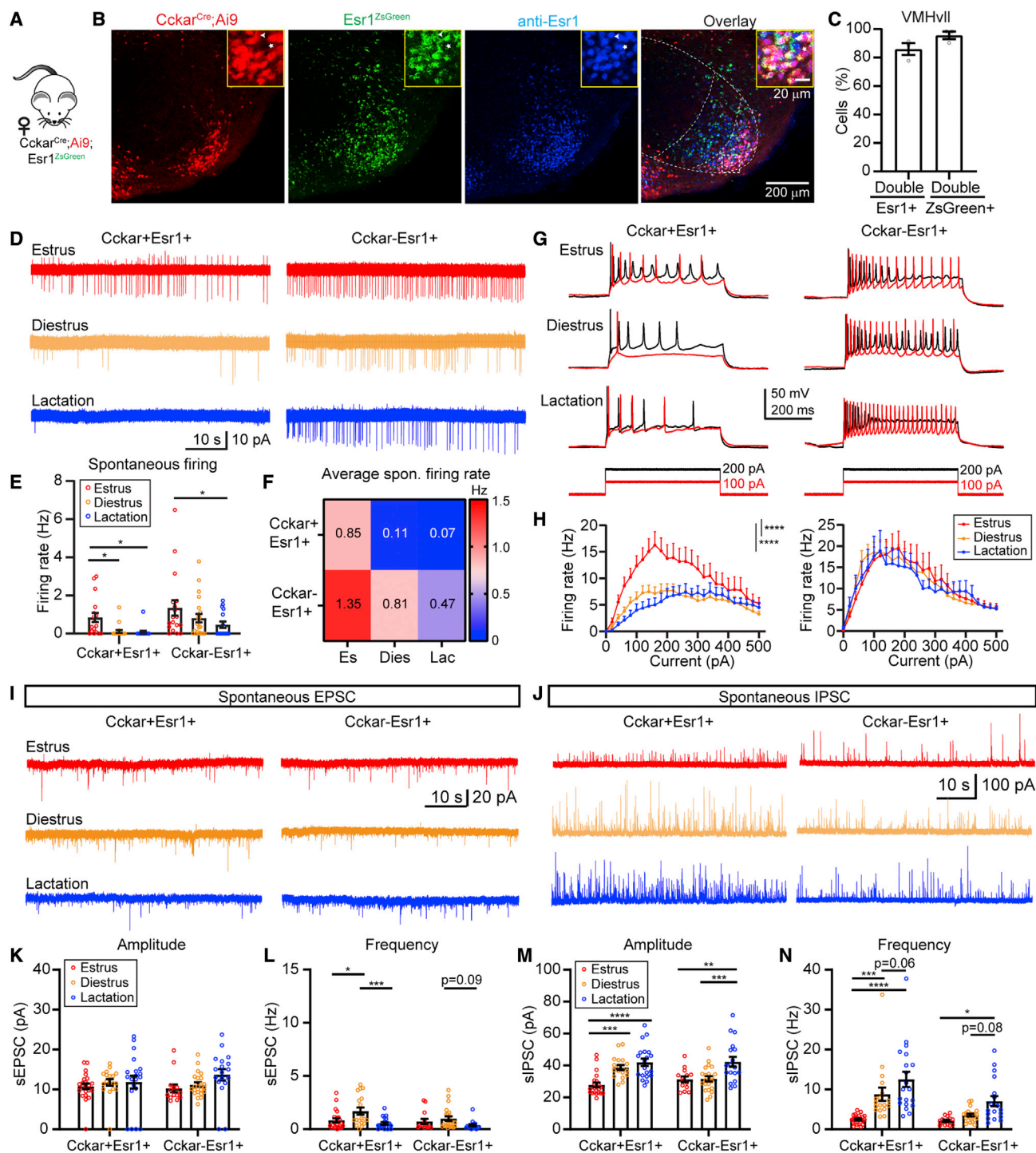


Figure 8. $VMHvl^{Cckar}$ cells change physiological properties over reproductive cycle

(A) Mice used for slice recording.

(B) Left to right showing tdTomato+, $Cckar$, $ZsGreen$, anti- $Esr1$ and overlay of all signals in the VMHvl. Dotted lines demarcate VMH. Inset, magnified region of the boxed area.

(C) Percentage of overlap between $Esr1$ and $ZsGreen$.

(D) Representative traces of cell-attached recording of $VMHvl^{Cckar+Esr1+}$ and $VMHvl^{Cckar-Esr1+}$ cells.

(E and F) Bar plots (E) and heatmap (F) showing the spontaneous firing rate under three reproductive states.

(G) Representative recording traces with 100 and 200 pA current injections.

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cells are practically equivalent to VMHvl^{Cckar} cells and will be referred to as such.

We first performed cell-attached recordings and found that although VMHvl^{Cckar} cells were spontaneously active during estrus, they rarely spiked during diestrus and lactation (Figures 8D–8F). The nearby VMHvl^{Cckar-Esr1+} cells were generally more active and did not differ in spontaneous firing rate between estrus and diestrus, although they did fire less frequently during lactation (Figures 8D–8F). Whole-cell current clamp further revealed a steeper frequency-current (F-I) curve and a significantly higher maximum spiking rate of VMHvl^{Cckar} cells during estrus (Figures 8G and 8H, left side). By contrast, nearby VMHvl^{Cckar-Esr1+} cells showed no difference in F-I curve across reproductive states (Figures 8G and 8H, right side). Additionally, the resting membrane potential of VMHvl^{Cckar} but not VMHvl^{Cckar-Esr1+} neurons were more depolarized during estrus (Figure S16A), whereas neither population changed input resistance over the reproductive cycle (Figure S16B).

We further investigated the synaptic inputs onto VMHvl^{Cckar} and VMHvl^{Cckar-Esr1+} using voltage patch-clamp recording. In general, the spontaneous excitatory postsynaptic currents (sEPSCs) were less frequent than the spontaneous inhibitory postsynaptic currents (sIPSCs) (Figures 8I, 8J, 8L, and 8N). The magnitude of sEPSCs did not change based on reproductive state for either population (Figures 8I and 8K), whereas the frequency of the sEPSCs of VMHvl^{Cckar} cells during diestrus was slightly higher than those during estrus and lactation (Figure 8L). The most noticeable change in synaptic input was the heavily reduced sIPSCs of VMHvl^{Cckar} cells during estrus, both in frequency and magnitude (Figures 8J, 8M, and 8N). The sIPSCs of VMHvl^{Cckar-Esr1+} cells did not differ between estrus and diestrus but became more frequent and were of a higher magnitude during lactation, suggesting broader synaptic plasticity during lactation (Figures 8J, 8M, and 8N). Together, these data revealed unique changes in VMHvl^{Cckar} cell excitability and synaptic transmission over the reproductive cycle.

DISCUSSION

VMHvl^{Cckar} cells act as a master control of female sexual behaviors

Functional manipulations at multiple time scales revealed a rich cohort of behaviors that are under the control of VMHvl^{Cckar} cells. Firstly, VMHvl^{Cckar} cells can bi-directionally modulate the interest of a female toward a male, as measured by the tendency of a female to approach a male.

Secondly, VMHvl^{Cckar} cells bi-directionally control female sexual receptivity. This result is similar to that of VMHvl^{Esr1+Nyp2r-} but differs from VMHvl^{Esr1} or VMHvl^{PR} activation, which promoted aggression/male-style mounting (Hashikawa et al., 2017a; Inoue

et al., 2019; Liu et al., 2022; Yang et al., 2013). Thus, aggression-related VMHvl cells likely dominate the reproduction-related cells if these two populations are simultaneously active. In comparison with brief optogenetic stimulation, the chemogenetic activation of VMHvl^{Cckar} cells, which causes elevated activity for at least 30 min, induced a higher increase in receptivity. This result, along with the observation that VMHvl^{Cckar} cells show elevated spontaneous activity during estrus, suggest that the responsiveness of the circuit downstream to the VMHvl^{Cckar} may depend on the accumulated instead of instantaneous VMHvl^{Cckar} cell activity, an idea that had been proposed previously based on electric stimulation results (Pfaff and Sakuma, 1979). However, the optogenetic activation of VMHvl^{Cckar} cells does not directly drive lordosis. In fact, the manipulation increased, instead of decreased, locomotion when the female is solitary. Indeed, most activity changes of VMHvl^{Cckar} cells do not occur during lordosis. During male intromission when the female assumes lordosis, VMHvl^{Cckar} cell activity gradually decreases. No trial-to-trial correlation between the occurrence of lordosis and VMHvl^{Cckar} response was found. Thus, although female receptivity, i.e., the probability of lordosis, increases with higher VMHvl^{Cckar} cell activity, VMHvl^{Cckar} cells do not initiate moment-to-moment lordosis.

Thirdly, VMHvl^{Cckar} cell activity bi-directionally modulates core body temperature. This is consistent with previous reports showing that VMH lesion, gene knockdown, or estradiol application can influence body temperature (Martínez de Morentin et al., 2014; van Veen et al., 2020). The body temperature increase induced by VMHvl^{Cckar} activation is confined within the normal physiological range, resembling the sustained core-body-temperature elevation during estrus in the dark phase (Sanchez-Alavez et al., 2011).

Fourthly, VMHvl^{Cckar} cell activation consistently suppressed female aggression, suggesting that the reproduction circuit, once activated, antagonizes the aggression circuit. However, inhibiting VMHvl^{Cckar} cells did not enhance female aggression. Thus, VMHvl^{Cckar} cells do not exert a tonic inhibition on the aggression circuit.

It remains unclear whether VMHvl^{Cckar} cells control each of these behaviors through distinct or overlapping projections. Among all the outputs, VMHvl^{Cckar} projection to AVPV is particularly interesting, as it is female specific and VMHvl specific, and, hence, a unique feature of VMHvl^{Cckar} cells. The optogenetic inhibition of VMHvl^{PR} to AVPV projection reduces female sexual receptivity, supporting this pathway as an essential component in the female reproduction circuit (Inoue et al., 2019). Lesioning PAG reduces lordosis, while its electric stimulation increases the output of premotor neurons relevant for lordosis and facilitates this behavior in rats (Cottingham et al., 1987; Sakuma and Pfaff, 1979a, 1979b). Polysynaptic retrograde

(H) F-I curves of female VMHvl^{Cckar+Esr1+} (left) and VMHvl^{Cckar-Esr1+} cells (right).

(I and J) Representative traces of spontaneous EPSCs (I) and IPSCs (J).

(K, L, M, and N) Amplitude and frequency of sEPSC (K and L) and sIPSC (M and N).

Data are mean ± SEM. (E, H, and K–N) Two-way ANOVA followed by Tukey's multiple comparisons test. *p < 0.05; **p < 0.01; ***p < 0.001; ****p < 0.0001.

n = number of animals. (C) n = 3 animals. (E–H) 17, 19, 16 VMHvl^{Cckar+Esr1+} cells and 18, 22, 16 VMHvl^{Cckar-Esr1+} cells from 3 females of each reproductive state. (K–N) 22, 18, 20 VMHvl^{Cckar+Esr1+} cells and 14, 22, 18 VMHvl^{Cckar-Esr1+} cells from 3 females of each reproductive state.

See also Figure S16.

tracing further suggests PAG as a potential intermediary between VMHvl and premotor neurons that control lumbar epaxial muscles for lordosis (Calizo and Flanagan-Cato, 2000). Thus, VMHvl-PAG projection has been proposed as an important pathway for lordosis (Shelley et al., 2006). However, based on our recording and functional results, we speculate that VMHvl does not directly activate lordosis-driving premotor neurons. Instead, it may gate the responses of these cells. During estrus, VMHvl^{Cckar} output increases and opens the gate to permit lordosis reflex in response to male cues. Given the close distance between VMHvl and VMHvlm, VMHvl^{Cckar} cells are well positioned to directly influence VMHvlm aggression cells. However, recent dual VMHvl patch-clamp recording suggests sparse inter-VMHvl connection (Shao et al., 2022). Nevertheless, VMHvl^{Cckar} may suppress the activity of VMHvlm aggression cells indirectly through the surrounding regions, which contain abundant GABAergic cells and connect with VMHvl cells bidirectionally (Hashikawa et al., 2017b). Lastly, VMHvl^{Cckar} may modulate body temperature via its dense projection to mPOA and DMH, two key regions essential for temperature control (Zhao et al., 2017). Future circuit studies will help further elucidate the functional relevance of each VMHvl^{Cckar} pathway.

The reproductive-state-dependent changes of VMHvlCckar cell activity

Why are females only sexually receptive during estrus? This state-dependent behavior change is presumably supported by changes in the reproduction circuit, and VMHvl^{Cckar} cells appear to be a key population undergoing changes. Our *in vivo* optical recording demonstrated higher spontaneous activity and male responsivity of VMHvl^{Cckar} cells in estrous females than in diestrous and lactating females, likely due to increased cell excitability and decreased inhibitory inputs. The electrophysiological changes of VMHvl^{Cckar} cells are likely supported by molecular changes. Recently, scRNAseq of *Esr1*⁺ cells revealed *Cckar*⁺ cells in VMHvl as a homogeneous cluster that shows reproductive-state-dependent transcriptomic changes. Furthermore, the study demonstrated that AVPV terminals that originated from VMHvl^{Cckar} cells, but not VMHvl^{Cckar-Esr1+} cells, vary significantly based on reproductive state (Knoedler et al., 2022). These results together with our current findings revealed dynamic changes of VMHvl^{Cckar} cells at the molecular, cellular, and synaptic levels over the estrous cycle, suggesting their unique role in modulating female sexual behaviors in virgins. During lactation, our findings suggest a broader suppression of the reproduction circuit, which, combined with an increased activity in the aggression circuit (Liu et al., 2022), leads to a total switch from sexual behaviors to aggression (Figure S17A).

One relevant question is whether CCK-Cckar signaling modulates VMHvl^{Cckar} cell activity during the estrous cycle. We speculate that this may be the case. First, exogenous CCK can influence female sexual behaviors. The intraperitoneal injection of CCK or local infusion of CCK into mPOA facilitates female sexual behaviors in non-receptive rats (Bloch et al., 1987; Dornan et al., 1989), although somewhat surprisingly, CCK injection into VMH suppresses receptivity (Babcock et al., 1988). Second, *Cckar*-null female mice are less receptive than the control mice

(Xu et al., 2012). Third, the expression of CCK and *Cckar* are profoundly modulated by estrogen and vary during the estrous cycle, both with higher values during estrus than during diestrus (Frankfurt et al., 1986; Kim et al., 2019; Knoedler et al., 2022; Oro et al., 1988). As *Cckar* is primarily coupled with Gq and *in vitro* CCK application increases VMHvl cell activity (Kow and Pfaff, 1986; Liu et al., 2021), an increase in CCK release and *Cckar* expression during estrus is expected to increase VMHvl^{Cckar} cell activity. Taken together, we speculate that CCK release as well as *Cckar* expression in the VMHvl will increase during estrus due to changes in sex hormones, which could lead to an increase in the spontaneous activity of VMHvl cells. Beyond a role in enhancing the baseline activity, CCK may also be released in the VMHvl during male interactions to acutely increase VMHvl^{Cckar} cell activity. Although the source of CCK to VMHvl is unknown, both MeA and BNST project heavily to the VMHvl and are enriched of CCK (Canteras et al., 1995; Dong and Swanson, 2004; Micevych et al., 1988).

The placement of VMHvl^{Cckar} cells in the reproduction circuit

Based on the response profile of VMHvl^{Cckar} cells and the behavioral consequences of VMHvl^{Cckar} manipulations, we propose a role for VMHvl^{Cckar} cells in reproduction similar to that of AgRP cells in the arcuate nucleus (ARC^{AgRP}) in feeding. Numerous studies established ARC^{AgRP} as hunger cells, cells that signal the drive for food (Andermann and Lowell, 2017; Sternson et al., 2013; Zimmerman and Knight, 2020). In the same vein, we consider VMHvl^{Cckar} cells as the neural substrate for sexual motivation (Figure S17B). ARC^{AgRP} and VMHvl^{Cckar} show similarity in response patterns and behavioral functions in many ways. On one hand, ARC^{AgRP} and VMHvl^{Cckar} cells respectively sense various feeding- and reproduction-related internal and external cues. On the other hand, both populations promote flexible behaviors depending on the context, e.g., availability of the target, with a goal of increasing reproduction (or feeding) success (Andermann and Lowell, 2017; Sternson et al., 2013; Zimmerman and Knight, 2020). Additionally, both VMHvl^{Cckar} and ARC^{AgRP} cells are capable of suppressing competing motivated behaviors, such as aggression (or foraging risk), and coordinating neuroendocrine and autonomic responses (Burnett et al., 2016). Future experiment should address whether VMHvl^{Cckar} cells, like ARC^{AgRP} cells, can increase efforts in an operant task for mating opportunities, facilitate learning or modulate cortical responses to male-associated cues (Berrios et al., 2021; Krashes et al., 2011; Livneh et al., 2017).

What is the utility of neural substrates dedicated for motivation? One explanation, which was first proposed by Neal Miller and later refined by Berridge, is that motivation is an intervening variable to simplify the link between stimuli (independent variables) and behavior responses (dependent variable) (Berridge, 2004; Miller, 1971). When there is one specific behavioral response to one specific stimulus, the circuit wiring is straightforward, and intervening variable is not needed. However, when a large set of possible behaviors can be expressed depending on a combination of multiple stimuli, the complexity of the circuit diagram rapidly explodes. An intervening variable, which

integrates many sensory inputs and influences many behavioral outputs, could effectively solve this issue and simplify the circuit. ARC^{AgRP} cells have been suggested as the physical embodiment of an intervening variable for feeding (Andermann and Lowell, 2017), and here, we propose VMHvl^{Cckar} cells as the intervening variable for female reproduction (Figure S17B). These motivation-encoding brain regions orchestrate a wide range of goal-bounded behaviors and represent key sites of intervention under pathological conditions.

STAR★METHODS

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SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.neuron.2022.06.026>.

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AUTHOR CONTRIBUTIONS

D.L. conceived and supervised the project, designed the experiments, analyzed the data, and wrote the manuscript. L.Y. designed experiments, conducted nearly all the experiments, analyzed the data, and co-wrote the manuscript. K.H. and Y.H. generated the Cckar^{Cre} transgenic mouse line. T.O. performed *in situ* hybridization. J.E.L. and V.D. performed the initial characterization of the Cckar^{Cre} transgenic line and conducted the pilot chemogenetic activation experiment.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Guinea pig anti-Fos	Synaptic Systems	Cat# 226005; RRID: AB_2800522
Goat anti-Fos	Santa Cruz Biotechnology	Cat# sc-52-G; RRID: AB_2629503
Rabbit anti-Esr1	Millipore	Cat# 06-935; RRID: AB_310305
Goat anti-Guinea pig Cyanine Cy™3	Jackson ImmunoResearch	Cat# 706-165-148; RRID: AB_2340460
Donkey anti-Goat Alexa Fluor 488	Jackson ImmunoResearch	Cat# 705-545-147; RRID: AB_2336933
Goat anti-Rabbit Cyanine Cy™5	Jackson ImmunoResearch	Cat# 711-175-152; RRID: AB_2340607
Bacterial and virus strains		
AAV1-hSyn-DIO-hM4Di-mCherry	Addgene; Krashes et al., 2011	Addgene# 44362-AAV1
AAV2-hSyn-DIO-hM3Dq-mCherry	Addgene; Krashes et al., 2011	Addgene# 44361-AAV2
AAV2-hSyn-DIO-mCherry	Addgene; Bryan Roth lab (unpublished)	Addgene# 50459-AAV2
AAV1-hSyn1-SIO-stGtACR2-FusionRed	Addgene; Mahn et al., 2018	Addgene# 105677-AAV1
AAV2-EF1a-DIO-ChR2-EYFP	UNC Vector Core; Karl Deisseroth lab (unpublished)	Cat# AV-2-AV4378p
AAV2-CAG-Flex-GFP	UNC Vector Core; Oh et al., 2014	Cat# AV-2-ALL854
AAV1-hSyn-Flex-GCaMP6s-WPRE.SV40	Addgene; Chen et al., 2013	Addgene# 100843-AAV1
Chemicals, peptides, and recombinant proteins		
Normal donkey serum	Jackson ImmunoResearch	Cat# 017-000-121; RRID: AB_2337258
Red Retrobeads™	Lumafluor, Inc	N/A
CNO	Sigma	Cat# 34233-69-7
Critical commercial assays		
Nanoliter injector	World Precision Instruments	Cat# Nanoliter 2000
Temperature Logger	Star-Oddi	DST nano-T
Experimental models: Organisms/strains		
Cckar ^{Cre} knock-in mice	This paper	N/A
C57BL/6 mice	Charles River	Strain Code 027
Esr1 ^{ZsGreen}	Yong Yu lab, Saito et al., 2016	N/A
Ai9 mice	Jackson Laboratory	Strain# 007909
Ai6 mice	Jackson Laboratory	Strain# 007906
Software and algorithms		
MATLAB R2019b	MathWorks	https://www.mathworks.com/products/matlab.html ; RRID: SCR_001622
Prism 9	GraphPad Software	https://www.graphpad.com/scientific-software/prism/ ; RRID: SCR_002798
StreamPix 8	NorPix	https://www.norpix.com/products/streampix/streampix.php ; RRID: SCR_015773
ImageJ	NIH	https://imagej.nih.gov/ij/index.html ; RRID: SCR_003070
pCLAMP 11	Molecular Devices	https://www.moleculardevices.com/ ; RRID: SCR_011323
Adobe Photoshop 2020	Adobe	https://www.adobe.com/ ; RRID: SCR_014199
Adobe Illustrator 2020	Adobe	https://www.adobe.com/ ; RRID: SCR_010279
Body tracking code	David Anderson lab, Lin et al., 2011	https://github.com/pdollar/toolbox

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Dr. Dayu Lin (dayu.lin@nyulangone.org).

Materials availability

New transgenic mouse lines generated for this study will be deposited at Jackson laboratories upon publication. Probe sets used for double in situ hybridization are listed in [method details](#), and probe sets used for triple in situ hybridization are available from RNA-scope (ACD; Advanced Cell Diagnostics). This study did not generate new unique reagents not listed here.

Data and code availability

- All data reported in this paper will be shared by the lead contact upon request.
- This paper does not report original code. All Matlab code used in this manuscript is available from the lead contact upon request.
- Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Mice

All procedures were approved by the NYULMC Institute Animal Care and Use Committee (IACUC) and the Institute Biosafety Committee (IBC) in compliance with NIH guidelines for the care and use of laboratory animals. All mice in this study, including wild-type and transgenic mice, were bred at NYULMC animal facility. All mice were housed under a reversed 12 h light-dark cycle (10 p.m. to 10 a.m. light), with food and water available ad libitum. Single-housed virgin Cckar^{Cre}, Cckar^{Cre};Ai6 and Cckar^{Cre};Ai9;Esr1^{ZsGreen} female mice (2–6 months) were used as experimental mice. For functional manipulation and *in vivo* recording experiments, we tested the same set of females across reproductive states. After completing the tests in virgin females, they were paired with males. Once they became visibly pregnant, the male mouse was removed. The first day pups were found was counted as postpartum day 1 (P1), behavioral tests in lactating females were conducted between P3 and P6, and pups were euthanized after P7. Single-housed sexually experienced male (3–12 months), group-housed female mice (2–6 months), group-housed male juvenile (postnatal day 15–25), and pup (postnatal day 1–7, housed with mom) were used as social stimuli.

Cckar^{Cre} mice were generated in this paper, firstly in Swiss Webster background and then backcrossed into C57BL/6 background for at least seven generations. All the other transgenic animals were with C57BL/6 background. Ai6 mice were purchased from the Jackson Laboratory (stock no. 007906). Ai9 animals were generously provided by Dr. Bernardo Rudy, but also available from Jackson lab (stock no. 007909). Esr1^{ZsGreen} mice were generated and kindly provided by Dr. Yong Xu's lab ([Saito et al., 2016](#)). Heterozygote Cckar^{Cre}, double heterozygote Cckar^{Cre};Ai6, or triple heterozygote Cckar^{Cre};Ai9;Esr1^{ZsGreen} female mice were used for cell-specific targeting, visualizing Cckar cells and *in vitro* slice recording, respectively. Animals were genotyped by PCR analysis using genomic DNA from tail tissue.

METHOD DETAILS

Viruses and retrograde tracer

AAV1-hSyn-DIO-hM4Di-mCherry (2x10¹³ genomic copies per ml), AAV2-hSyn-DIO-hM3Dq-mCherry (2x10¹³ genomic copies per ml), AAV2-hSyn-DIO-mCherry (1.8x10¹³ genomic copies per ml), AAV1-hSyn1-SIO-stGtACR2-FusionRed (2.1x10¹³ genomic copies per ml), and AAV1-hSyn-Flex-GCaMP6s-WPRE-SV40 (1.6 × 10¹³ genomic copies per ml) were purchased from Addgene. AAV2-EF1a-DIO-ChR2-EYFP (4x10¹² genomic copies per ml) and AAV2-CAG-Flex-GFP (4x10¹² genomic copies per ml) were purchased from the University of North Carolina vector core. Red retrobeads was purchased from Lumafuor, Inc (Red Retrobeads™).

Drugs

For chemogenetic activation in freely behaving mice, Clozapine N-oxide (CNO, Sigma-Aldrich C0832) was dissolved in 0.2 mL vehicle solution (PBS with 0.3% DMSO) and administered intraperitoneally (1 mg/kg). Ketamine (100 mg/kg) with xylazine (10 mg/kg) were dissolved in PBS and injected into stimulus animal intraperitoneally in headfixed fiber photometry recording experiment.

Generation of Cckar^{Cre} mice

The Cckar^{Cre} mouse was generated at NYULMC Rodent Genetic Engineering Laboratory by homologous recombination at the endogenous Cckar locus utilizing Easi-CRISPR technology ([Miura et al., 2018](#)). Briefly, single-stranded DNA (ssDNA) donor containing homology arms of Cckar locus flanking T2A-Cre sequence, which was inserted just before the endogenous STOP codon, was commercially synthesized (Integrated DNA Technologies, IDT) ([Figure S1](#)). To generate a site-specific double stranded break with

Cas9, a targeting sequence, crRNA sequence, was designed using an online guide RNA designing tool (<https://zlab.bio/guide-design-resources>) and commercially synthesized (Integrated DNA Technologies, IDT) (Figure S1). On the day of microinjection, ssDNA donor (10 ng/ul), CRISPR components (crRNA, tracrRNA (20 ng/ul), and Cas9 protein (20 ng/ul) were mixed and microinjected into fertilized zygotes from Swiss Webster females. Injected zygotes were implanted into oviducts of pseudopregnant CD1 female mice (Charles River Lab). Any potential off-target effects were bred out by backcrossing to C57BL/6 mice for at least 7 generations before using for experiments. The PCR mutant forward primer is: AACTGGTCGAGCGATGGATTT; wildtype forward primer is: GATCCGCATGCTCATTGTCATT (498 bp); common reverse primer is: AAAGCAGACATCGGAAGAGTCC (476 bp).

Double in situ hybridization

10-12-weeks-old C57BL/6 female mice that were anesthetized with a mixture of ketamine (100 mg/kg) and xylazine (10 mg/kg) and transcardially perfused with 10 ml of DEPC treated PBS (DEPC-PBS), followed by 10 ml of 4% PFA in DEPC-PBS (Electron Microscopy Sciences). After perfusion, brains were harvested, soaked in 30% of sucrose in DEPC-PBS for 24 hours at 4°C and then embedded with O.C.T compound (Fisher Healthcare). 20 μ m thick coronal brain sections were cut using a cryostat (Leica) and stored at -80°C until use.

To synthesize the cDNA for the *Cre* and *Cckar* probes, their original templates were from DNA plasmid including *Cre* sequence and mouse brain cDNA (cDNA-mmu-01, BiOSETTIA) respectively. cDNA were amplified by PCR methods using the following oligo-DNA primers and the products were purified with micro spin columns (MACHEREY-NAGEL, 74060910). Each reverse primer also possesses T3 sequence for transcription.

The *Cre* probes are approximately 800 bp in length and consist of 3 probes to cover nearly the full length mRNA. The primer sequences for making the *Cre* probes are:

Cre1-forward: TGCAACGAGTGATGAGGTTC
 Cre1-reverse: AATTAACCCTCACTAAAGGGTTTCACTATCCAGGTTACGG
 Cre2-forward: GGTGCAAGTTGAATAACCGG
 Cre2-reverse: AATTAACCCTCACTAAAGGGTGACCAGAGTCATCCTTAGC
 Cre3-forward: GCGGTCTGGCAGTAAAACT
 Cre3-reverse: AATTAACCCTCACTAAAGGGCGCTCGACCAGTTTAGTTAC

The *Cckar* probes are approximately 500 bp in length and consist of two probes to cover the 4th exon of *Cckar* mRNA:

Cckar1-forward: TGCTCCTGAAGAATTCTGGTCC
 Cckar1-reverse: ATTAATACGACTCACTATAGGGAGGCATTTCTGGAAAGGAGGA
 Cckar2-forward: CTGCCAAGTCCACGTTCAAAT
 Cckar2-reverse: ATTAATACGACTCACTATAGGATCATCCTTCTGCAGCTTGACA

Cckar probes were labeled with DIG (Roche Applied Science, #11277073910) and *Cre* probes were labeled with Fluorescein (Roche Applied Science, #11685619910). Brain sections underwent hybridization at 56°C overnight. Then, after a series of post-hybridization washing and blocking, fluorescein was visualized with anti-FITC antibody (PerkinElmer, #NEF710001EA, 1:200 in blocking buffer) followed by TSA biotin amplification (PerkinElmer, #NEF749A001KT, 1:100 in 1 \times plus amplification diluent) and streptavidin Alexa488 (Invitrogen, #S11223, 1:250 in blocking buffer). DIG was visualized with anti-DIG antibody (Roche Applied Science, #11207733910, 1:250 in blocking buffer) and followed by TSA Cy3 amplification (PerkinElmer, #NEL744001KT, 1:70 in 1 \times plus amplification diluent).

Triple in situ hybridization using RNAscope

Extracted brains were frozen on dry ice and 18- μ m coronal brain sections were collected using a cryostat (Leica Biosystems). Triple labeling of *Cckar*, *Npy2r* and *Esr1* was performed following the manufacturer protocol (ACD; Advanced Cell Diagnostics) (Wang et al., 2012). In brief, sections were treated with a series of ethanol and protease digestion followed by hybridization with a mixture containing target probes to mouse *Cckar* (313751-C3), *Npy2r* (315951-C2), and *Esr1*-1 (432861). Sections were then cover slipped using 50% glycerol containing DAPI (Invitrogen, Cat# 00-4959-52) and imaged with a confocal microscope (Zeiss LSM 800). A cell was considered as probe+ if it contained >2 fluorescence spots and is DAPI+.

Immunohistochemistry and imaging analysis

Mice were perfused with 1 \times PBS followed by 4% PFA. Brains were harvested, post-fixed in 4% PFA overnight at 4°C, rinsed with 1 \times PBS and dehydrated in 30% sucrose for 24 hours. 50 μ m sections were cut on a cryostat (Leica CM1950). For quantification of *Cckar* cell distribution in male and female along the anterior-posterior axis, all VMHvl sections were collected. For Fos/*Esr1* staining, every other sections was collected. Free-floating brain sections were then rinsed with PBS (3 \times 10 min), PBST (0.3% Triton X-100 in PBS, 1 \times 30 minutes), blocked with 5% normal donkey serum (Jackson ImmunoResearch, Code: 017-000-121, RRID: AB_2337258) at room temperature and incubated with primary antibody (guinea pig anti-Fos, 1:1000 dilution, Synaptic Systems, Cat# 226005, RRID: AB_2800522; or goat anti-Fos, 1:1000 dilution, Santa Cruz Biotechnology, Cat# sc-52-G,

RRID: AB_2629503; rabbit anti-Esr1, 1:1000 dilution, Millipore, Cat# 06-935, RRID: AB_310305) in PBST containing 5% normal donkey serum overnight (12–16 hours) at 4°C. Brain sections were then washed with PBST (3×10 min), incubated with the corresponding secondary antibody (Secondary antibody for Fos staining, Cy3-goat anti-Guinea pig, 1:1000 dilution, Jackson ImmunoResearch, Cat# 706-165-148, RRID: AB_2340460; Secondary antibody for Fos staining, 488-donkey anti-Goat, 1:1000 dilution, Jackson ImmunoResearch, Cat# 705-545-147, RRID: AB_2336933; Secondary antibody for Esr1 staining, Cy5-goat anti-Rabbit, 1:1000 dilution, Jackson ImmunoResearch, Cat# 711-175-152, RRID: AB_2340607) for 2 hours at room temperature, washed with PBST (3×10 min), PBS (2×10 min), and then mounted (Fisher Scientific, 12-550-15) and cover slipped using 50% glycerol containing DAPI (Invitrogen, Cat# 00-4959-52). Images were acquired using slide scanner (Olympus, VS120) or confocal microscope (Zeiss LSM 800). Brain regions were identified based on Allen Mouse Brain Atlas, and cells were manually counted using Adobe Photoshop (Adobe, RRID: SCR_014199). To quantify the distance of Cckar cell to lateral edge of the brain in Figure S2D, we first manually drew a line along the ventral most brain surface vertical to the line along the mediadorsal-ventrolateral axis of the VMH, then used custom-written Matlab code to get the x and y coordinates of each ZsGreen positive cells and thereafter the distance of the cell to the line.

For population A and population B, if they do not overlap preferentially, the percentage of A+ cells in B should be the same as A+ in the total population. Thus, the chance level of (A+B+)/B+, as indicated by dashed lines in Figures 1D, 1F, and 1H, is equal to A+/DAPI+.

Axon projection mapping

To analyze the projection pattern of VMHvll^{Cckar} neurons, every one in three brain sections (50 μm in thickness) of the whole brain were collected. Sections were fully washed in PBS, mounted and coverslipped using 50% glycerol containing DAPI (Invitrogen, Cat# 00-4959-52). Images were acquired using confocal microscopy with a 10x objective (Zeiss, LSM 800). Brain regions were identified using Allen Mouse Brain Atlas as a reference, except lateroanterior hypothalamic nucleus (LA), which was identified from The Mouse Brain, 3rd edition, and projection patterns were analyzed using ImageJ (ImageJ, RRID: SCR_003070). In detail, for each animal, all images were first thresholded to eliminate the background. We then selected 2–5 regions of interest (ROIs) for each brain region and calculated the average pixel value of each ROI, subtracting the background (averaged pixel value from an ROI that contains no obvious fibers) from it, to obtain the fluorescence density of the ROI. For each animal, the average fluorescence density of a brain region was then calculated as the averaged fluorescence density of all the ROIs within that brain region. The fluorescence density of each region was then normalized by the value of AVPV and then averaged across animals.

Reproductive cycle monitoring

To assess the reproductive state of naturally cycling female mice, vaginal cytology samples were collected 30 minutes before the behavior test or 1 hour before collecting brain slice for *in vitro* recording experiments. We gently flushed 10 μl saline into the vagina using a pipette for three to four times to collect vaginal lavage. Attention was paid to not touch the vaginal wall to avoid cervical stimulation. The flush was then transferred to a glass slide and coverslipped. They were observed under a Zeiss AxioScope A1 bright field microscope with a 10x objective and staged based on the proportion of each cell type in the smear (Ajayi and Akhigbe, 2020).

Stereotactic surgery

Mice (8–15 weeks old) were anesthetized with 1% isoflurane and placed on a stereotaxic device (Kopf Instruments Model 1900). Viruses were delivered into brains through a glass capillary using nanoinjector (World Precision Instruments, Nanoliter 2000). Female mice were group housed for two to three weeks after virus injection, and then switched to single house one week prior to testing.

For retrograde tracing, we injected diluted retrobeads (1:3 in saline) unilaterally at two depth to cover the entire dorsal-ventral span of AVPV (AP: -0.10 mm, ML: -0.10 mm, DV: -4.80 mm and -5.00 mm, 40 nl per depth) using Cckar^{Cre};Ai6 female mice. Female mice were single housed after injection and tested for behavior one week later. One hour after completing the test, animals were perfused and brains were collected. For anterograde tracing of VMHvll^{Cckar} cells, 30 nl AAV2-CAG-Flex-GFP was unilaterally injected into VMHvll (AP: -1.70 mm, ML: -0.8 mm, DV: -5.66 mm). For chemogenetic activation of VMHvll^{Cckar} neurons, 50 nl AAV2-hSyn-DIO-hM3Dq-mCherry were bilaterally injected into VMHvll of Cckar^{Cre} female mice. Control mice were injected with 50 nl AAV2-hSyn-DIO-mCherry. For chemogenetic inhibition of VMHvll^{Cckar} neurons, 40 nl AAV1-hSyn-DIO-hM4Di-mCherry were bilaterally injected into VMHvll of Cckar^{Cre} female mice. Control mice were injected with 40 nl AAV2-hSyn-DIO-mCherry. For optogenetic activation or inhibition of VMHvll^{Cckar} neurons, 70 nl AAV2-EF1a-DIO-ChR2-EYFP or AAV1-hSyn1-SIO-stGtACR2-FusionRed was bilaterally injected into VMHvll. Control animals were injected with 30 nl of AAV2-CAG-Flex-GFP. After virus injection, 200-μm optical fiber (Thorlabs, FT200EMT) was bilaterally inserted 300 μm above the virus injection site and secured on the skull using adhesive dental cement (C&B Metabond, S380). A headfix ring was then cemented on the skull to help secure animal on the running wheel and alleviate stress during fiber connection and disconnection. For fiber photometry recording of VMHvll^{Cckar} neurons, 60 nl AAV1-hSyn-Flex-GCaMP6s was unilateral injected into VMHvll. To understand fluorescence changes due to motion artifact, in some animals, we injected 30 nl AAV2-CAG-Flex-GFP and 60 nl AAV1-hSyn-Flex-GCaMP6s into the left and right hemisphere, respectively, and recorded the signals simultaneously. To minimize tissue damage, we used 100-μm multimode optical fiber (Doric Lenses, 100 μm-core, 0.37 NA). The fiber was inserted and glued to a guiding groove of a connector (USCONEC, C12405, Ferrule_48F), polished and then inserted into the brain 50 μm above the virus injection site (Sych et al., 2019). The connector was secured on the skull

using adhesive dental cement (C&B Metabond, S380). A headfix ring was then secured on the skull. In earlier experiments, we tried AAV1-hSyn-Flex-GCaMP6f and 400- μ m optic fiber and found that the signals were unstable over time and our histology analysis revealed low virus expression possibly due to cell death.

Behavioral analyses

All animal behaviors were video recorded from both the side and the top of the cage using two synchronized cameras (Basler, acA640-120gc) and commercial video acquisition software (StreamPix 8, Norpix, RRID: SCR_015773) in a semi-dark room with infrared illumination at a frame rate of 25 frames/s. Manual behavioral annotation was performed on a frame-by-frame basis using custom software written in Matlab (<https://github.com/pdollar/toolbox>).

During female-male interaction, we manually annotated the following behaviors of the male intruder: approach, investigation, mount attempt, mount, intromission and ejaculation. For the same video, we also annotated the following female behaviors: approach, investigation, stay, upright, resist, dart, lordosis and wiggle. 'Approach' (either male toward female or female toward male) was annotated when one animal faced the target animal and walked to it without pausing. 'Investigation' was defined as active nose contact to any part of the body of the target animal. 'Mount attempt' was characterized by the male extended its forelimbs to grasp the female's flanks. 'Mount' referred to the period when the male was on top of the female and held the female's lower back using his forelimbs. 'Intromission' was defined as deep rhythmic thrust following mount. 'Ejaculation' was detected when the male stopped deep thrusting for a few seconds while continuously clutching onto the female and then slumping to the side of the female. 'Stay' was annotated when the female quietly stayed in place while male was investigating her or attempting to mount. 'Upright' was defined as female standing up to conceal the anogenital area when male was investigating. 'Resist' was defined as female pushing or kicking the male. 'Dart' was defined as female quickly running, often upon male investigation or mount attempts. 'Lordosis' was defined as female being on the ground and motionless or showing an arched back posture when the male was mounting or intromitting. The 'lordosis quotient' was calculated as the ratio between lordosis events and male mounts. 'Wiggle' was defined as female continuously moving her head or body when the male was mounting or intromitting. Lordosis and wiggle were annotated only during male mounting and intromission. The sum of lordosis and wiggle durations equals to the total male mounting and intromission duration. Under natural conditions, chemogenetic, and fiber photometry experiments, for each mounting/intromission event, if a female stayed stationary for majority of time, the trial was annotated as "lordosis". If the female moved forward or tried to twist its body for majority of time, it was annotated as "wiggle". The sum of lordosis trial% and wiggle trial% is 100%. In ChR2 and stGtACR2 experiments, as the behavior changes acutely with light, we annotate wiggle and lordosis for each frame instead of each trial. We consider the female receptivity level as: lordosis>wiggle>dart away. When females dart away, males cannot achieve successful mount. When females are highly receptive, they show lordosis to facilitate male mounting. Wiggle is an in-between situation. The female allows the male to mount but is not fully cooperative. Thus, when a female changes its behavior from dart away to wiggle, we consider wiggle as an indication of increase in receptivity. This increase makes it possible for the male to achieve mounting. When a female changes its behavior from lordosis to wiggle, we consider it as an indication of decreased receptivity. This decrease makes it harder for males to achieve intromission after successful mounting.

During female-female interaction, we annotated 'investigation' and 'mount' expressed by the resident (test) females. 'Investigation' was defined as active nose contact to any part of the body of the intruder. 'Mount' was defined as when the test female clasped the flank of the intruder female and moved its pelvis back and forth. During female-juvenile interaction, we annotated 'investigation' and 'attack' expressed by the test female. 'Attack' was defined as a suite of actions, including pushes, lunges, bites, tumbling and fast locomotion episodes between such movements. During female-pup interaction, we annotated pup retrieval and pup grooming expressed by the test female. 'Pup retrieval' was defined when the female lifted the pup using her jaw to the moment when the pup was dropped in or around the nest. 'Pup grooming' was defined as close female and pup interaction that was accompanied by rhythmic up and down head movement of the female and displacement of the pup.

We categorize female receptivity during estrus into three levels, from high to low, as estrus-fully receptive, estrus-semi receptive and estrus-non receptive. 'Fully receptive' females are those displayed lordosis posture in over 50% of male mounting trials ($LQ \geq 0.5$). 'Semi-receptive' females are those showing lordosis in some but less than 50% of male mounting trials ($0 < LQ < 0.5$). 'Non-receptive' females are animals that did not show lordosis when males forced mount ($LQ = 0$).

Three chamber social preference test

The test arena ($L \times W \times H$: 50 cm \times 18 cm \times 38 cm) were evenly divided into three compartments with a 6-cm wide opening between the neighboring compartments. All test and stimulus animals were habituated to the chamber for at least two days, 30 minutes each day at non-overlapping time. To test female's social preference between male and female, on the day of testing, an adult C57BL/6 sexually experienced adult male mouse and a C57BL/6 adult diestrous female mouse was each placed under a wire cup positioned in one of the side compartment, the stimulus animal's deposits were placed around the cup (< 0.5 cm away) as additional olfactory cues. Then, the testing estrous Cckar^{hM4Di}/Cckar^{mCherry} or diestrous Cckar^{hM3Dq}/Cckar^{mCherry} female was introduced into the middle compartment, and allowed to explore freely for 20 min. A preference score was calculated by dividing the differential time the test female spent on investigating the male and female chamber by the total time spent on investigating both chambers. A positive value indicates preference directed toward the stimulus male, whereas a negative value indicates preference directed toward the stimulus female. For chemogenetic experiment, each animal was tested for the preference test twice on the same day with one hour in between. The first test was performed 30 minutes after intraperitoneal saline injection and the second test was 30 minutes after

1 mg/kg CNO injection. We also used the same test area to compare females' social interest toward a male before and after being ejaculated. In the test, an adult C57BL/6 female was placed into the middle compartment and allowed to freely explore an unfamiliar sexually experienced male and an unfamiliar diestrous female for 20 minutes. The stimulus animals were placed under wired cups, each in one of the end chambers. Then, the C57BL/6 female was introduced into the home cage of a different male until the male achieved ejaculation. We then put the female back into the same test chamber, and recorded for another 20 min.

The same test area was used for evaluating female's attractiveness to males. All animals were habituated to the area as mentioned above. Two estrous Cckar^{hM4Di} or two diestrous Cckar^{hM3Dq} female mice were used as stimulus animals. Each was placed under a cup that was located in one of the side chamber. Either both stimulus females received saline injection or one stimulus female received CNO injection and the other received saline injection, all at 30 minutes before the testing. The deposits of each stimulus animal were placed around the wire cup. During the test, a sexually experienced unfamiliar male was introduced into the middle chamber and allowed to freely explore for 20 minutes. We used the same male after saline-saline and after CNO-saline injection to eliminate individual variability. A preference score was calculated by dividing the differential time the male spent on visiting the two side chambers by the total time the male spent in both chambers. A positive value indicates preference of the CNO-injected female, whereas a negative value indicates preference of the saline-injected female.

Core body temperature recording

Core body temperature was monitored using a Nano-T temperature logger and analyzed with Mercury Software (Star-Oddi). The logger was implanted in the abdominal cavity and attached to the inside of the body wall. All test mice were singly housed. Parameters of the Logger were set before implantation. To save battery, data acquisition only occurred from 11 am to 5 pm (dark phase of the animal) every other day with a sampling rate of once every 2 minutes. Saline and CNO were injected in a randomized order at 1 pm on separate days.

Chemogenetic activation and inactivation

Due to the high variability of sexual behaviors in estrous females (Figure S4), changes in female sexual behaviors were determined as the difference before and after drug injection on the same day. In detail, on the testing day, we examined female's vaginal smear 30 minutes prior to the pretest. During the pretest, a sexually experienced male was introduced into the home cage of the female for approximately 10 minutes. If the male did not attempt to mount for at least 10 times during the first 10 minutes, the test was extended until the male made 10 mounting attempts or up to 30 minutes, whichever happened first. No males achieved ejaculation during pretest. After the pretest, the male was removed and the female was left alone for an additional 5 minutes and then the female was received either saline or 1 mg/kg CNO i. p. injection. 30 minutes after the injection, we introduced a different sexually experienced male into the female's home cage for 10 minutes or until the male attempted to mount for 10 times. We did not use the same male considering that the same male would be sexually eager after the pretest and may confound the results. 5 minutes after removing the male, we introduced a male juvenile (P15-25) for 10 minutes, an adult female for 10 minutes, and a pup (P1-P7) for 5 minutes, with 5 minutes in between. The order of CNO and saline administration was counter balanced across animals.

Optogenetic activation and inactivation

For optogenetic activation, only diestrous females were used. The estrous state of the Cckar^{ChR2} or Cckar^{GFP} females were determined based on vaginal cytology. For optogenetic inactivation, only fully receptive estrous females were used. The estrous female was tested briefly (<2 min) with a sexually experienced male to ensure her behavioral receptivity.

Before each testing session, a 200- μ m patch cord was coupled to the implanted fiber assembly with a ceramic split sleeve (Thorlabs, ADAL1-5). The patch cord was connected to a 473-nm blue laser (Shanghai Dream Lasers Technology, SDL-473-100MFL). A custom written TDT circuit was used to generate TTL pulses to control the laser output and synchronize it with the behavior video. The circuit also generated a constant TTL signal to drive an LED indicator when the light pulse or sham light was delivered.

To test the effect of optogenetic activation of VMHvl^{Cckar} cells on female sexual behavior, we manually triggered the light when the male attempted to mount the diestrous female. Each light stimulation lasted for 20 seconds (3 mW, 20 ms, 20 Hz) and was interleaved with sham (0 mW) trial. We collected \sim 10 stimulation and \sim 10 sham trials during each recording session from each animal. To test the effect of optogenetic activation on maternal aggression, we delivered the light and sham light to the lactation females (P3 to P6) as soon as she initiated attack toward a juvenile male mouse (P15-P25). To collect sufficient attack trials, we replaced the juvenile if the test female ceased attack after several minutes of interaction. All the pups were removed right before the test. To test the effect of optogenetic activation on female investigation toward a juvenile, we delivered the light and sham light to the diestrous test female when she investigated a juvenile male mouse (P15-P25) for \sim 2 seconds. To test the effect of the optogenetic inactivation on female sexual behavior, we manually triggered the light when the male successfully mount the estrous female. Each light stimulation lasted for 10 seconds (5 mW, continuous light) and was interleaved with sham (0 mW) light delivery.

To quantify the instantaneous change in sexual behaviors induced by the light, we calculated frame-by-frame sexual behavior score (SBS) as following. For female sexual behaviors, a frame that was annotated as lordosis was assigned a value of 2, wiggle as 1 and other behaviors as 0. For male sexual behaviors, we assigned intromission frame as 3, mount as 2, attempt mount as 1 and others as 0. PSTHs of SBS aligned to the onset of light or sham stimulation was then constructed for each animal and then averaged across animals.

Animal body tracking

The behavior was recorded using a top-view camera and the location of the animal was tracked and analyzed using custom-written Matlab code (<https://github.com/pdollar/toolbox>) (Lin et al., 2011).

Fiber photometry

Virgin Cckar^{Cre} females aged 8–15 weeks were used for surgery and the recording started four weeks after surgery. Estrous and diestrous states were determined by vaginal cytology. For females that were first recorded during estrus, we ensured that the male did not achieve ejaculation during the recording. For those females, once the recording under diestrus was completed, the females were recorded again during estrus and the male was allowed to achieve ejaculation. For all analysis in Figures 6E–6Q, the recordings under estrus and diestrus were spaced for no more than 4 days. After a female was ejaculated, it was kept in the animal facility and checked daily. The first day when pups were found was counted as postpartum day 1 (P1). Behavioral tests in the lactating state were conducted on P3 to P6. Among the 9 recording animals with correct VMHvll targeting, two failed to become pregnant and, thus, their data during lactation were not available. Of note, during our fiber photometry recording, Cckar^{Cre} C57 lactating females rarely attacked adult intruders and, thus, the cell responses to males in lactating females were unrelated to maternal aggression.

The optical recording setup was a modified version described in previous studies (Falkner et al., 2016; Kim et al., 2016; Sych et al., 2019). Briefly, blue LED light (Thorlabs, M470F1, LEDD1B) was bandpass filtered (Semrock, FF02-472/30-25), reflected on a dichroic filter (Semrock, FF495-Di03-25x36), and coupled into a custom designed 100- μ m fiber bundle (Doric Lenses) through an Olympus PLN 10x objective (Edmunds, Stock #86-813). Emission light was bandpass filtered (Semrock, FF01-535/50) and projected onto the CCD sensor of a camera (Basler, acA640-120gc) via an achromatic doublet (Thorlabs, AC254-060-A-ML). The LED was driven by DC current, and the light intensity at the tip of the fiber was set to be ~ 30 μ W. The sampling rate of the camera was 25 frames/s.

During each recording day, female was first left alone in home cage for 5 minutes, then a sexually experienced mounter was introduced for 20 min or until male achieved ejaculation. An adult female, a juvenile male (P15–P25), and a pup (P1–P7) was then introduced sequentially, each for 10 minutes except pup, which was for 5 minutes, with a 5-minute break in between. We recorded the top-view and side-view of behavior and the Ca²⁺ signal from the optic fiber end using three synchronized cameras (acA640-120gc GigE camera) at 25 Hz frame rate using Streampix 8 (Norpix inc). Timestamps of each video frame were recorded and checked offline to ensure synchronization. In cases where frames were skipped or jittered, time stamps were used to realign the videos to ensure that corresponding frames from all camera were collected within 40 ms.

After video acquisition, we selected regions of interest (ROI) encompassing the optic fiber end and calculated the mean fluorescence value of all pixels within the ROI as the raw Ca²⁺ signal for each frame. The Matlab function “msbackadj” with a moving window of 25% of the total recording duration was then applied to the raw signal to obtain the instantaneous baseline signal. The instantaneous $\Delta F/F$ was then calculated as $(F_{\text{raw}} - F_{\text{baseline}})/F_{\text{baseline}}$. Then, for each animal, we obtained the normalized $\Delta F/F$ by dividing the $\Delta F/F$ in each frame by the maximum $\Delta F/F$ across all the recording days. The normalized $\Delta F/F$ ranged from 0–1 for each animal and was used for all subsequent plotting and statistical analysis. The peak $\Delta F/F$ was calculated as the maximum normalized $\Delta F/F$ during a behavior. The change in $\Delta F/F$ during a behavior was calculated as the peak (if the signal was upward) or the trough if the signal was downward, of the normalized $\Delta F/F$ 0 to 2 s after the behavior onset, minus the mean normalized $\Delta F/F$ -3 to -1 s preceding the behavior. For Figure 6S4, each value was calculated as the mean normalized $\Delta F/F$ of all episodes of a behavior for each animal. The entry peak $\Delta F/F$ for each stimulus was calculated as the maximum normalized $\Delta F/F$ between 0 and 60 s after the stimulus introduction. The sustained $\Delta F/F$ was calculated as the average normalized $\Delta F/F$ from 60 s to 600 s after the male introduction for Figure 6G or from 60 s to 300 s after introduction of various stimulus for Figures S15D–S15F.

To quantify the frequency and magnitude of spontaneous Ca²⁺ transients when female was alone in her home cage, we identified all the peaks and preceding troughs in the recorded traces (normalized $\Delta F/F$) using Matlab function “findpeaks”. The difference between each pair of trough and peak was calculated as the magnitude of a transient. Transients with magnitude above $1.5 \times$ standard deviation of the whole trace were included for analysis.

To better control the stimulus, we also performed fiber photometry recording on headfixed animals. In short, we head fixed the recording female using a 3D-printed head ring and placed it on a running wheel (Osborne and Dudman, 2014). The stimulus animal was anesthetized with ketamine (100 mg/kg) and xylazine (10 mg/kg) and placed onto a movable plastic board. When the board was moved to its ending position, the nose point of the stimulus animal was approximately 0.5 cm away from the nose point of the recording animal. Four stimuli were presented to the recording mouse: a sexually experienced adult male mouse, a adult female mouse, a male juvenile and a mouse-shaped cotton toy. Each stimulus was presented for 10 seconds, with 50 seconds interval, for 5 times. For each animal, the recording was performed when the female was in diestrus, estrus, and lactation. The $\Delta F/F$ of all recording sessions of each animal was divided by the maximum $\Delta F/F$ across sessions of that animal to obtain the normalized $\Delta F/F$ ranging from 0 to 1. Male preference index was calculated as the peak $\Delta F/F$ during male presentation divided by the sum of all stimuli (male+female+juvenile). We recorded 10-s ultrasound vocalization (USV) at a sampling rate of 250 kHz when a male investigated a female and played the USV, either alone or together with the presentation of an anesthetized adult male, to the head-fixed recording female (Avisoft-RECORDER USGH). The speaker (Avisoft-UltraSoundGate 116H) was placed 2 cm away from the mouse ear. The anesthetized male, USV, and USV+ male were presented in an interleaved order for 10 times each. Each stimulus presentation lasted for 10 seconds, with 50 seconds in between. Given that the Ca²⁺ response during the first male presentation

was typically much higher than the rest, we introduced the male for an extra time prior to the 10 repeats, i.e. male was presented for 11 times, and excluded the first male presentation from the final analysis.

Slice electrophysiology

Female Cckar^{Cre};Ai9;Esr1^{ZsGreen} triple heterozygote mice were used for *in vitro* slice electrophysiological recording. Before slice preparation, the estrous state of the female was determined based on vaginal smear. Then, the mice were anesthetized with isoflurane, underwent transcardial perfusion with 20 ml ice-cold cutting solution containing (in mM): 110 choline chloride, 25 NaHCO₃, 2.5 KCl, 7 MgCl₂, 0.5 CaCl₂, 1.25 NaH₂PO₄, 25 glucose, 11.6 ascorbic acid and 3.1 pyruvic acid. Brains were removed and submerged in ice-cold cutting solution, coronal sections of 275 μ m at the level of VMH were cut on a Leica VT1200s vibratome and incubated in artificial cerebral spinal fluid (ACSF) containing (in mM): 125 NaCl, 2.5 KCl, 1.25 NaH₂PO₄, 25 NaHCO₃, 1 MgCl₂, 2 CaCl₂ and 11 glucoses at 34°C for 30 min and then transferred to room temperature for cell recovery until the start of recording.

The recorded cells were visualized using an upright microscope (Olympus BX51WI) and were deemed to be within the VMHvII. The cells expressed either both ZsGreen and tdTomato (VMHvII^{Cckar+Esr1+}) or ZsGreen but not tdTomato (VMHvII^{Cckar-Esr1+}). All recordings were acquired from the dense Cckar+Esr1+ cluster in the VMHvII between Bregma level -1.70 to -1.94 mm. The VMHvII^{Cckar-Esr1+} were intermingled with VMHvII^{Cckar+Esr1+} cells. Of note, because virtually all VMHvII tdTomato expressing cells are ZsGreen positive, VMHvII^{Cckar} cells are equivalent to VMHvII^{Cckar+Esr1+} cells. To explore cell firing properties, cell-attached and whole-cell patch-clamp current clamp recordings were made using glass electrodes (2–5 M Ω) containing (in mM): 145 K-gluconate, 2 MgCl₂, 2 Na₂ATP, 10 HEPES, 0.2 EGTA (286 mOsm, pH 7.2) without changing the pipette (Chieng et al., 2011). Upon gigaohm formation, the cell was held at -70 mV and data acquisition started, typically within one minute after completing cell-attached recording. For whole-cell mode, the action potential frequency was measured by calculating the number of the action potentials in a 500-ms-long depolarizing current step in current-clamp mode. The current step consisted of a series of sweeps from -20 pA to 500 pA, with a 20 pA step. The resting membrane potential was defined as membrane potential measured when no current was injected and within 30 seconds after membrane break in. Input resistance was determined by applying a small negative current step, presumably eliciting no or very limited opening of voltage-gated ion channels and dividing the measured ΔV by the injected current. We excluded 4 VMHvII^{Cckar+Esr1+} cells in estrus and 6 VMHvII^{Cckar-Esr1+} cells in estrus, 4 VMHvII^{Cckar-Esr1+} cells in diestrus, and 4 VMHvII^{Cckar-Esr1+} cells in lactation in Figure S16, due to the high spontaneous firing of those cells.

The whole-cell voltage recording of sEPSCs and sIPSCs was made using glass electrodes containing (in mM): 135 CsMeSO₃, 10 HEPES, 1 EGTA, 3.3 QX-314 (chloride salt), 4 Mg-ATP, 0.3 Na-GTP and 8 sodium phosphocreatine (pH 7.3 adjusted with CsOH). sEPSCs were sampled at the reversal potential of Cl⁻ (V_{hold} = -70 mV) and sIPSCs were sampled at the reversal potential of fast excitatory neurotransmission (V_{hold} = 0 mV). To quantify the frequency and amplitude of sEPSCs and sIPSCs, we measured all the peaks and its preceding troughs with custom written Matlab code, and using the peak time to represent the time of each event and the difference between the peak and its preceding trough as its amplitude. Traces were low pass filtered at 2 kHz, and the baseline was adjusted to be flat in Clampfit before analysis, the threshold for event detection was 5 pA for sEPSCs and 10 pA for sIPSCs.

Series resistance (less than 20 M Ω) was compensated by 80% and monitored periodically during the experiment with Multiclamp 700B amplifier (Molecular Devices, Sunnyvale, CA, USA). Signals were recorded using MultiClamp 700B amplifier, digitized by DigiData1550B with a sampling rate of 20 kHz (Molecular Devices, USA). Electrophysiological data were analyzed using Clampfit (Molecular Devices, RRID: SCR_011323) or Matlab (Mathworks, RRID: SCR_001622).

QUANTIFICATION AND STATISTICAL ANALYSIS

All plots and graphs were edited in Adobe Illustrator (Adobe, RRID: SCR_010279) for the final publication. All statistical analysis were performed using MATLAB (Mathworks, RRID: SCR_001622) or Prism 9 (GraphPad Software, RRID: SCR_002798). All statistical analyses were two-tailed. If there were missing values, a mixed-effects model was implemented. Parametric tests, including paired t test, unpaired t test and One-way ANOVA were used if distributions passed Shapiro-Wilk tests for normality (except One-way ANOVA with missing values and Two-way ANOVA, which data distribution was assumed to be normal, but was not formally tested), or else a nonparametric test was used if distributions were not normally distributed. Statistical significance between two groups was determined using paired or unpaired student's t test based on whether the data were paired or not. Difference between one group and a hypothetical value was determined using one sample test (normal data) or one sample Wilcoxon signed-rank test (non-normal data). For more than two groups repeated tests, statistical significances were determined using RM One-way ANOVA followed with Tukey's multiple comparisons test (normal data) or Friedman test with Dunn's multiple comparisons test (non-normal data). For more than two independent non-matching groups, statistical significances were determined using One-way ANOVA followed with Tukey's multiple comparisons test (normal data) or Kruskal-Wallis test with Dunn's multiple comparisons test (non-normal data). Differences between two groups were determined using Two-way ANOVA followed with Sidak's multiple comparisons test. Difference between more than two groups were determined using Two-way ANOVA followed with Tukey's multiple comparisons test. All p values < 0.1 were indicated on the figures. *p < 0.05; **p < 0.01; ***p < 0.001; ****p < 0.0001. For detailed number of animals or cells for each plot and statistical results, see figure legends and Data S1.