

1 **Hypothalamic Representation of Aggressiveness across Mouse Strains**

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12

13 **Summary**

14 Aggression is an innate behavior conserved across species, serving as a critical means to
15 compete for food, mating opportunities, and other essential resources. A central question in
16 aggression research is the extent to which inter-individual variability in aggression is shaped by
17 genetic factors. Here, we examine aggressive behaviors in naïve male mice across seven
18 genetically defined strains and find large cross-strain differences. We find a tight correlation
19 between aggressiveness and anxiety levels across strains, but not within the same strain,
20 suggesting strong genetic control of both traits. Pharmacologically elevating anxiety in high-
21 aggression strains reduces aggression, revealing a causal relationship between these behaviors.
22 We further demonstrate that differences in the synaptic and cellular properties of neurons in the
23 ventrolateral ventromedial hypothalamus (VMHvl) largely account for cross-strain variability in
24 male aggression, and that chemogenetically increasing VMHvl excitability enhances attack
25 behavior in a low-aggression strain. Together, these findings reveal the neuronal implementation
26 of the genetic control of innate aggression level.

27

28 **Introduction**

29 Aggression is an innate social behavior observed across a wide range of vertebrate and
30 invertebrate species. It is an essential means of competing for resources, defending territory, and
31 protecting oneself and one's family. Given its critical role in survival, aggression is supported by
32 developmentally hardwired circuits, ensuring its expression without learning¹. Despite being
33 innate, aggression differs drastically across individuals. In humans, some individuals actively seek
34 the opportunity to fight, while others avoid any aggressive encounters^{2,3}. Similar variability is
35 observed in non-human primates⁴, mice⁵⁻⁷, rats^{8,9}, and many other species¹⁰⁻¹⁴. Why does
36 aggression have such a large cross-individual variability? Considerable evidence supports the
37 important roles of experiential factors, such as winning, losing, and childhood adversity, in
38 influencing aggression. For example, repeated winning increases the readiness to attack¹⁵,
39 whereas defeat has the opposite effect^{16,17}. Early life adversity often leads to increased
40 aggression during adulthood¹⁸⁻²⁰.

41 In addition to experiential factors, aggression level is also influenced by genetics. For
42 example, mutation of monoamine oxidase A (MAOA), the enzyme needed to degrade
43 monoamines, leads to hyper-aggression in males in both humans²¹ and mice²². Similarly,
44 knocking out DAT, a dopamine transporter, leads to increased dopamine and exaggerated

45 aggression²³. Beyond specific gene mutations, twin studies estimate that approximately 50% of
46 the variance in aggression can be explained by genetics²⁴. In mice, it has long been recognized
47 that wildtype animals with different genetic backgrounds, i.e., strain, show different aggression
48 levels²⁵⁻³⁰. In fact, aggression researchers often take advantage of the different aggression levels
49 across strains to stage fights with desired fighting outcomes^{15,31,32}. Furthermore, researchers
50 cross transgenic mice, e.g., Cre lines, with wildtype mice of high-aggression strains to increase
51 the aggression level of the offspring³³. These results suggest that aggression is determined
52 collectively by “nature” and “nurture.”

53 Genetics presumably influences behaviors by altering the behavior-supporting neural
54 circuits. To understand how genetically controlled aggression level is implemented neuronally, we
55 first characterized aggressive behaviors of naïve males across seven commonly used laboratory
56 mouse strains and examined their relationship with other emotional traits and neuroendocrine
57 factors. We then examined the neural activation patterns in response to aggression-provoking
58 cues across strains and found strain-specific responses of the ventrolateral part of the
59 ventromedial hypothalamus (VMHvl), an indispensable region for driving attack^{34,35}. Lastly, we
60 examined VMHvl cell physiological properties across strains using in vitro patch-clamp recording
61 and examined the causal relationship between VMHvl cell properties and aggression level.

62

63 **Results**

64 **Different aggression levels across mouse strains**

65 To investigate the genetic control of aggressive behaviors in wildtype animals, we performed inter-
66 male resident-intruder tests (RI) using mice from seven commonly used laboratory strains,
67 including CD-1 (CD1), Swiss Webster (SW), FVB, DBA/2 (DBA), C57BL/6 (C57), BALB/c (BC),
68 and 129/SV-E (129) (**Fig. 1a**). All mice were purchased from Charles River, arrived around 6-8
69 weeks old and group-housed until 8 weeks old. They were then single-housed for two weeks
70 before the RI test. At the time of the test, all subject animals were 10 weeks old. During the test,
71 we introduced a group-housed male intruder (BC intruders for all strains except for BC; C57
72 intruders for BC) into the home cage of the test mouse for 10 minutes (**Fig. 1b**). The intruders
73 were group-housed and previously defeated and never initiated attacks towards the resident test
74 mice throughout the study. **Figure 1c** shows the investigation and attack events during the RI
75 tests of three representative mice of each strain: the second-most, middle, and second-least
76 aggressive mice.

77 Upon intruder introduction, all animals quickly investigated the intruder with the exception
78 of one SW mouse that initiated rapid and sustained attacks, leaving little opportunity for
79 investigation (**Fig. 1d-e**). Across strains, DBA and BC mice investigated the intruder the most,
80 spending on average 3-4 minutes investigating and initiating investigatory bouts more frequently
81 compared to other strains (**Fig. 1f, g**). C57 mice investigated the intruder for a bit over 2 minutes,
82 while CD1, SW, and FVB spent 1-2 minutes investigating (**Fig. 1f, g**). 129 is a clear outlier: all
83 129 animals investigated the intruder for less than 1 minute with an average investigation duration
84 of approximately 30 seconds (**Fig. 1f, g**). The duration of individual investigation bouts was
85 comparable across strains. (**Fig. 1h**)

86 After bouts of investigation, most animals attacked the intruder, although the probability
87 of attacking varied markedly across the strains (**Fig. 1i**). CD1 and SW mice showed consistent
88 aggression. 15/17 CD1 and 15/16 SW mice attacked the intruder (**Fig. 1i**). Most CD1 and SW
89 mice initiated attack within 3 minutes and attacked for more than 60 seconds (**Fig. 1j, k**). SW
90 attacked more frequently, while CD1 mice tended to have less frequent but longer attack bouts
91 (**Fig. 1l, m**). In contrast, DBA, BC, and 129 showed minimal aggression. Only ~30% of animals
92 in these three strains attacked at all (**Fig. 1i**). For DBA, BC, and 129 animals that did attack, the
93 attack duration was generally low, typically comprising several brief bouts (**Fig. 1c, k-m**), and the
94 attack latency was variable (**Fig. 1j**). With regard to C57 and FVB, the majority of the animals
95 (~75%) attacked the intruder, and the attack duration averaged around 40s, although there was
96 a high variability among individuals (**Fig. 1i-m**). Notably, the summation of attack duration and
97 investigation duration, a measurement of overall social engagement, is relatively comparable
98 across strains, with the obvious exception of 129, which is significantly lower than all other strains
99 (**Fig. 1n**). These results suggest that the exceptionally low aggression of 129 mice may partly
100 stem from its low social interest or high social anxiety.

101 Based on the percentage of animals that attacked the intruder, average attack latency and
102 duration of each strain, we found that these seven strains of mice can be clustered into three
103 distinct groups using the elbow method (**Supplementary Figure 1a**). Hierarchical clustering and
104 k-means clustering further revealed high (CD1 and SW), moderate (C57 and FVB), and low (DBA,
105 129, and BC) aggression groups (**Figure 1o, Supplementary Figure 1b**). Animals in these
106 groups differed significantly in their probability of attack, attack latency, duration, and frequency
107 (**Fig. 1o-s**). Animals in high- and moderate-aggression strains exhibited longer attack bouts
108 compared to those in low-aggression strains (**Fig. 1t**).

109 The body weight differed across these 7 strains (**Supplementary Fig. 2a**). CD1 and SW
110 mice were similar in weight and heavier than all other strains. FVB mice were lighter than CD1
111 and SW but heavier than the remaining strains, whereas C57, BC, DBA, and 129 mice did not
112 differ significantly from one another in body weight. Across strains, body weight is positively
113 correlated with aggression level: the most aggressive strains, CD1 and SW, are also the heaviest
114 (**Supplementary Fig. 2b**). However, within each strain, body weight is not correlated with
115 aggression level (**Supplementary Fig. 2c, d**). In other words, heavier animals are not necessarily
116 more aggressive than lighter animals of the same genetic background.

117 The body weight of BC and C57 adult intruders is lower than that of CD1 and SW residents
118 but similar to or slightly higher than that of residents from other strains (**Supplementary Figure**
119 **2a**). Because CD1 and SW showed the highest level of aggression and were the only strains
120 significantly heavier than the intruders, this raised the possibility that aggression level varies with
121 the relative size of the intruder and resident. To test this, we compared the aggression level of
122 C57, BC, and 129 males towards three different intruders: juvenile males, size-matched, group-
123 housed, same-strain adult males, and our standard male intruders. The juvenile intruders were
124 substantially smaller and lighter (mean \pm standard error (SEM): 13.56 ± 0.54 g, $n = 12$) than all
125 adult residents, regardless of strain (**Supplementary Fig. 2b**). However, we observed no
126 significant difference in aggression toward the different types of intruders in the three tested
127 strains (**Supplementary Fig. 2e-s**). For example, among 129 male residents, 4/12 (33%)
128 attacked adult BC male intruders, 4/10 (40%) attacked adult 129 male intruders, and 2/10 (20%)
129 attacked juvenile intruders (**Supplementary Fig. 2p**). These results indicate that in our study,
130 aggression level is determined largely by intrinsic aggressiveness rather than by the size of the
131 intruder.

132 Female aggression in mice varies with reproductive states: it is low during the virgin state
133 and high during lactation³⁶. Nevertheless, variation in aggression level across strains has also
134 been reported^{36,37}. To investigate the consistency of inter-strain differences in aggression
135 between sexes, we performed RI tests using single-housed, virgin SW and C57 female residents
136 exposed to juvenile BC male intruders (**Supplementary Fig. 3**). Consistent with the results in
137 males, a higher proportion (6/10) of SW females attacked the intruder than C57 females (2/10)
138 did (**Supplementary Fig. 3b**). For SW females that initiated attack, the attack latency was
139 relatively short (< 3 minutes), while the attack duration was variable, ranging from a few seconds
140 to one minute (**Supplementary Fig. 3c-3f**). In contrast, the two aggressive C57 females only

141 attacked briefly (<2s) (**Supplementary Fig. 3d**). These findings indicate that cross-strain
142 differences in aggression are largely preserved between sexes.

143

144 **Anxiety and aggression are negatively correlated across strains**

145 Anxiety is an emotional trait linked to the genetic background of an individual³⁸. Consistent with
146 previous reports³⁹⁻⁴¹, we found that anxiety levels differ dramatically among the seven strains of
147 test mice, as reflected by their performance in the light-dark box (LDB) and open field test (OFT)
148 (**Fig. 2a, m**). In the LDB test, nearly all CD1, SW, and FVB mice entered the light chamber within
149 the first minute and spent over one-third of their time actively exploring it (**Fig. 2b-e**). C57 mice
150 behaved more variably: some entered the light chamber quickly (<60s), while others did not enter
151 for over 400s (**Fig. 2c**). Once entered, C57 mice moved along the chamber and spent on average
152 15% of time in the light chamber during the session (**Fig. 2a, e**). All DBA mice entered the light
153 chamber with a relatively long latency (mean \pm SEM: 375 \pm 43 s) and often quickly retreated to
154 the dark chamber without exploring the entire light chamber (**Fig. 2a, c**). 2/11 BC mice never
155 entered the light chamber (**Fig. 2b**). For animals that entered, the latency was surprisingly short
156 (<60s), and some animals spent over 80% of their time in the light chamber (**Fig. 2c, e**). However,
157 a closer look at the behavior revealed that BC mice often stayed along the light chamber wall with
158 little movement, likely reflecting a high anxiety level (**Fig. 2a, f**). Only 2/12 129 mice ever entered
159 the light chamber, suggesting their high anxiety phenotype⁴² (**Fig. 2b**). Most 129 mice spent the
160 entire time in one corner of the dark chamber (**Fig. 2a, b, d, e**).

161 The animals' performance in the OFT is generally consistent with theirs in LDB (**Fig. 2m-**
162 **r**). CD1, SW, and FVB mice moved in the arena extensively, repeatedly passing the center zone
163 (**Fig. 2m-r**). In comparison, C57 mice traveled a bit less but also entered the center zone many
164 times (**Fig. 2o**). DBA and BC moved along the edges of the arena but rarely entered the center
165 zone, while 129 mice spent most time hugging the wall (**Fig. 2m-r**). Overall, DBA, BC, and 129
166 mice spent significantly less time in the center zone compared to other strains, suggesting their
167 higher anxiety level (**Fig. 2p**).

168 For 5 strains, including CD1, SW, C57, BC and 129, we also assessed their anxiety level
169 using elevated plus maze (EPM) (**Supplementary Fig. 4**). Consistent with the LDB and OFT
170 results, CD1 and SW mice showed the lowest anxiety level: all animals entered the open arms
171 almost immediately and repeatedly, and all but one animal walked all the way to the edge of the
172 open arm (**Supplementary Fig. 4a-g**). Similarly, all C57 males entered the open arm, although

173 with a slightly longer latency than CD1, and spent on average approximately one minute in the
174 open arm (**Supplementary Fig. 4a-g**). While 9/10 BC entered the open arm, only 3/10 reached
175 the edge, and the entry latency tends to be longer (**Supplementary Fig. 4a-g**). Lastly, for 129
176 mice, 4/10 entered the open arm and only one walked to the far end (**Supplementary Fig. 4a-g**).

177 The strain difference in anxiety was also observed in virgin female mice (**Supplementary**
178 **Fig. 3g-x**). Compared to C57 females, SW females exhibited more frequent and prolonged visits
179 to the light compartment in the LDB, as well as increased entries into and time spent in the open
180 arms of the EPM (**Supplementary Fig. 3g-r**). In contrast, performance in the OFT, including total
181 distance traveled, center entries, and percentage of time in center did not differ significantly
182 between SW and C57 females (**Supplementary Fig. 3s-x**). This pattern mirrors observations in
183 males, where SW and C57 differ in LDB and EPM but not OFT (**Fig. 2 and Supplementary Fig.**
184 **4**). This likely reflects the lower sensitivity of the OFT as an anxiety assay, as its readouts are
185 strongly influenced by locomotor and exploratory drives⁴³.

186 Anxiety has been shown to influence aggression, although the direction of influence
187 remains controversial⁴⁴⁻⁴⁸. We next examined the relationship between anxiety- and aggression-
188 related parameters across strains and found a clear relationship (**Fig. 2g, j, s, v**). For example,
189 the latency to attack an intruder is significantly positively correlated with the latency to enter the
190 light box: the faster the animal attacks, the sooner it enters the light box, i.e., less anxious (**Fig.**
191 **2g**). Similarly, the attack duration is significantly positively correlated with percentage of time in
192 center (**Fig. 2v**). Indeed, across LDB, OFT, and EPM, anxiety-related parameters are significantly
193 correlated with male aggression-related parameters consistently (**Fig. 2g, j, s, v, Supplementary**
194 **Fig. 4h, k**). Although the limited number of female strains examined in the study precludes
195 correlation analysis, the more aggressive SW females showed lower anxiety than less aggressive
196 C57 females, supporting an inverse relationship between anxiety and aggression in both sexes
197 (**Supplementary Fig. 3y-dd**).

198 The levels of anxiety and aggression also varied among individuals within a strain, likely
199 reflecting individual-specific life experiences. We therefore asked whether these two traits remain
200 correlated among animals with the same genetic background. Correlation analyses of anxiety-
201 and aggression-related parameters within each of the seven strains failed to reveal a consistent
202 relationship (**Supplementary Figs. 5–7**). Although a statistically significant correlation between
203 certain pairs of parameters in certain strains was detected in a couple of cases, e.g., latency to
204 attack and latency to enter the light box of CD1 mice, the correlation could be either positive or
205 negative (**Supplementary Figs. 5a1, 5a3, 5a4, 5b2, 5f4, 5h4, 6a4, 6b3, 6c3, 6g4, 6h2, 7b1**).

206 To further assess the relationship between anxiety and aggression independently of
207 genetic background, we z-scored each animal's aggression- and anxiety-related parameters
208 relative to the mean and standard deviation of its own strain. These normalized values, therefore,
209 reflect each animal's relative aggression and anxiety levels compared to others with the same
210 genetic background. We then examined the relationship between strain-normalized aggression
211 and anxiety across individuals from all seven strains and found no significant correlation for any
212 pair of parameters (**Fig. 2h, k, t, w**). Consistent with this, when animals were divided into relatively
213 high- and low-aggression groups based on whether their aggression level was above or below
214 the strain mean, the two groups did not differ in strain-normalized anxiety levels (**Fig. 2i, l, u, x**).
215 These results suggest that anxiety and aggression are influenced by overlapping genetic factors,
216 whereas the within-strain variation captured in our study, whether experiential or genetic (e.g.
217 epigenetic or spontaneous mutation), is not sufficient to produce a consistent correlation between
218 the two traits.

219 Because performance in anxiety assays is largely based on movement, we next sought to
220 separate the contributions of anxiety-related behavior and general locomotion to strain differences
221 in aggression. We examined animal's locomotion in its home cage, which reflects animal's
222 spontaneous mobility in a low-anxiety state (**Supplementary Fig. 8a**). Although animals of some
223 strains (e.g. DBA and CD1) showed higher spontaneous homecage locomotion than other strains
224 (e.g. 129 and FVB), there is no significant correlation between home cage locomotion and
225 aggression level (**Supplementary Fig. 8b-h**). This contrasts with the significant correlation
226 between aggression and locomotion-dependent anxiety measures, such as distance travelled in
227 the OFT and the number of light-box entries in the LDB, suggesting that these correlations do not
228 simply reflect strain differences in locomotion (**Fig. 2j, s**). Furthermore, in a combined regression
229 model ($\text{Aggression} = \beta_0 + \beta_1 \text{Anxiety} + \beta_2 \text{Mobility} + \epsilon$), when anxiety was quantified as percentage
230 of time in OFT center and mobility as home-cage locomotion, the anxiety measure remained a
231 significant predictor of aggression ($\beta_1 = 0.875$, $p = 0.008$) after controlling for mobility. In contrast,
232 locomotor activity did not ($\beta_2 = 0.142$, $p = 0.476$). A similar pattern was observed when anxiety
233 was quantified as light-box entry number in the LDB ($\beta_1 = 0.865$, $p = 0.038$; $\beta_2 = 0.031$, $p = 0.917$).
234 The relationship between anxiety and aggression independent of mobility can be visualized by
235 plotting the residual aggression after regressing out home-cage locomotion against anxiety-
236 related measures. In this analysis, residual aggression remained significantly correlated with OFT
237 percentage of time in center and LDB light-box entry number (**Supplementary Fig. 8i, j**). These

238 results suggest that the association between anxiety and aggression cannot be explained simply
239 by differences in general locomotor activity across strains.

240 To functionally investigate the link between anxiety and aggression, we i.p. injected
241 Yohimbine (YO), an α 2-adrenergic receptor antagonist and a potent anxiogenic agent⁴⁹, into CD1
242 mice to examine its potential influence on aggression (**Supplementary Fig. 9a**). Consistent with
243 the anxiogenic effect of YO, YO-injected CD1 mice significantly altered their behaviors in the LDB
244 (**Supplementary Fig. 9b**). All mice spent significantly less time in the light chamber after YO
245 injection compared to saline injection (**Supplementary Fig. 9c-f**). Importantly, the maximal
246 movement velocity did not change, suggesting locomotion was not compromised
247 (**Supplementary Fig. 9g**). Strikingly, aggression was nearly abolished after YO injection
248 (**Supplementary Fig. 9h-m**). While saline-injected CD1 residents attacked the BC intruders
249 quickly and repeatedly, only 3/5 males attacked the intruder briefly (<2s) after YO injection
250 (**Supplementary Fig. 9i-s**). Together, these results suggest anxiety and aggression are tightly
251 and inversely linked to each other.

252

253 **Relationship between aggression and corticosterone**

254 Corticosterone (CORT) is widely known as the “stress hormone” as it is released under stressful
255 situations through activation of the hypothalamic-pituitary-adrenal (HPA) axis. Given the tight
256 correlation between baseline anxiety and aggression, we asked whether CORT is predictive of
257 aggression level. To measure CORT, we collected urine samples of unstressed mice one week
258 before the RI test and performed ELISA (**Fig. 1b**). We found that CORT levels differed significantly
259 across strains: FVB and DBA mice had the lowest CORT levels; BC mice had the highest level;
260 CD1, SW, C57, and 129 mice had intermediate levels (**Fig. 3a**). However, these differences in
261 CORT did not align with the observed strain differences in aggression. We found no correlation
262 between CORT level and attack latency or attack duration across strains (**Fig. 3b, e**). Indeed,
263 DBA, 129 and BC, the three low-aggression strains, showed the second lowest, intermediate and
264 highest CORT levels (**Fig. 3a**). Furthermore, no strain showed a significant correlation between
265 individual CORT levels and aggression (**Supplementary Fig. 10a1-g1, a2-g2**). When combining
266 all the strains, we did not find a correlation between strain-normalized CORT level and aggression
267 level (**Fig. 3c, f**). In other words, the relative CORT level of an animal among all animals of the
268 same strain does not predict the relative aggression level of the animal within the strain. High-

269 aggression and low-aggression individuals within strains had comparable CORT levels (**Fig. 3d,**
270 **g**).

271 Given that anxiety and aggression are tightly linked, the lack of correlation between CORT
272 and aggression suggests that baseline CORT may not be a good indicator of anxiety levels in
273 unstressed animals. Consistent with this prediction, we found no significant correlation between
274 CORT levels and LBD or OFT performance across strains or individuals (**Supplementary Fig.**
275 **11**).

276

277 **Relationship between aggression and Major Urinary Protein**

278 Major urinary proteins (MUPs) are a family of proteins secreted by the liver. They bind
279 pheromones and are important for individual recognition and social communication⁵⁰. In our
280 recent study focusing on C57 mice, we found that the MUP level is higher in future aggressive
281 mice than in non-aggressive mice¹⁵. Other studies have shown that the MUP level is higher in
282 dominant than in subordinate CD1 mice⁵⁰. Thus, we asked whether MUP concentration can
283 predict the aggression level of animals across strains and individuals. As MUP constitutes 90%
284 of all urinary proteins⁵¹, we measured the total urinary protein level normalized by the creatinine
285 level as an approximation of MUP concentration. As in the case of CORT, urinary protein was
286 measured in urine collected from naïve animals one week before RI tests (**Fig. 1b**).

287 MUP levels varied significantly among strains: DBA and CD1 show the low MUP
288 concentration, whereas FVB, BC and 129 mice show high levels (**Fig. 3h**). Across strains, MUP
289 level and attack duration or latency were uncorrelated (**Fig. 3i, l**). However, correlational analysis
290 between MUP and aggression across individuals of the same strain revealed a significant positive
291 relationship or a trend in this direction in the majority of strains (**Supplementary Fig. 10a3-g3,**
292 **a4-g4**). When combining all strains, we found a positive correlation between strain-normalized
293 aggression and MUP levels across individuals (**Fig. 3j, m**). High-aggression (> strain average)
294 animals showed higher MUP levels than low-aggression (< strain average) animals of the same
295 strain (**Fig. 3k, n**). Thus, while the MUP level in each strain is likely controlled by strain-specific
296 metabolism unrelated to aggression, the MUP level is predictive of future aggression levels in
297 naïve animals with the same genetic background.

298

299 **Differential activation of the aggression circuit across strains**

300 Aggression is generated and modulated by several interconnected nuclei^{1,52}, including
301 posterodorsal medial amygdala (MeApd)^{53,54}, posteroventral MeA (MeApv)⁵⁵, principal nucleus of
302 the bed nucleus of the stria terminalis (BNSTpr)^{56,57}, posterior amygdala (PA)^{58,59}, posterolateral
303 cortical amygdala (CoApl)⁶⁰, dorsal and ventral parts of lateral septum (LSd and LSv)⁶¹⁻⁶⁴, medial
304 preoptic area (MPOA)⁶⁵, anterior hypothalamus (AHN)^{66,67}, ventrolateral part of the ventromedial
305 hypothalamus (VMHvl)^{35,68,69}, PMv⁷⁰⁻⁷², and periaqueductal gray (PAG)⁷³. The difference in
306 aggressive behaviors across strains is presumably due to the differential responses of the
307 aggression circuit to the male intruder. Based on this rationale, we evaluated the responses of
308 the aggression circuit to a cupped male mouse in low (129), middle (C57), and high (SW)
309 aggression strains using c-Fos, an immediate early gene across the limbic system
310 (**Supplementary Table 2**). We used a cupped animal as the stimulus to minimize variability
311 arising from differences in aggressive interactions and the rewarding effects of winning³². In
312 control C57 mice, we introduced an empty cup into their home cage (**Fig. 4a**).

313 VMHvl showed the largest inter-strain differences in c-Fos expression (**Fig. 4b**).
314 Specifically, posterior VMHvl (pVMHvl) expressed c-Fos differentially across strains: highest in
315 SW mice, followed by C57 mice, and the lowest in 129 mice. In contrast, c-Fos level in the anterior
316 VMHvl (aVMHvl) was similar across strains and unelevated in comparison to control mice (**Fig.**
317 **4b, d, e**). This is consistent with previous studies showing that aVMHvl is critical for social defense,
318 while the pVMHvl is for aggression^{31,74}. Tuberal nucleus (TU), a region lateral to pVMHvl, provides
319 GABAergic input to the pVMHvl cells⁷⁵. A trend of increase in TU c-Fos was observed in all strains
320 with no clear strain difference (**Fig. 4g**). Other VMHvl neighboring regions, including the anterior
321 VMH (aVMH) and the dorsomedial and central parts of the VMH (VMHdm/c), showed no increase
322 in c-Fos expression regardless of the strain (**Fig. 4c and f**).

323 Beyond the VMHvl, c-Fos also showed a significant increase in the MeApd and PMv after
324 exposure to a cupped male mouse, although there is no strain difference (**Supplementary Fig.**
325 **12a6-c6, a8-c8**). None of the other analyzed regions showed a significant increase in c-Fos
326 expression after intruder exposure compared with control animals (**Supplementary Fig. 12**).
327 DAPI quantification showed no significant difference in the number of cells across strains in the
328 analyzed regions (**Supplementary Fig. 13**).

329 We further asked whether the VMHvl contributes to strain-dependent differences in
330 aggression in virgin females by examining VMHvl c-Fos expression after SW and C57 females
331 were exposed to a cupped juvenile male mouse for 15 minutes (**Supplementary Fig. 14a**). For
332 analysis, we subdivided the VMHvl into medial (VMHvlm) and lateral (VMHvll) regions, as

333 VMHvlm is preferentially implicated in female aggression^{36,37}. In contrast to males, however, we
334 did not observe significant differences in c-Fos expression level in the posterior VMHvlm between
335 SW and C57 females (**Supplementary Fig. 14b, f**). Notably, both strains exhibited low levels of
336 c-Fos expression following exposure to cupped juveniles, comparable to male 129 mice and
337 substantially lower than male C57 and SW mice (**Fig. 3e, Supplementary Fig. 14f**). Other VMHvl
338 regions also did not show a significant difference in c-Fos expression between SW and C57
339 (**Supplementary Fig. 14c, d, e, g, h**). These results suggest that differences in VMHvl activity
340 may contribute more to aggression variability across strains in males than in females.

341

342 **Physiological properties of VMHvl cells differ across strains**

343 We wonder whether the strain differences in pVMHvl cell responses to male intruders can be
344 explained by the physiological properties of the cells. To test this possibility, we performed whole-
345 cell patch-clamp recordings of pVMHvl cells in naïve, single-housed male mice of the SW, C57,
346 and 129 strains. To identify the pVMHvl on the brain slice, we injected red retrobeads into the
347 MPOA, a region known to receive dense projections from the pVMHvl^{74,76} (**Fig. 5a**). One week
348 after retrobeads injection, we recorded cells in the pVMHvl, identified based on both anatomical
349 landmarks and fluorescent labeling (**Fig. 5b**).

350 pVMHvl cells in SW, C57, and 129 mice did not differ in their input resistance, although
351 cells in 129 showed more depolarized resting membrane potential (RMP) and cells in SW mice
352 showed lower rheobase (**Fig. 5d-f**). Frequency-current (F-I) curves revealed significant
353 differences in the intrinsic excitability of cells across mouse strains (**Fig. 5g, h**). SW pVMHvl cells
354 could reach a significantly higher maximum firing rate in comparison to cells in C57 and 129, while
355 the maximum firing rate of pVMHvl cells in C57 and 129 mice was comparable (**Fig. 5g, h**). We
356 further examined the spike waveforms using phase plots (**Fig. 5i, j**), and found that the maximum
357 depolarization rate of pVMHvl cells differed significantly across strains: the highest in SW,
358 moderate in C57, and the lowest in 129, suggesting potential sodium current differences (**Fig. 5k**).
359 We also found the maximum repolarization rate was higher in SW than C57 and 129, suggesting
360 different potassium current levels (**Fig. 5l**). The threshold voltage to fire action potentials did not
361 differ across strains, while the peak voltage of action potentials was lower in 129 mice than in C57
362 and SW mice (**Fig. 5m, n**). The half-width of spikes was narrower in SW mice than in C57 and
363 129 mice, consistent with the higher firing rates of cells in SW mice (**Fig. 5o**).

364 We next compared spontaneous excitatory and inhibitory postsynaptic currents (sEPSCs
365 and sIPSCs) in pVMHvl cells across strains using voltage-clamp recordings (**Fig. 5p, q**).
366 Interestingly, we observed that sIPSC amplitudes were higher in 129 mice than in SW and C57
367 mice, whereas sEPSC frequencies in 129 mice tended to be lower (**Fig. 5r-v**). 2/18 pVMHvl cells
368 in 129 mice received no detectable spontaneous excitatory inputs during the recorded period (40s
369 in total), while no cells in C57 and SW mice exhibited the same phenotype (**Fig. 5r, s**). Overall,
370 the excitation–inhibition (E/I) ratio of pVMHvl cells in 129 mice was significantly lower than that in
371 C57 and SW mice (**Fig. 5v**). These results suggest that pVMHvl cells in 129 mice receive lower
372 excitatory drive and higher tonic inhibition than C57 and SW mice, consistent with overall
373 dampened responses of pVMHvl cells to aggression-provoking cues and minimal aggressive
374 behaviors in 129 males.

375 We further compared the intrinsic and synaptic properties of VMHvlm neurons between
376 SW and C57 females (**Supplementary Fig. 15**). To label VMHvlm neurons, we injected CTB-
377 Alexa 488 retrograde tracer into the MPOA, which labels both pVMHvlm and pVMHvll populations,
378 and red retrobeads into the anteroventral periventricular nucleus (AVPV), which preferentially
379 labels pVMHvlm neurons^{37,77} (**Supplementary Fig. 15a**). During patch-clamp recordings, we
380 targeted both CTB-Alexa 488 labeled and unlabeled cells within the pVMHvlm region (green
381 positive and red negative) (**Supplementary Fig. 15a, b**). Consistent with the c-Fos results, we
382 observed no significant differences in intrinsic properties of the cells between SW and C57
383 pVMHvlm neurons, including input resistance, resting membrane potential, rheobase, F–I
384 relationships, and maximal firing rates (**Supplementary Fig. 15c, e-i**). Interestingly, however,
385 spike waveform differed between strains: C57 neurons exhibited faster depolarization and
386 repolarization rate and consequently narrower spike widths, while the peak spike amplitude and
387 spiking threshold were similar between the two strains (**Supplementary Fig. 15j-p**). Because
388 spike width can influence presynaptic Ca²⁺ entry, the difference in spike width suggests that
389 pVMHvlm neurons in SW females may exert stronger downstream synaptic drive despite similar
390 firing rates. We also examined synaptic inputs onto pVMHvlm neurons using voltage-clamp
391 recording and detected no significant differences in sEPSC or sIPSC frequency or amplitude, as
392 well as E/I ratio between SW and C57 females (**Supplementary Fig. 15d, q-u**).

393 When comparing between sexes, pVMHvlm neurons in females exhibited lower intrinsic
394 excitability than males, particularly in SW mice, in which male pVMHvl neurons are highly
395 excitable (**Supplementary Fig. 16a-j, p-y**). With regard to synaptic inputs, regardless of strains,
396 female pVMHvlm cells generally received lower-amplitude sEPSC and sIPSC than male pVMHvl
397 cells and the E/I ratio also tended to be lower in females (**Supplementary Fig. 16k-o, z-dd**).

398 Together, these findings suggest that strain- and sex-dependent tuning of pVMHvl excitability and
399 synaptic inputs could contribute to variability in aggressive behaviors across individuals.

400

401 **Chemogenetical activation of pVMHvl cells increases aggression in low-aggression strain**

402 To address whether the difference in pVMHvl cell excitability is causally linked to the different
403 aggression levels across strains, we chemogenetically activated pVMHvl neurons by injecting a
404 retrograde virus (AAVrg-Cre) into the MPOA and a Cre-dependent AAV expressing hM3Dq-
405 mCherry into the VMHvl of 129 male mice (**Fig. 6a, b**). Notably, activation of hM3Dq engages Gq
406 signaling, leading to PLC activation, increased intracellular Ca^{2+} , and suppression of K^+
407 conductance (e.g., M-current), thereby enhancing neuronal excitability and approximating the
408 physiological properties of pVMHvl neurons observed in more aggressive strains⁷⁸. Histology
409 analysis showed that 86.6% of retrogradely labeled mCherry+ cells express *Esr1*, a molecular
410 marker of the aggression-relevant population in the VMHvl (**Fig. 6c, d**)⁶⁸.

411 Three weeks after virus injection, we i.p. injected saline and CNO on separate days in a
412 counter-balanced order. To avoid the winner effect¹⁵, we waited for over a week for the second RI
413 test if the animal attacked the intruder during the first test. We observed a significant increase in
414 aggression in 129 mice following CNO administration compared to saline injection (**Fig. 6e-i**).
415 After saline injection, 5/10 mice attacked a BC male intruder, whereas 8/10 mice did so following
416 CNO injection(**Fig. 6e, f**). CNO-treated mice also exhibited significantly shorter attack latency,
417 more frequent attacks, and longer total attack duration (**Fig. 6g-i**). In contrast, no differences in
418 aggression were observed in mCherry control animals following saline or CNO injection (**Fig. 6j-**
419 **n**). These results, along with previous chemogenetic activation experiments in C57 mice⁷⁹,
420 demonstrate that the excitability of pVMHvl neurons contributes causally to the aggression level
421 of the animals.

422

423 **Discussion**

424 Here, we demonstrated that the aggression levels of naïve male mice differ widely depending on
425 the animals' genetic background. The strain-specific aggression level aligns with the strain-
426 specific pVMHvl cell responses to aggression-provoking cues, which can be attributed to the cell's
427 intrinsic properties and synaptic inputs. Furthermore, we found an inverse relationship between
428 innate aggression and baseline anxiety level across strains and a positive correlation between
429 aggression and urinary protein levels across individuals of the same genetic background.

430

431 **Neural mechanisms determining the innate aggressiveness**

432 In 1942, two studies examined inter-male aggression across three mouse strains, including C57,
433 C3H, and C albino, demonstrating for the first time the potential genetic influences on aggressive
434 behaviors^{29,30}. Since then, multiple rodent studies using over 10 different strains confirmed that
435 an animal's aggressiveness is tightly linked to its genetic background^{25-28,80}. Our behavioral results
436 are broadly consistent with these earlier studies, showing that certain mouse strains, such as CD1,
437 are highly aggressive⁸⁰, whereas others, such as DBA, exhibit minimal aggression²⁶, suggesting
438 that strain-dependent differences in baseline aggression are reproducible across cohorts and
439 across studies. One exception is BALB/c strain, which reportedly showed high aggression in
440 earlier studies^{30,81}, while we found that the aggression level of BALB/c male mice is low. This
441 discrepancy may be due to the significant differences in aggression levels across BALB/c sub-
442 strains^{82,83}. Our BALB/c mice, purchased from Charles River, have been bred separately from
443 those available from the Jackson Laboratory since 1932.

444 It is worth noting that although CD1 and SW are outbred mice, and the other five strains
445 are inbred, we did not find higher individual variability in CD1 and SW mice than in the inbred
446 strains. This is consistent with a previous study comparing various social behaviors between CD1
447 and C57BL/6J⁸⁰. The low variability across individuals in outbred strains likely reflects the fact that
448 these strains were established from a small number of founder mice captured in the same region.
449 These founder mice likely had relatively similar aggression levels, as aggression is under the
450 pressure of sexual selection, which is strongly influenced by resource availability in the habitat⁸⁴.

451 After recognizing a clear link between aggression and genetics decades ago, follow-up
452 research focused mainly on identifying genes that can influence aggression. By comparing the
453 genomic landscapes of high- and low-aggression strains, several quantitative trait loci (QTL) that
454 may affect aggressiveness have been reported^{26,27,81}, although pinpointing the genes causally
455 linked to aggression has been challenging. Meanwhile, numerous knockout studies revealed
456 dozens of genes that could alter aggression⁸⁵, including MAOA, the famous "warrior gene"⁸⁶.
457 These genetic studies clearly demonstrate that aggression is a complex behavior modulated by
458 many genetic factors.

459 Genes must modulate behaviors through the neural circuit driving the behavior. How the
460 genetic variability across strains translates to the neural circuit difference to influence aggression
461 has been largely unexplored. Here, our c-Fos mapping revealed that responses of the pVMHvl to

462 an intruder, but not responses of any other analyzed brain regions, correlate with the strain's
463 aggression level. pVMHvl is a key node for inter-male aggression^{34,35}. In male mice, pVMHvl is
464 activated by aggression-provoking cues, e.g., pheromones from male conspecifics, and is the first
465 to increase activity among aggression-related brain regions⁸⁷. When pVMHvl is artificially
466 activated, it can drive the animal to attack within seconds³⁵. Thus, pVMHvl is a critical site for
467 detecting aggression-provoking social cues and authorizing attacks. As the pVMHvl responses to
468 aggression-provoking cues increase, the probability of attack initiation increases.

469 What are the underlying mechanisms that cause the pVMHvl cells to respond differently
470 across strains? The answers appear to lie in both cellular and synaptic variations. Between C57
471 and SW animals, we found that the excitability of pVMHvl cells in SW males is significantly higher
472 than that in C57, explaining the higher intruder responses in SW than in C57 mice. Between C57
473 and 129, the pVMHvl cell excitability does not differ. However, pVMHvl cells in 129 mice receive
474 less frequent excitatory synaptic inputs and stronger inhibitory inputs, likely contributing to the
475 muted responses of 129 mice to intruder cues.

476 Intriguingly, our recent study revealed that pVMHvl cells in C57 male mice increase
477 excitability and responses to male intruders after repeated winning (≥ 5 days)¹⁵. We speculate
478 that the genetic background of the animal could determine the initial set point of the aggression
479 circuit. In strains of mice with a low starting point, the winning experience could enhance the
480 aggression circuit by making it more “high aggression strain” like. These data suggest that genetic
481 and experiential factors may utilize the same synaptic and cellular mechanisms to modify the
482 input-output relationship of the behavioral circuit, thereby altering the behavioral output. The
483 convergence of “nature” and “nurture” influences at the neural level is likely not specific to the
484 aggression circuit. In our recent study, we found that the different tendencies of C57 and SW
485 virgin female mice in expressing infanticide can be attributed to the difference in the excitability of
486 BNSTp^{Esr1} cells, a key population that drives pup-attack⁸⁸. During motherhood, BNSTp^{Esr1} cell
487 excitability in SW females decreases to suppress infanticide and enable maternal care⁸⁸.

488

489 **Relationship between anxiety and aggression**

490 In our study, we identified an inverse relationship between innate aggression and anxiety in naïve
491 male mice. High-aggression strains, such as CD1 and SW, exhibited the lowest anxiety-like
492 behavior in the open field and light–dark box tests, whereas low-aggression strains, such as
493 BALB/c, 129, and DBA, exhibited the highest anxiety. This finding is consistent with our recent

494 study showing that repeated winning increases aggression while reducing anxiety-like behavior,
495 as measured in the light–dark box and novelty-suppressed feeding assays¹⁵. Our results in
496 females further support an inverse relationship between anxiety and aggression: naïve SW
497 females, which are more aggressive than C57 females, also displayed lower anxiety. Previous
498 studies similarly showed that during lactation, female aggression increases while anxiety
499 decreases⁸⁹.

500 Our findings are also consistent with several earlier studies in high- and low-aggression
501 strains of mice^{44,45} and rats⁴⁶. For example, the Turku aggressive (TA) and non-aggressive (TNA)
502 lines are SW-derived mouse lines selectively bred in Turku, Finland, for high and low levels of
503 aggression⁹⁰. In multiple anxiety-related tests, aggressive TA mice were found to be less anxious
504 and more active than the non-aggressive TNA line⁴⁵. However, other studies have reported that
505 aggression and anxiety are positively correlated⁴⁷ or uncorrelated⁴⁸. For example, NC900 and
506 NC100 are ICR-based mouse lines, closely related to CD1, that were selectively bred in North
507 Carolina for high and low aggression⁹¹. In both the OF and LDB tests, the high-aggression NC900
508 line displayed higher anxiety than the low-aggression NC100 line⁹². In another study, rats were
509 selectively bred for extremely high- or low-anxiety phenotypes, and aggression changed
510 concurrently despite not being under direct selection. Intriguingly, both the high-anxiety and low-
511 anxiety lines were more aggressive than unselected controls⁹³. Together, these findings indicate
512 that anxiety and aggression are closely linked, although the nature of their relationship is complex
513 and may depend on genetic background and selection history.

514 What mechanisms underlie the co-variation between anxiety and aggression? Because
515 these traits are correlated across strains, they are likely influenced, at least in part, by shared
516 genetic factors. Indeed, both aggression and anxiety are regulated by monoaminergic signaling,
517 including dopamine, norepinephrine, and serotonin. Genes that affect these systems, such as
518 *Drd2*, *Maoa*, *Comt*, and *Slc6a4* (5-HTT), have been shown to alter both anxiety-like and
519 aggressive behaviors^{94,95}. Thus, neural circuits controlling aggression and anxiety may be shaped
520 by common neuromodulatory systems. Consistent with this idea, we found that pharmacologically
521 increasing anxiety by antagonizing $\alpha 2$ -adrenergic receptors virtually abolished aggression in
522 highly aggressive SW mice.

523 Additionally, anxiety-promoting regions may directly and tonically suppress the
524 aggression circuit. Several brain regions implicated in anxiety and fear, including the LSv and
525 AHN, are predominantly GABAergic⁹⁶⁻⁹⁸ and send dense projections to key aggression-promoting
526 nodes such as the VMHvl⁷⁶. Inhibiting LS elevates aggression, while optogenetic activation of the

527 LS to VMHvl pathway is sufficient to terminate attack acutely⁷⁶. In high-anxiety animals, elevated
528 baseline activity in these regions may impose sustained inhibitory tone onto aggression-related
529 circuits. Consistent with this possibility, VMHvl neurons in 129 male mice exhibit higher sIPSC
530 amplitudes than those in SW and C57 males.

531 It is worth noting that the observed difference in VMHvl excitability between SW and C57
532 mice is unlikely to account for the differences in anxiety between the two strains. In our recent
533 study, experimentally increasing VMHvl excitability robustly elevated aggression without altering
534 anxiety-like behavior¹⁵.

535 Taken together, these findings suggest that aggression and anxiety covary through at least
536 two mechanisms: (1) shared genetic influences—particularly those regulating neuromodulatory
537 systems—that shape the function of both anxiety- and aggression-related circuits; and (2) strong
538 inhibitory projections from anxiety-promoting regions onto the aggression circuit, enabling
539 elevated anxiety states to suppress aggressive behavior.

540

541 **Relationship between CORT, MUP and aggression**

542 Although anxiety and aggression are highly correlated across strains, we did not find a clear
543 relationship between baseline CORT level and aggression or anxiety-like behaviors. CORT level
544 varies across strains but does not track the strain's aggression or anxiety levels in any obvious
545 way. This result is consistent with twin studies in humans, which have shown that hair cortisol
546 concentration has a high heritability (72%), indicating that it is genetically determined. However,
547 it has no apparent correlation with hypothalamic-pituitary-adrenal (HPA) axis activity, responses
548 to stress, or depressive symptoms⁹⁹. Indeed, although CORT is best known as a stress hormone,
549 its primary function is to control metabolic rate by promoting gluconeogenesis in the liver.
550 Numerous studies have shown that CORT levels alter with factors expected to affect energy
551 expenditure, such as seasons¹⁰⁰, time of day¹⁰¹, and brood size¹⁰². One study in zebrafish
552 measured CORT levels when the animals increased energy expenditure in response to various
553 stressors and non-stressors, and concluded that CORT is better explained by variation in
554 metabolic rates than by stress¹⁰³. Other studies have examined the acute and chronic effects of
555 exercise on CORT and found that both induce an increase in CORT¹⁰⁴. Thus, while CORT clearly
556 increases during acute stress to prepare the body for energy-demanding motor responses, it is
557 not a specific stress indicator, as its level could be affected by many stress-unrelated factors. This
558 may explain the poor correlation between the baseline CORT level and anxiety or aggression.

559 Despite the absence of a simple linear relationship between CORT and aggression in our
560 study, CORT is still likely to modulate aggressive behavior. Previous studies have shown that
561 chronic CORT elevation suppresses aggression across species¹⁰⁵⁻¹⁰⁸ and in group-living animals,
562 less aggressive subordinate individuals consistently exhibit higher baseline CORT levels than
563 dominant, more aggressive animals¹⁰⁹⁻¹¹². Consistent with this, we found that strains with high
564 baseline CORT, including BC and 129, display low levels of aggression. However, DBA mice,
565 which exhibit low baseline CORT, are also minimally aggressive. Together, these findings suggest
566 that while elevated CORT may constrain aggression, low baseline CORT does not guarantee high
567 aggression.

568 Notably, CORT is dynamically regulated and increases acutely under challenging
569 conditions. Prior studies in humans and rats have reported acute CORT elevations during
570 aggressive encounters, and artificial CORT injection can facilitate attack initiation¹¹³⁻¹¹⁵. However,
571 our previous study in mice found minimal activation of PVN CRH neurons during aggression¹¹⁶,
572 highlighting potential species differences. Nevertheless, it remains possible that acute CORT
573 responses to stressors, which were not measured here, are better correlated with aggression.

574 We found that MUP levels are uncorrelated with aggression across strains. This is not
575 unexpected, as MUPs are synthesized by hepatocytes in the liver, and the genetic determinants
576 of hepatic transcriptional activity are unlikely to substantially overlap with those governing neural
577 circuits of aggression. Thus, although MUP levels vary robustly across strains, this variation
578 appears independent of aggression. Interestingly, however, within the same strain, MUP levels
579 positively correlated with aggression across individuals. This finding is consistent with our recent
580 study in C57 male mice, showing that MUP levels not only predict future aggression in naïve
581 animals but also increase in repeated winners that exhibit heightened aggression¹⁵. The positive
582 relationship between MUP levels and individual aggressiveness likely reflects shared endocrine
583 regulation. In particular, MUP synthesis is influenced by growth hormone and testosterone, both
584 of which also strongly modulate aggressive behavior. For example, castration reduces aggression,
585 whereas testosterone replacement restores it¹¹⁷, and growth hormone–releasing hormone (GHRH)
586 knockout mice exhibit reduced aggression that is rescued by growth hormone administration¹¹⁸.
587 Together, these findings suggest that, when genetic background is controlled, MUP levels can
588 track individual variation in aggression, potentially through their shared neuroendocrine
589 modulators.

590 Altogether, our study provides new insights into the neural implementation of genetic
591 control of aggression, highlighting the critical role of intrinsic cell properties in determining

592 behavioral traits in naïve animals. Our study also supports a tight link between anxiety and
593 aggression, likely reflecting interactions of the underlying circuits or their shared modulatory
594 mechanisms.

595

596 **Methods**

597 **Mice**

598 All procedures were approved by the NYULMC Institutional Animal Care and Use Committee
599 (IACUC) in compliance with the National Institutes of Health (NIH) Guidelines for the Care and
600 Use of Laboratory Animals. Mice were housed under a 12-hour light-dark cycle (dark cycle: 10
601 am to 10 pm), with food and water available *ad libitum*. Room temperature was maintained
602 between 20–22 °C and humidity between 30–70%, with a daily average of approximately 45%.
603 Experimental animals included adult wildtype CD-1 (Strain No. 022), Swiss Webster (Strain No.
604 551), FVB (Strain No. 559 or 021), C57BL/6 (Strain No. 027), DBA/2 (Strain No. 026), 129/SV-E
605 (Strain No. 476), and BALB/c (Strain No. 028) male mice, all purchased directly from Charles
606 River. They were 6-8 weeks old when they arrived at NYULMC. Upon arrival, the test mice were
607 group housed until 8 weeks old, and single housed afterward. Intruder mice for the resident-
608 intruder (RI) tests were group-housed adult male BALB/c, C57BL/6, and 129 mice (>8 weeks old,
609 ~25 g), as well as BALB/c juvenile male mice (4-5 weeks, ~15 g). BALB/c and C57BL/6 intruders
610 were originally sourced from Charles River and then bred in-house. 129 intruder mice were
611 purchased from Charles River. For female experiments, female SW (Strain No. 024) and
612 C57/BL6N (Strain No. 027) mice were purchased from Charles River. They were 6 weeks old
613 when they arrived at NYULMC and were single-housed at 7 weeks. The behavioral tests were
614 conducted after one week of single housing. All behavioral experiments were conducted during
615 the animals' dark cycle.

616 Each experiment was conducted using 1–6 cohorts of animals, and data from different cohorts
617 were combined for the final analysis. Details regarding cohort numbers are provided in

618 **Supplementary Table 1.**

619 **Resident Intruder Test**

620 For the male resident intruder test, the test mice were single-housed resident mice. Intruder mice
621 were randomly selected from a group of 20–30 mice housed in groups of 4–5 per cage. We used
622 group-housed BC adult males as intruders for all strains except BC, for which group-housed C57
623 males were used. Group-housed BC intruders were chosen as our previous
624 studies^{15,35,58,61,63,73,74,87} showed that they rarely initiate attacks as intruders, thereby allowing the
625 resident to fully control the occurrence and intensity of aggressive interactions. To further reinforce
626 this submissive phenotype, we pre-defeated BC and C57 intruders by introducing them to a
627 separate cohort of single-housed SW or CD1 resident cages for at least 3 times, 10 minutes each
628 time. After the last defeat, the intruder rested for more than 2 days before being used in the
629 experiments. For resident intruder test towards the same-strain adult male or juvenile intruders,
630 the intruder mice were group-housed but not pre-defeated. For the female resident-intruder test,
631 a juvenile male BALB/c mouse was introduced into the test mouse's home cage for 10 min. The
632 juvenile intruders were not pre-defeated.

633 **Light Dark Box**

634 The light-dark test was performed using a previously reported method with minor modifications¹¹⁹.
635 The light-dark box consists of a starting dark box (W × L × H: 40 cm × 20 cm × 35 cm) and a light
636 box (W × L × H: 40 cm × 20 cm × 35 cm), separated by a divider with an opening door (Stoelting,
637 #63101). Mice were placed into the dark box at the start and allowed to move freely for 10 minutes.
638 The latency to enter the light box, the number of entries to the light box, the time spent in the light
639 box, and the duration of each entry were recorded and analyzed using the ANY-maze software
640 (Stoelting Co.). The illumination at the center of the light box was approximately 100 lux.

641 **Open Field Test**

642 The open field test was performed in a square arena (40 cm × 40 cm × 35 cm) (Stoelting, #60101)
643 following the previously described method¹²⁰. Each animal was introduced into the center of the
644 open field illuminated at approximately 150 lux. The center area was defined as the inner four
645 squares when the open field arena was divided into 16 equal squares.

646 **Elevated Plus Maze Test**

647 The elevated plus maze test was performed in a customized mouse elevated plus maze, which
648 consists of four arms (two open without walls and two enclosed by 15 cm high walls), 40 cm long
649 and 5 cm wide. Each arm of the maze is attached to sturdy metal legs such that it is elevated 30

650 cm off the table. Animals were placed at the junction of the open and closed arms and allowed to
651 freely explore the apparatus for 5 minutes.

652 **Home cage locomotion test**

653 We measured the animal's locomotion in its home cage without a lid for 3 minutes before the RI
654 test. Animals were pre-habituated to the recording room for more than 30 minutes before any
655 behavioral test. The cage lid, water bottle, and food were removed at least 5 min before the
656 intruder was introduced. Trajectories and total distance traveled during the pre-intruder habitation
657 period were analyzed using DeepLabCut v3.0¹²¹ and customized Python v3.11 script. The body
658 centroid was tracked, pixel coordinates were converted to centimeters using a 30-cm in-frame
659 calibration, low-confidence frames (likelihood ≤ 0.75) and implausible jumps (adjacent-frame
660 jumps > 10 cm) were interpolated, and the trajectory was lightly smoothed with a centered 5-
661 frame rolling mean. Home-cage locomotion (m/min) was computed as the mean instantaneous
662 speed across the entire recording period, including stationary frames.

663 **Behavioral recordings and analysis**

664 Animal behaviors were recorded from a top-down perspective using a Basler acA640-120um
665 camera and commercial video acquisition software (Norpix, StreamPix 8) in a semi-dark room
666 illuminated with infrared light, with the frame rate at 25 frames per second. For the RI tests, attack
667 was manually annotated frame-by-frame by an experienced observer. "Attack" was characterized
668 by a sequence of high-intensity actions directed toward the intruder, including pushing, lunging,
669 biting, tumbling, and episodes of rapid locomotion between these movements. Non-contact
670 chasing was not considered as "attack". An attack bout starts with the resident lunging towards
671 the intruder, often followed by biting on the intruder's back and tumbling, and ends when the two
672 animals separate, either because the resident walks away or the intruder escapes. Total attack
673 duration, attack bout duration and frequency, and latency to attack were analyzed using custom
674 MATLAB code (The MathWorks, Inc., 2023) based on the frame-by-frame manual annotation.
675 The duration of attack bout across all animals ranged from 0.2 to 24.28 s, with a mean duration
676 of 1.73 s.

677 For the LDB and OF tests, animal body centers were tracked using ANY-maze software.
678 In LDB, entry into the light box was defined as the tracked body center entering the light box area.
679 Immobility was defined as the absence of detectable movement of the body center for ≥ 2 s, even

680 if minor movements such as grooming were present. Total duration spent in the light box, number
681 of light box entries, and latency to the first entry were analyzed. Bout duration was calculated by
682 dividing the total time spent in the light compartment by the number of entries. Tracking data were
683 also used to generate the movement traces.

684 For the OF test, the open-field arena was divided into 16 equally sized squares (10×10 cm
685 each), with the central area defined as the innermost four squares and the periperial area as the
686 remaining 12 squares. Because the animal was initially placed in the center area, center entries
687 were counted only after the animal first exited the center and subsequently re-entered it. Center
688 entry was determined by the presence of the body center in the center area. Immobility was
689 defined as the animal remaining stationary, with no detectable movement (the minimal velocity is
690 1cm/s) of the body point for ≥ 2 s, even if minor movements such as grooming were present.
691 Mobile time in the arena was calculated as the total duration in the arena minus the immobile
692 duration. The total distance traveled was calculated as the accumulated displacement of the
693 tracked body center over the test duration, calculated using a smoothed path that corrects for
694 small tracking jitters. The percentage of time in center was calculated as
695 $\frac{Time(cenetr)}{Time(cenetr)+Time(periphery)} * 100\%$. All behavioral metrics were obtained using ANY-maze
696 software and customized MATLAB or Python codes.

697 For the strain-normalized values, we first calculated the strain mean (μ) and standard
698 deviation (σ) using values from all animals of the same strain. We then calculated the strain
699 normalized value (Z) for each animal (x) as: $Z = \frac{x - \mu}{\sigma}$.

700 Clustering analyses were performed on strain-level behavioral data using three aggression-
701 related features: percentage of animals exhibiting attacks, attack latency, and total attack duration.
702 Variables were z-scored before analysis. The optimal number of clusters was determined using
703 the elbow method based on the within-cluster sum of squares, which indicated $k = 3$. K-means
704 clustering was subsequently applied to group strains, and hierarchical clustering based on
705 Euclidean distance and agglomerative linkage was performed to visualize the resulting cluster
706 structure.

707 Partial regression analyses were conducted at the strain level ($n = 7$) to determine whether
708 anxiety-related behavioral measures predicted aggression while controlling for locomotor activity.
709 All variables were z-scored prior to analysis. Anxiety-related measures (LDB entry number and
710 percentage of time in center) and the aggression-related measure (total attack duration) were

711 each separately regressed against home-cage locomotor velocity, and the resulting residuals
712 were extracted and plotted with a least-squares regression line. Pearson correlations between
713 residuals were used to quantify partial correlations. Statistical significance was assessed using a
714 multiple linear regression model that included both anxiety-related measures and home-cage
715 locomotion as predictors. Regression coefficients were estimated using ordinary least-squares
716 fitting, and significance for each predictor was determined using two-tailed t-tests on the
717 corresponding regression coefficients based on their estimated standard errors within the full
718 model.

719 **Measure CORT and urinary protein**

720 To measure corticosterone and urinary protein levels, we collected urine from test animals
721 between 11:00 am and 12:00 pm, which is one to two hours after light off. During urine collection,
722 each animal was placed in a clean cage without any bedding material for 10 minutes. If the mouse
723 did not urinate on day 1, we repeated the same procedure on the following day. Mice that failed
724 to urinate on both days were excluded.

725 After urine collection, the samples were stored at -80 °C until use. The total protein and
726 creatinine levels were measured using QuantiChrom Protein Creatinine Ratio Assay Kit
727 (BioAssay Systems, #DPCR-100). The urinary protein-to-creatinine ratio was used as an
728 approximation of MUP level, given that MUP constitutes approximately 90% of all urinary
729 proteins⁵¹. Using the same urine sample, we measured the corticosterone concentration using an
730 ELISA Kit (Arbor Assays™, K014) according to the manufacturer's instructions. Briefly, samples
731 were loaded into the pre-coated plate with antibody and corticosterone-peroxidase conjugate.
732 After incubation for 1 hour on a high-speed shaker (600 rpm), the plate was washed four times,
733 and the substrate was added. Following a 30-minute incubation without shaking, the stop solution
734 was added, and optical absorbance was subsequently measured. Corticosterone concentrations
735 were quantified using a standard curve generated from samples of known concentrations and
736 were normalized to creatinine levels measured in the same urine samples to control for variation
737 in urine dilution.

738 **c-Fos analysis**

739 For c-Fos induction, all animals were directly purchased from Charles River at the age of 8 weeks.
740 After one week of single housing, male animals were exposed to a pre-defeated group-housed

741 Balb/c male mouse placed under a mental pencil cup for 15 minutes. Female mice were exposed
742 to a cupped juvenile Balb/c male intruder for 15 minutes. Control animals were presented with an
743 empty cup for 15 minutes.

744 Eighty minutes after the interactions, the animals were deeply anesthetized and perfused
745 with Phosphate-Buffered Saline (PBS), followed by 4% paraformaldehyde (PFA). After perfusion,
746 brains were harvested, post-fixed in 4% PFA overnight at 4°C, and then cryoprotected in 30%
747 (w/v) sucrose overnight until sunk at 4°C. The brains were then embedded in OCT compound and
748 sectioned into 50- μ m-thick slices using a CM1900 cryostat (Leica). Immunostaining for cFos was
749 performed using a guinea pig anti-cFos primary antibody (1:1000, Synaptic Systems #226 308),
750 followed by an Alexa Fluor 647-conjugated goat anti-guinea pig secondary antibody (1:1000,
751 Invitrogen A21450). Nuclear staining was achieved by including DAPI (1:20,000, Thermo Fisher,
752 D1306) in the secondary antibody staining solution. Fluorescence images were acquired using
753 an Olympus VS120 virtual slide scanner with identical imaging settings across all animals.

754 For quantification, the following brain regions were manually outlined bilaterally based on
755 DAPI staining, using anatomical landmarks defined in the Paxinos and Franklin Mouse Brain Atlas
756 and the Allen Brain Atlas: LSd (bregma AP: 0.75 to -0.05 mm), LSv (0.75 to -0.05 mm), BNSTpr
757 (-0.1 to -0.6 mm), MPOA (0.1 to -0.5 mm), AHN (-0.8 to -1.1 mm), PVN (-0.8 to -1.1 mm),
758 DMH (-1.4 to -2.0 mm), aVMH (-1.1 to -1.3 mm), aVMHvl (-1.3 to -1.6 mm), pVMHvl (-1.6 to
759 -1.9 mm), VMHdm/c (-1.3 to -1.9 mm), TU (-1.4 to -1.8 mm), MeApd (-1.4 to -1.8 mm), MeApv
760 (-1.4 to -1.8 mm), COApI (-1.5 to -2.0 mm), PMd (-2.4 to -2.6 mm), PMv (-2.4 to -2.6 mm), PA
761 (-2.2 to -2.8 mm), PAGd, PAGdl, PAGl, and PAGv (-3.55 to -4.2 m). The number of sections
762 stained and quantified for each region is listed in **Supplementary Table 2**. For 3 males of each
763 strain, we quantified every 4th section, and for 2 males of each strain and all females, we quantified
764 every other section. Five sections were excluded due to poor sectioning or staining quality. cFos-
765 positive cells and DAPI were counted using QuPath (v0.5.0) open-source software. Automatic
766 segmentation was performed using the following parameters across all images: requested pixel
767 size = 2 μ m, background radius = 8 μ m, median filter radius = 0 μ m, sigma = 1.5 μ m, intensity
768 threshold = 50, and cell expansion = 5 μ m. All images were analyzed under identical contrast
769 settings to ensure consistency in fluorescence signal detection.

770 **Stereotaxic surgery**

771 During the surgery, mice were anesthetized with 1-1.5% isoflurane and placed in a stereotactic
772 frame (Kopf Instruments, Model 1900). Stereotaxic injection coordinates were based on the
773 Paxinos and Franklin mouse brain atlas.

774 For visualizing pVMHvl in the male patch clamp experiment, we injected 100 nL/side of
775 red retrobeads (Lumafluor Inc, Red Retrobeads™ IX) into the MPOA bilaterally (AP: -0.30 mm,
776 ML: ±0.40 mm, DV: -5.00 mm) of 7-week-old wildtype mice through a glass capillary using a
777 nanoinjector (World Precision Instruments, Nanoliter 2000) at a speed of 20 nL/min. Retrobeads
778 were diluted 1:3 with ddH₂O according to the manufacturer's protocol before injections.

779 For visualizing pVMHvlm in female patch clamp experiment, we injected 100 nL/side of
780 CTB Alexa 488 (ThermoFisher Scientific, C34775) into the MPOA (AP: 0.31 mm, ML: ±0.30 mm,
781 DV: 4.95 mm) and red retrobeads (Lumafluor Inc, Red Retrobeads™ IX) into AVPV bilaterally (AP:
782 - 0.60 mm, ML: ±0.15 mm, DV: 4.90 mm) through a glass capillary using a nanoinjector (World
783 Precision Instruments, Nanoliter 2000) at a speed of 20 nL/min in 10-12 weeks old wildtype female
784 mice.

785 To chemogenetically activate VMHvl neurons in 129 male mice, we bilaterally injected 300
786 nL of a Cre-dependent hM3Dq virus (AAV2-hSyn-DIO-hM3D(Gq)-mCherry; Addgene #44361;
787 titer: 8.7×10^{12} vg/mL) or a control virus (AAV2-hSyn-DIO-mCherry; Addgene #50459; titer: $4.4 \times$
788 10^{12} vg/mL) into the VMHvl (AP -1.58 mm, ML ±0.775 mm, DV -5.65 mm). To restrict expression
789 to VMHvl neurons projecting to the MPOA, 200 nL of RetroAAV-EF1a-Cre (Addgene #55636) was
790 injected into the MPOA (AP -0.30 mm, ML ±0.40 mm, DV -5.00 mm) of 7-week-old wild-type
791 male 129 mice.

792

793 **Chemogenetic activation**

794 After surgery, animals were single-housed for three weeks. On the day of testing, the animals
795 were i.p. injected with either saline or (1 mg/kg) CNO. 6/10 animals received saline injection on
796 the first day, while the remaining 4 mice were injected with CNO first. 30 minutes after injection
797 (saline or CNO), a non-aggressive juvenile BALB/c male was introduced into the test male's home
798 cage for 10 minutes.

799 Following the experiment, mice were transcardially perfused with PBS followed by 4%
800 PFA. Brains were post-fixed (3–4 h, 4 °C), cryoprotected in 20% sucrose for 3-4 days, embedded

801 in OCT, and sectioned coronally at 50 μ m using a cryostat. Free-floating sections were blocked
802 in PBS-T (0.3% Triton X-100) with 10% normal donkey serum and incubated with primary antibody
803 against ESR1 (ESR1; rabbit anti-ESR1, 1:1,000, Invitrogen, PA1-309) at 4 °C overnight. The
804 sections were then washed with 0.3% PBST X 3 times and incubated with fluorescent secondary
805 antibodies (donkey anti-rabbit Alexa Fluor-conjugated, 1:1,000; Jackson ImmunoResearch) and
806 DAPI (1:1,000; Thermo Fisher Scientific) for 2 h at room temperature. Sections were mounted
807 onto APS adhesive slides (MATSUNAMI GLASS SUAPS19), coverslipped with glass coverslips,
808 and imaged using either a confocal microscope (Zeiss LSM series) or a slide-scanning system
809 (Olympus VS120) to verify viral expression and injection sites.

810 To quantify the percentage of mCherry-positive cells that were also ESR1-positive,
811 confocal z-stacks were maximum-intensity projected in ImageJ and imported into QuPath.
812 mCherry-positive cells were identified based on the mCherry and DAPI channels, while the ESR1
813 channel was initially hidden to minimize annotation bias. The ESR1 channel was then displayed
814 to classify each mCherry-positive cell as ESR1-positive or ESR1-negative. Two sections per
815 animal were quantified, and the resulting percentages were averaged to obtain one value per
816 animal.

817

818 **Pharmacological administration**

819 For the pharmacological manipulation experiment, single-housed adult male CD1 mice (12–13
820 weeks old) received intraperitoneal injections of yohimbine (YO, 2 mg/kg; Thermo Scientific,
821 141030050) or saline. All mice were first injected with saline and with YO 3 hours after the first
822 test. Thirty minutes after each injection, a non-aggressive adult BALB/c male was introduced into
823 the test male's home cage for 10 min to assess aggression in a resident-intruder test. To control
824 for potential effects of repeated RI testing on baseline aggression, a saline–saline group was
825 included and tested two weeks after the saline–YO condition. One week after the last resident-
826 intruder test, the same animals were tested in the LDB test after saline and YO injections on
827 separate days.

828 **Patch clamp slice recording**

829 Following retrobeads injection, mice were group-housed for 1 week to recover from surgery, then
830 single-housed for an additional week before slice electrophysiology. For in vitro whole-cell patch-
831 clamp recordings, mice were anesthetized with isoflurane and perfused with 15 mL oxygenated

832 ice-cold cutting solution containing (in mM) 110 choline chloride, 25 NaHCO₃, 2.5 KCl, 7 MgCl₂,
833 0.5 CaCl₂, 1.25 NaH₂PO₄, 25 glucose, 11.6 ascorbic acid, and 3.1 pyruvic acid. The coronal
834 pVMHvl brain sections (275 μm in thickness) were cut using the Leica VT1200s vibratome and
835 collected into the oxygenated artificial cerebrospinal fluid (ACSF) solution containing (in mM) 125
836 NaCl, 2.5 KCl, 1.25 NaH₂PO₄, 25 NaHCO₃, 1 MgCl₂, 2 CaCl₂, and 11 glucose at 32 °C. Then, the
837 sections were transferred to room temperature to incubate for at least 30 minutes until use. During
838 recordings, slices were perfused with oxygenated ACSF at a constant flow rate in a recording
839 chamber. Whole-cell patch-clamp recordings were performed using a MultiClamp 700B amplifier
840 (Molecular Devices), digitized at 20 kHz with a Digidata 1550B interface (Molecular Devices), and
841 acquired using Clampex 11.0 software (Axon Instruments). Data were analyzed using Clampfit
842 (Molecular Devices) and MATLAB R2023a. Only cells with input resistance > 200 MΩ, access
843 resistance (R_a) < 30 MΩ, and leak current within ±30 pA were included for analysis.

844 For current-clamp recordings, the internal pipette solution contained (in mM): 145 K-
845 gluconate, 2 MgCl₂, 2 Na₂ATP, 10 HEPES, and 0.2 EGTA (286 mOsm, pH 7.2). Cells were
846 subjected to a series of 500-ms current injections ranging from -20 pA to 270 pA in 10 pA
847 increments. Prior to analysis, raw electrophysiological traces were low-pass filtered using a
848 second-order Butterworth filter with a 1 kHz cutoff frequency to reduce high-frequency noise.
849 Spikes were detected using custom scripts in MATLAB R2023a with a threshold of 10 mV. The
850 rheobase was defined as the minimum current required to evoke an action potential. The resting
851 membrane potential was calculated as the average membrane potential during the 400-ms
852 baseline period of sweeps without spontaneous spiking. Input resistance was obtained from the
853 membrane test window following break-in (Clampex 11.0). The Input-Frequency (IF) curve was
854 constructed by counting action potentials at each current step, and the maximum spike number
855 per cell was defined as the highest spike count observed across all steps.

856 For each cell, an average spike waveform was generated by aligning and averaging the
857 first spike (detection threshold: 10 mV) across all depolarizing sweeps within a ±3 ms window
858 around the spike peak; sweeps without spikes were excluded. Strain-level spike waveforms were
859 then generated by averaging across cells of the strain, with the SEM shown as a shaded region.
860 Phase plots were constructed by calculating the first derivative (dV/dt) of the strain-averaged
861 waveform and plotting dV/dt against membrane potential (V), with SEM shading indicating across-
862 cell variability. The spike threshold was estimated using a second derivative phase plot method¹²²,
863 defined as the membrane potential at which d²V/dt² first exceeded 5% of its peak during the rising
864 phase, which captures the rapid acceleration of depolarization that marks the onset of spike

865 initiation. The maximum rate of rise was calculated as the maximum dV/dt within the spike window,
866 and the spike peak amplitude was defined as the maximum voltage within the spike window. The
867 rate of repolarization was determined as the most negative dV/dt following the spike peak,
868 representing the steepest repolarization slope. AP half-width was defined as the spike duration at
869 half-maximal amplitude (i.e., the midpoint between spike threshold and peak amplitude) and was
870 calculated as the time difference between the rising and falling phase crossings at this voltage
871 level, identified using linear interpolation. All spike waveform metrics were computed from the first
872 action potential evoked during each depolarizing current step and subsequently averaged for
873 each cell.

874 For voltage-clamp recordings of spontaneous excitatory and inhibitory postsynaptic
875 currents (sEPSCs and sIPSCs), the internal solution contained (in mM): 135 CsMeSO₃, 10
876 HEPES, 1 EGTA, 3.3 QX-314 (Cl⁻ salt), 4 MgATP, 0.3 NaGTP, and 8 sodium phosphocreatine
877 (pH 7.3, adjusted with CsOH). The membrane potential was held at -70 mV for sEPSC recordings
878 and at 0 mV for sIPSC recordings. The total recording was eight 5s-trials for either sEPSC or
879 sIPSC, and there was a 5s recording gap between adjacent trails. Both amplitude and frequency
880 of sEPSCs and sIPSCs were quantified using Clampfit (Molecular Devices). The E/I ratio was
881 calculated as:

882
$$ratio = \frac{sEPSC\ frequency \times sEPSC\ amplitude}{sIPSC\ frequency \times sIPSC\ amplitude}$$

883

884 **Statistics**

885 Fisher's exact test was used for comparing proportions. Pairwise group comparisons were
886 performed using two-sided tests on animal counts, with p-values adjusted for multiple
887 comparisons using the Benjamini–Hochberg false discovery rate (FDR) procedure (FDR = 0.05;
888 MATLAB mafdr, 'BHFDR', true). Data normality was assessed using the D'Agostino and Pearson
889 omnibus test. For comparison across two treatments in the same group, the paired t test was
890 used for normally distributed datasets while wilcoxon test was used for non-normally distributed
891 datasets. For comparison across two groups, the unpaired t test was used for normally distributed
892 datasets while Mann–Whitney U test was used for non-normally distributed datasets. For
893 comparisons across multiple groups, one-way ANOVA was used when all groups met normality

894 assumptions, while the Kruskal–Wallis test was applied for non-normally distributed data. Post
895 hoc pairwise comparisons were corrected for multiple testing using the two-stage step-up method
896 of Benjamini, Krieger, and Yekutieli to control the FDR. For I–F curves, group differences were
897 assessed using two-way ANOVA and two-way RM ANOVA tests, followed by a two-stage linear
898 step-up procedure of Benjamini, Krieger, and Yekutieli FDR correction (FDR = 0.05). Correlation
899 between variables was evaluated using Pearson’s correlation coefficient. Correlation coefficients
900 (r) and associated p-values were computed using the corr function in MATLAB R2023a. All other
901 analyses were performed using GraphPad Prism version 10.5.0 (673). See Supplementary Table
902 1 for statistical details.

903

904 **Data Availability**

905 Behavior annotations, raw representative histology images, optical absorbance data for urinary
906 protein and corticosterone assays, slice electrophysiology recording data will be deposited in a
907 public database before publication. Behavior videos and additional histology images are available
908 from the corresponding author upon reasonable request.

909

910 **Code Availability**

911 All MATLAB code used for analysis will be deposited in a public database and made accessible
912 before publication.

913

914 **Author Contributions**

915 D.L. conceived and supervised the project. D.L. and X.D. designed the experiments and co-wrote
916 the manuscript. X.D. performed most behavioral, c-Fos, and slice electrophysiological recording
917 experiments in males and conducted data analysis. Y.W. contributed to behavioral, functional
918 manipulation experiments and slice electrophysiology recording experiments. T.Y. performed
919 behavioral experiments, surgeries, and c-Fos experiments in female mice. M.G. conducted c-Fos,
920 functional manipulation experiments, and related analyses in male mice. E.R. performed
921 electrophysiological recordings in female animals. P.D. contributed to histology experiments. B.D.
922 and J.C. assisted with sample collection and pilot experiments.

923

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930

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Figure 1

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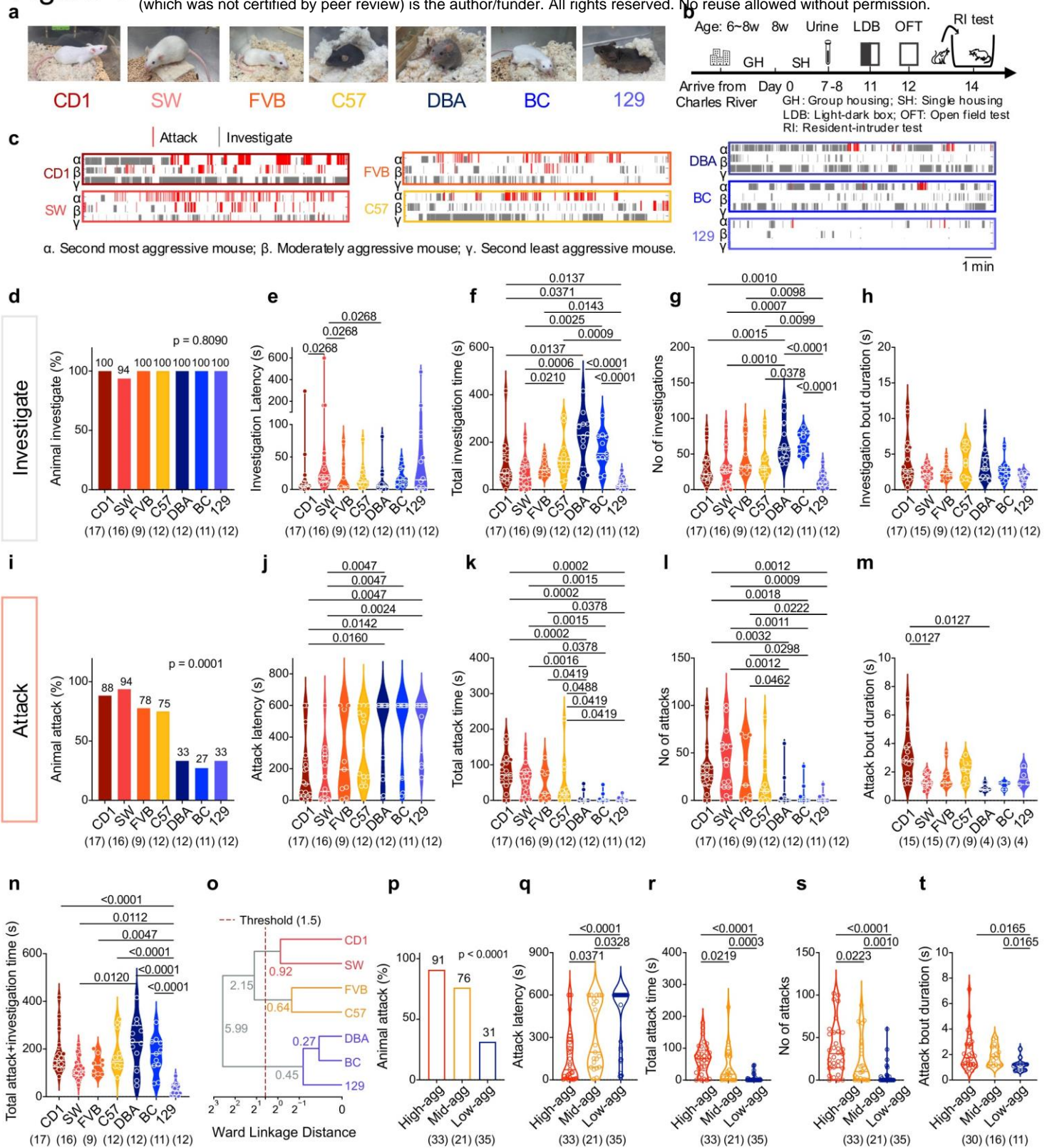


Figure 1. Male aggression levels of seven mouse strains.

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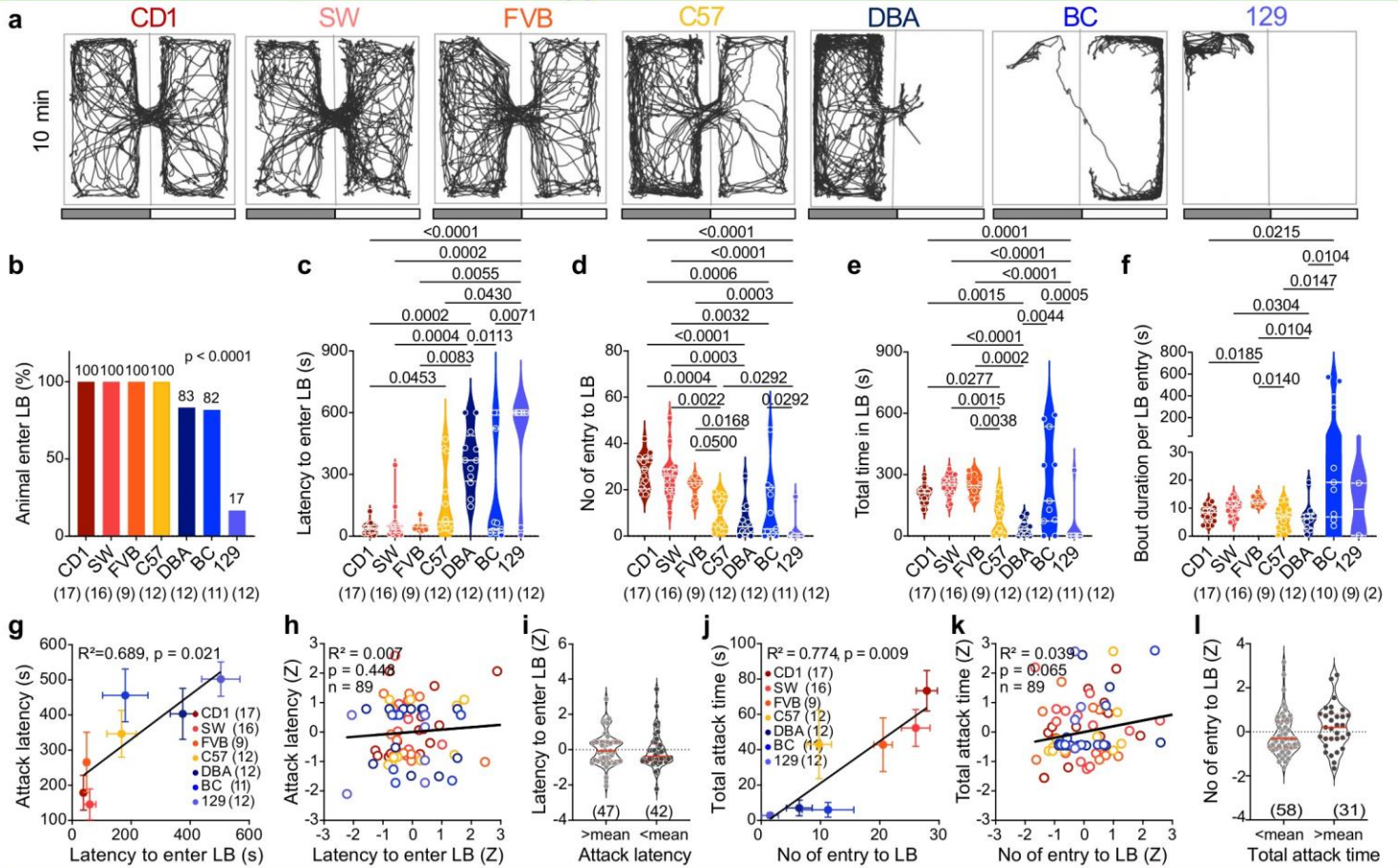
- (a)** Representative images of seven strains of mice used in the study.
- (b)** Experimental timeline for urine collection, light-dark box test (LDB), open-field test (OF), and resident-intruder test (RI). All mice were purchased from Charles River company at the age of 6-8 weeks. Day 0 represents when the test mice were 8 weeks old.
- (c)** Representative raster plots showing investigation (gray) and aggressive behaviors (red) of male mice of various strains during the 10-min RIT. Three mice per strain are shown. α : second most aggressive; β : moderately aggressive; γ : second least aggressive. Rank is based on attack duration.
- (d)** Percentage of animals that investigated across strains.
- (e–h)** Average **(e)** investigation latency, **(f)** total investigation duration, **(g)** number of investigation events, and **(h)** investigation duration per bout across individuals of all strains.
- (i)** Percentage of animals that attacked across strains.
- (j–m)** Average **(j)** attack latency, **(k)** total attack time, **(l)** number of attacks, and **(m)** attack duration per bout across individuals of all strains.
- (n)** Average combined attack and investigation time across individuals of all strains.
- (o)** Hierarchical clustering across strains. CD1 and SW are clustered as high-aggressive strains, FVB and C57 are clustered as middle-aggressive strains, and DBA, BC and 129 are clustered as low-aggressive strains. The numbers on the clustering tree indicate the Ward linkage distances (i.e., the increase in within-cluster variance) at each merge.
- (p)** Percentage of animals that attacked in low-, mid-, and high-aggression groups.
- (q–t)** Average **(q)** attack latency, **(r)** total attack time, **(s)** attack number, and **(t)** attack duration per bout of all animals in low-, mid- and high-aggression groups.

Numbers in parentheses indicate animal numbers. Circles represent data of individual animals. Solid lines in **(e–h, j–m, n, q–t)** represent the median for each group, while dashed lines indicate quartiles. Color in **(d–n)** indicates strain identity while color in **(o–t)** indicate the aggression level. **(d, i, p)** Fisher's exact test; **(e–h, j–n, q–t)** One-way ANOVA for normally distributed datasets or Kruskal–Wallis test for non-normally distributed datasets with FDR-corrected post hoc comparisons (Benjamini–Krieger–Yekutieli method). All statistical tests are two-tailed. Exact p- or q-value is shown if ≤ 0.05 . Otherwise, p- or q-value is unspecified. See **Supplementary Table 1** for additional statistical details.

Figure 2

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LDB performance and aggression level is correlated across strains.



OFT performance and aggression level is correlated across strains.

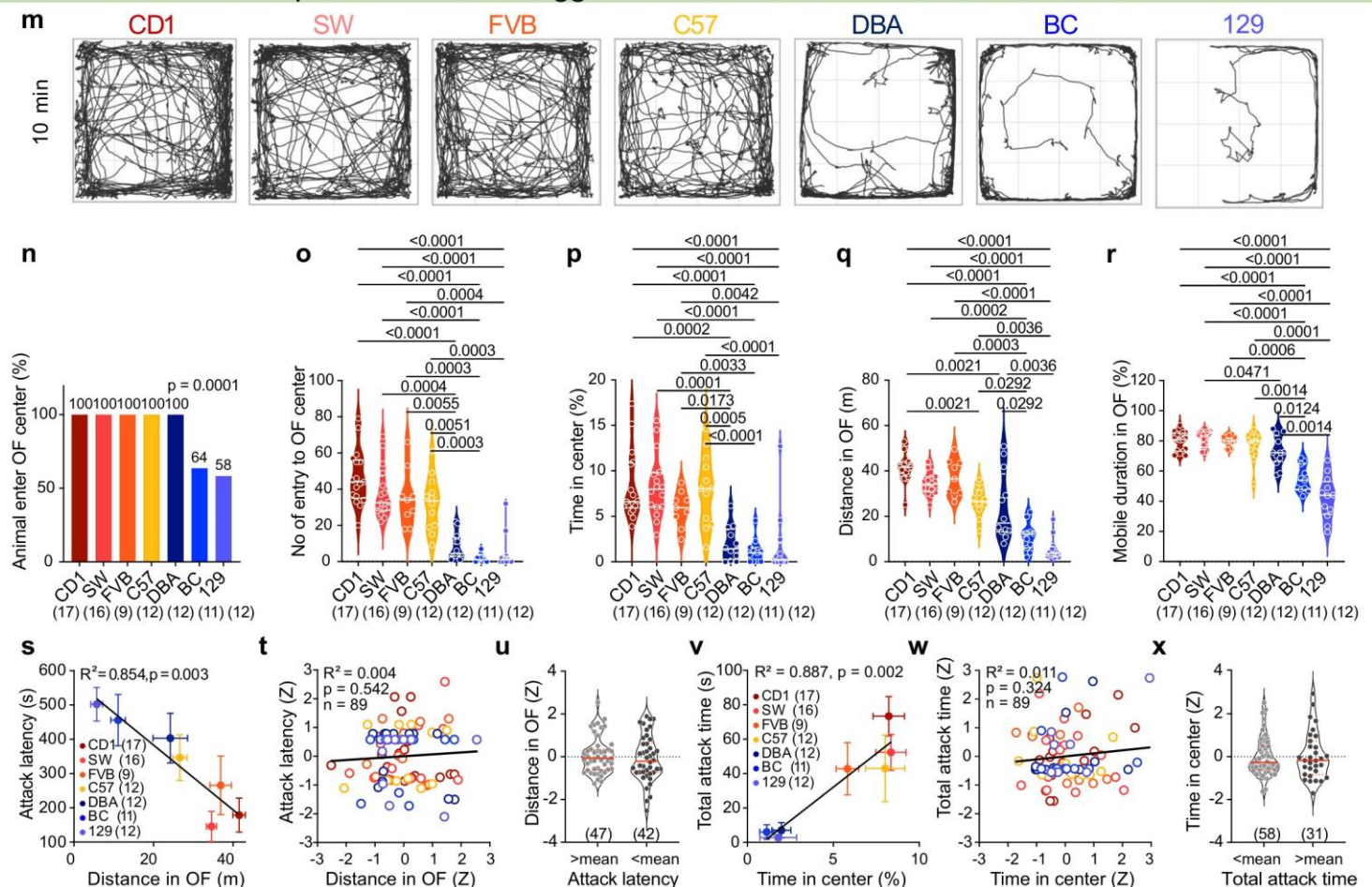


Figure 2. Anxiety and innate aggressiveness are negatively correlated across strains.

- (a) Tracking results from representative animals of various strains during the 10-minute light/dark box test (LD). The representative animal is the middle-ranked animal of each strain based on latency to enter the light box. Gray and white bars indicate the dark and light sides, respectively.
- (b) Percentage of animals of each strain entering the light box. LB: light box.
- (c–f) Average (c) latency to enter the light box, (d) total number of light box entries, (e) total time spent in the light box, and (f) bout duration per light box entry of all animals in each strain.
- (g) Correlation between mean attack latency and latency to enter the light box across strains.
- (h) Correlation between strain-normalized attack latency and latency to enter the light box across individuals of all strains.
- (i) The light box entry latency between animals with attack latency below or above the strain mean.
- (j) Correlation between mean total attack time and total number of light box entries across strains.
- (k) Correlation between strain-normalized total attack time and total number of light box entries across individuals of all strains.
- (l) The light box entry number between animals with total attack time below or above the strain mean.
- (m) Tracking results from representative animals of various strains during the 10-minute open field test (OFT). The chosen animal is the middle-ranked animal of each strain based on total distance traveled in the open field.
- (n) Percentage of animals of each strain that enter the open field center. OF: open field.
- (o–r) Mean (o) total number of open field center entry, (p) percentage of time spent in the center of the open field, (q) distance traveled in the open field, and (r) mobile duration in the open field.
- (s) Correlation between mean attack latency and distance traveled in the open field across strains.
- (t) Correlations between strain-normalized attack latency and distance traveled in the open field across individuals of all strains.
- (u) Distance traveled in the open field between animals with attack latency above or below the strain mean.
- (v) Correlation between mean total attack time and percentage of time spent in the center.
- (w) Correlation between strain-normalized total attack time and percentage of time in the center across individuals of all strains.
- (x) Distance traveled in the open field between animals with total attack time below or above the strain mean.

Numbers in parentheses indicate animal numbers. Color in (b–h, j–k, n–t, and v–w) indicates strain identity. Circles represent data of individual animals. Solid line in (c–f, i, l, o–r, u, x) represents the median for each group, while dashed lines indicate quartiles. Solid circles represent the strain mean, and error bars represent \pm SEM in (g, j, s, v). (b, n) Fisher's exact test; (c–f, o–r) One-way ANOVA for normally distributed datasets or Kruskal–Wallis test for non-normally distributed datasets with FDR-corrected post hoc comparisons (Benjamini–Krieger–Yekutieli method); (i, l, u, x) Unpaired t test for normally distributed datasets or Mann–Whitney U test for non-normally distributed datasets; (g, h, j, k, s, t, v, w) Linear regression and Pearson correlation with reported R^2 and p -values. All statistical tests are two-tailed. Exact p - or q -value is shown if ≤ 0.05 . Otherwise, p - or q -value is unspecified. See **Supplementary Table 1** for additional statistical details.

Figure 3

Corticosterone and aggression
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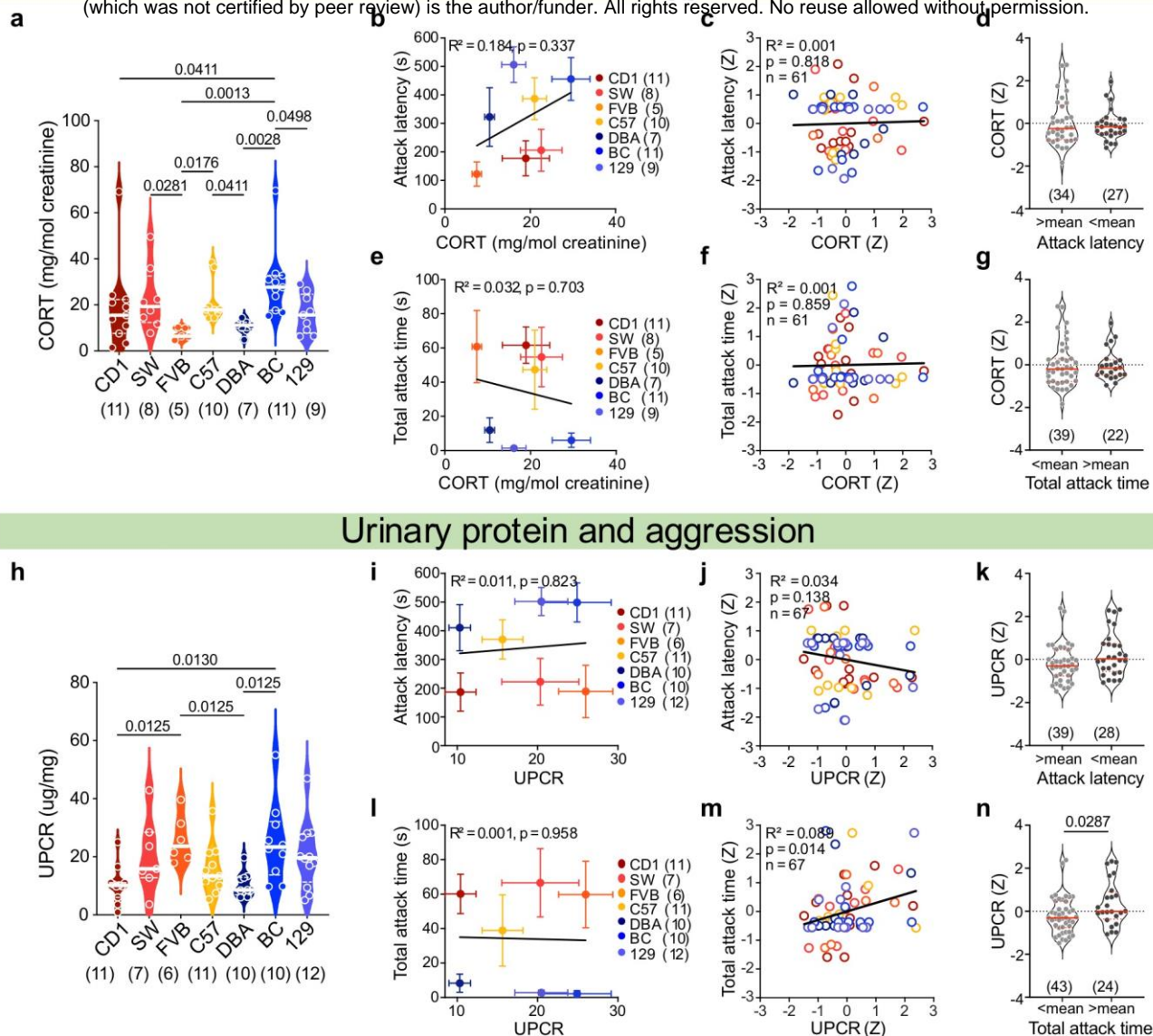


Figure 3. Relationship between aggression, corticosterone (CORT), and urinary protein levels.

- (a) Average urinary CORT concentration (normalized by creatinine) of various strains of male mice.
- (b) Correlation between CORT concentration and attack latency across strains.
- (c) Correlation between strain-normalized CORT concentration and attack latency across individuals.
- (d) CORT concentration of individuals with attack latency above and below the strain average.
- (e) Correlation between CORT concentration and total attack time across strains.
- (f) Correlation between strain-normalized CORT concentration and total attack time across individuals.
- (g) CORT concentration of individuals with total attack time below and above the strain average.
- (h) Normalized urinary protein concentrations of various strains of male mice. UPCr: urine protein-to-creatinine ratio.
- (i) Correlation between average urinary protein concentration and attack latency across strains.
- (j) Correlation between strain-normalized urinary protein concentration and attack latency across individuals.
- (k) Urinary protein concentration of individuals with attack latency above and below the strain average.
- (l) Correlation between average urinary protein concentration and total attack time across strains.
- (m) Correlation between strain-normalized urinary protein concentration and total attack time across individuals.
- (n) Urinary protein concentration of individuals with total attack time below and above the strain average.

Numbers in parentheses indicate animal numbers. Color in (a-c, e-f, h-j, and l-m) indicates strain identity. Circles represent data of individual animals. Solid line in (a, d, g, h, k, n) represents the median for each group, while dashed lines indicate quartiles. Solid circles represent the strain mean, and error bars represent \pm SEM in (b, e, i, l). (a, h) One-way ANOVA for normally distributed datasets or Kruskal–Wallis test for non-normally distributed datasets with FDR-corrected post hoc comparisons (Benjamini–Krieger–Yekutieli method); (d, g, k, n) Unpaired t test for normally distributed datasets or Mann–Whitney U test for non-normally distributed datasets; (b, c, e, f, i, j, l, m) Linear regression and Pearson correlation with reported R^2 and p -values. All statistical tests are two-tailed. Exact p - or q -value is shown if ≤ 0.05 . Otherwise, p - or q -value is unspecified. See **Supplementary Table 1** for additional statistical details.

Figure 4

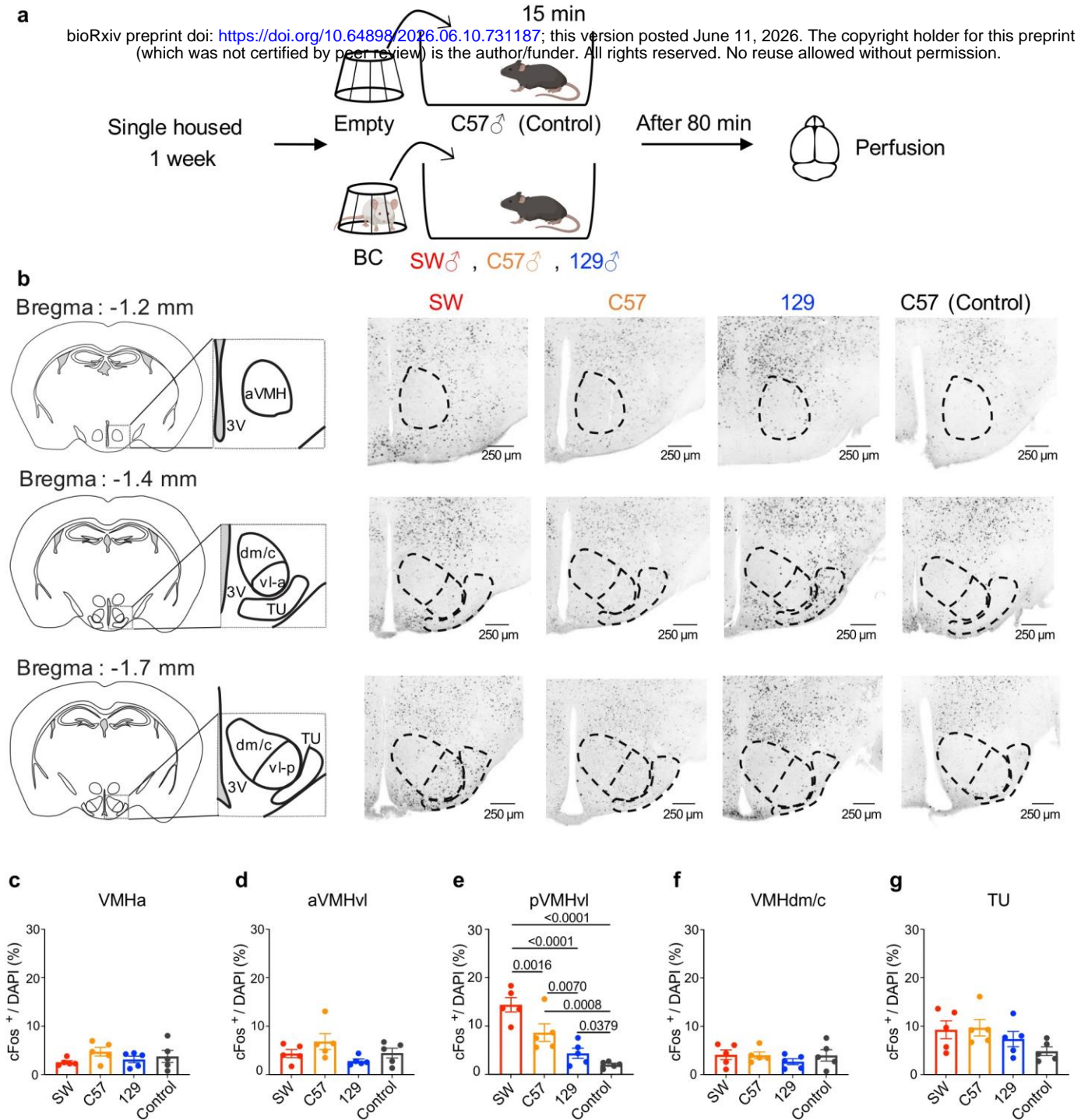


Figure 4. Male pVMHvl responses to male intruders vary across strains.

(a) Experimental timeline for c-Fos induction. Male mice were single-housed for one week, exposed to a 15-minute cupped male intruder or an empty cup, and perfused 80 minutes later.

(b) Left: mouse brain atlas showing different VMH subdivisions and tuberal nucleus (TU). Right: coronal brain sections showing intruder-induced c-Fos expression at the Bregma levels -1.2, -1.4 and -1.7mm of representative SW, C57, and 129 male mice and empty cup-induced c-Fos expression of a C57 male mouse. c-Fos positive cells appear black.

(c-g) Quantification of c-Fos positive cells in **(c)** anterior VMH (aVMH), **(d)** anterior VMHvl (aVMHvl), **(e)** posterior VMHvl (pVMHvl), **(f)** dorsomedial/central VMH (VMHdm/c), and **(g)** TU. $n = 5$ male mice per group. Circles represent data of individual animals. Bar and error bars represent mean \pm SEM. One-way ANOVA for normally distributed datasets or Kruskal-Wallis test for non-normally distributed datasets with FDR-corrected post hoc comparisons (Benjamini-Krieger-Yekutieli method). All statistical tests are two-tailed. Exact p- or q-value is shown if ≤ 0.05 . Otherwise, p- or q-value is unspecified. See **Supplementary Table 1** for additional statistical details.

Figure 5

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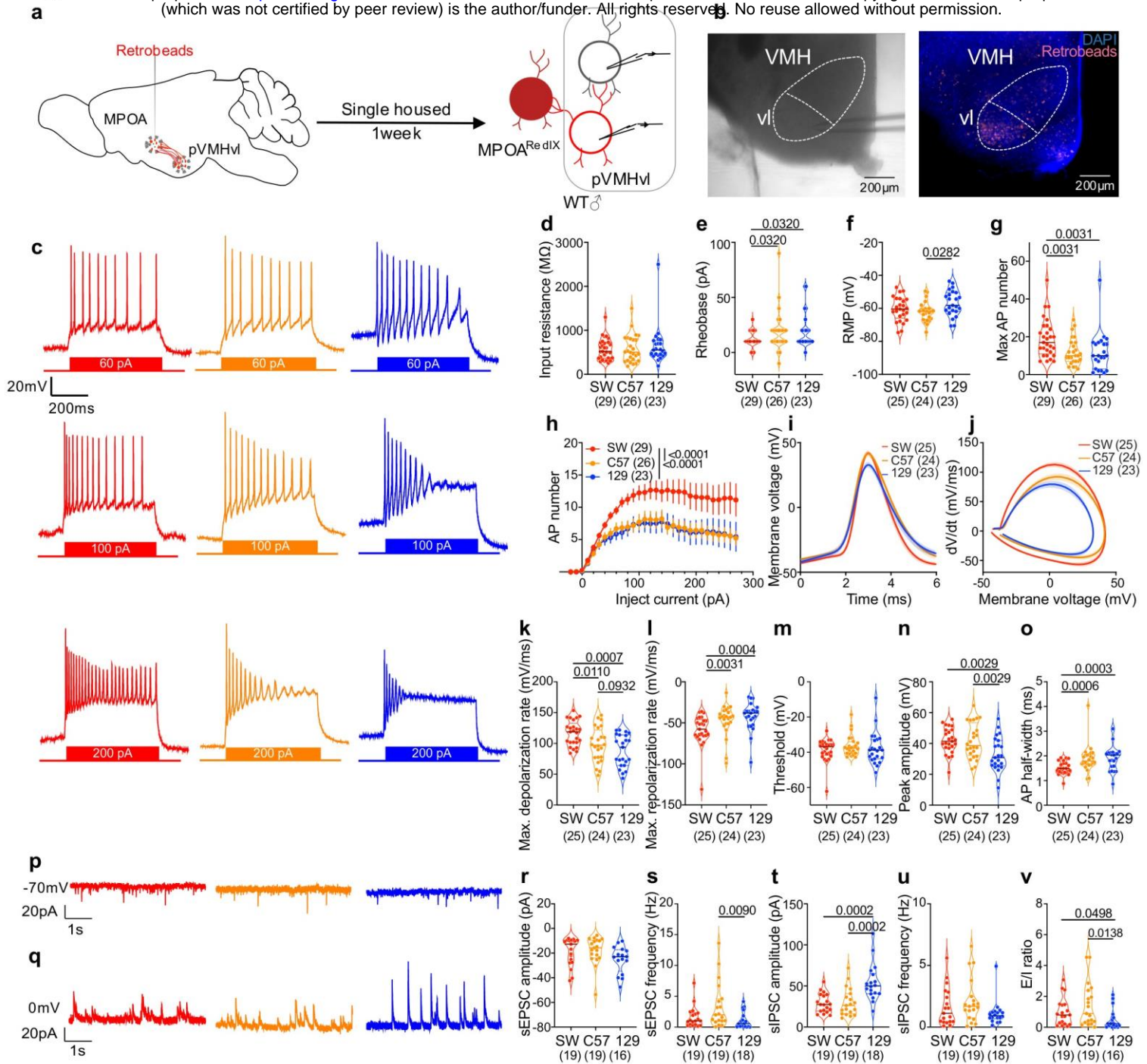


Figure 5. Physiological properties of VMHvl cells differ across strains in male mice

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- (a)** Experimental design for patch-clamp recordings. Retrobeads were injected into the medial preoptic area (MPOA) to label neurons projecting to the posterior ventrolateral ventromedial hypothalamus (pVMHvl). Following post-surgical recovery and one week of single housing, brain slices were prepared, and both retrobead-positive and -negative cells in the area containing dense retrobead labeling were recorded.
- (b)** Representative image showing the patched cell location under Differential Interference Contrast (DIC) microscopy (left) and fluorescence microscope (right).
- (c)** Representative recording traces from pVMHvl cells in SW (red), C57 (orange), and 129 (blue) mice in response to 60, 100, and 200 pA current injections.
- (d-f)** Intrinsic properties of pVMHvl cells across strains, including **(d)** input resistance, **(e)** rheobase and **(f)** resting membrane potential (RMP).
- (g)** Maximum action potential (AP) number across SW, C57, and 129 pVMHvl cells.
- (h)** Spike counts across -20 pA to 270 pA current steps, each for 500 ms.
- (i)** Average waveform of the first action potential across different current steps in pVMHvl neurons from SW, C57, and 129 male mice.
- (j)** Phase plots (dV/dt vs. V) for first spikes across different current steps in pVMHvl neurons from SW, C57, and 129 male mice.
- (k-o)** First spike properties, including **(k)** maximum depolarization rate, **(l)** maximum repolarization rate, **(m)** spike threshold, **(n)** spike peak amplitude, and **(o)** action potential half-width.
- (p-q)** Representative traces of **(p)** sEPSCs and **(q)** sIPSCs.
- (r-v)** Quantification of synaptic activities, including **(r)** sEPSC amplitude, **(s)** sEPSC frequency, **(t)** sIPSC amplitude, **(u)** sIPSC frequency, and **(v)** excitation/inhibition (E/I) ratio.

Numbers in parentheses indicate cell numbers. Cells in **(d-o)** were from 5 SW, 5 C57, and 6 129 mice, while cells in **(r-v)** were from 6 SW, 6 C57, and 6 129 mice. Circles represent individual cells. Solid lines and shades in **(i, j)** represent mean \pm SEM. Error bars in **(h)** represent \pm SEM. Solid line in **(d-g, k-o, r-v)** represents the median for each group, while dashed lines indicate quartiles. **(d-g, k-o, r-v)** One-way ANOVA for normally distributed datasets or Kruskal–Wallis test for non-normally distributed datasets with FDR-corrected post hoc comparisons (Benjamini–Krieger–Yekutieli method); **(h)** Two-way ANOVA with FDR correction. All statistical tests are two-tailed. Exact p- or q-value is shown if ≤ 0.05 . Otherwise, p- or q-value is unspecified. See **Supplementary Table 1** for additional statistical details.

Figure 6

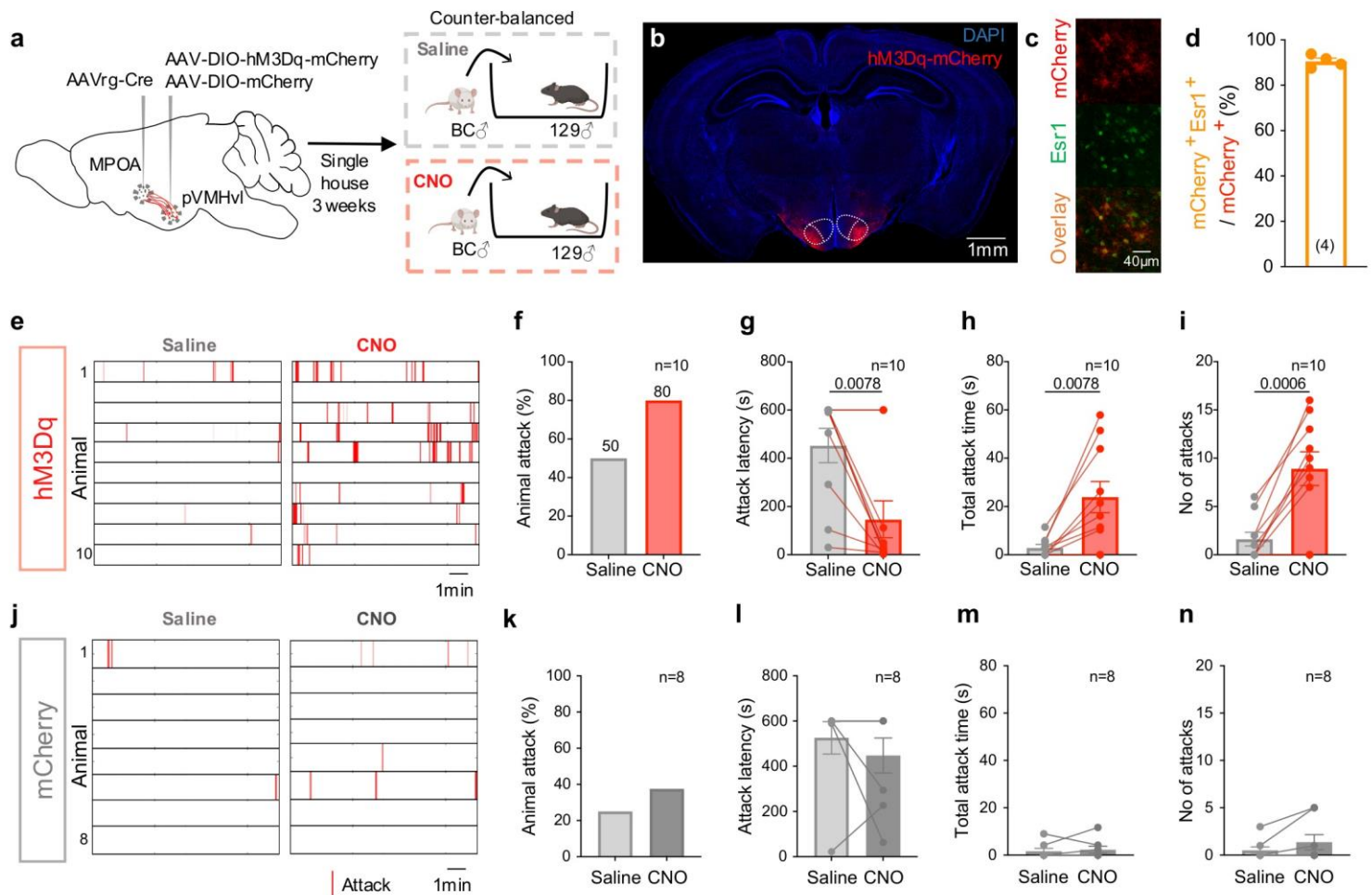


Figure 6. Chemogenetic activation of MPOA-projecting pVMHvl neurons promotes aggression in 129 male mice.

(a) Experimental design. AAVrg-Cre was injected into the medial preoptic area (MPOA) and AAV-DIO-hM3Dq-mCherry (or AAV-DIO-mCherry control) was injected into the pVMHvl of 129 male mice. After 3 weeks of recovery, mice were single-housed and tested in a resident-intruder assay after saline or CNO injections in a counterbalanced order.

(b) A representative image showing hM3Dq-mCherry expression in the pVMHvl.

(c) Images showing retrogradely labeled mCherry⁺ cells (red) and estrogen receptor alpha (Esr1) expression (green) in pVMHvl.

(d) Quantification of mCherry⁺ cells that co-express Esr1 in the pVMHvl.

(e) Raster plots showing attack events under saline and CNO conditions of all hM3Dq-expressing mice.

(f-i) Quantification of aggression in hM3Dq mice, including **(f)** percentage of animals that attacked, **(g)** attack latency, **(h)** total attack duration, and **(i)** attack frequency. n = 10 animals. Lines connect paired measurements.

(j) Raster plots showing attack events under saline and CNO conditions of all mCherry control mice.

(k-n) Quantification of aggression in control mice, including **(k)** percentage of animals that attacked, **(l)** attack latency, **(m)** total attack duration, and **(n)** attack frequency. n = 8 animals. Lines connect paired measurements.

Circles represent data of individual animals. **(f-i, k-n)** Bar and error bars represent mean ± SEM. **(g-i, l-n)** Paired t test for normally distributed datasets or Wilcoxon test for non-normally distributed datasets. All statistical tests are two-tailed. Exact p is shown if ≤ 0.05. Otherwise, p value is unspecified. See **Supplementary Table 1** for additional statistical details.